

Summer School a Sizzling Success

Another Summer School has come and gone - and what a Summer School it was! Who could have possibly imagined that we would have temperatures ranging from 39-44°C for the first week? Amazingly this didn't deter our hardy members because we had excellent attendances at every class and excursion despite the oppressive heat. One class was even treated to chocolate-coated ice creams by a very kind member and another to icy poles from a presenter.

We had a really full program so it is hard to know where to begin. A good place would be our very first session "Writing a Non-Boring Family History". I know this went well because I could hear the buzz of chatter and intermittent gales of laughter coming from the room. Everyone came out beaming and brimming with good ideas.

We had archery, Dickens, embroidery, exercise classes, mindfulness, trekking and technology. Gary Presland told us all about Aboriginal Police in Victoria and Aboriginal trackers, and Tony Kerr talked about climate change. We were all "shocked" by Peter Ellis and his demonstration on electrical safety in

the home. Cryptic crosswords and Arthurian tales were also very successful. We also had our first Trivia afternoon where the teams were so well matched that there were only a few points separating them all at the end.

The Health Expo was the outstanding success of the Summer School, thanks to our dynamic duo Valerie Donlon and Elaine Forde. We had over 70 members and friends attending with 17 stands in the Seniors Hall from participating health promotion and support groups. There was a real buzz in the air and the enthusiastic response of our members convinced us that we should try to hold a similar event in the future, but possibly not as part of Summer School.

Would you believe that on a 44°C day 16 people ventured into the city to visit La Trobe's Cottage and Government House; I think they deserve a medal for fortitude. They had a really great morning with informative and pleasant guides to show them through and give them the history of Melbourne in Governor La Trobe's time. They also learned a lot from the tour of Government House. This was followed by

lunch at the Observatory Cafe in the Botanic Gardens.

On a much cooler 25°C day some of us undertook the Golden Mile Walk in the city. We learned all about John Batman, Burke & Wills, John Pascoe Fawkner and William Buckley, among others. We were shown some of Melbourne's heritage listed buildings and heard about their history. While we were in Melbourne we noticed a number of pianos dotted around the CBD with the invitation "Play Me, I'm Yours". Some people just can't resist a challenge and our U3A Secretary Noela Winter sat down at one piano and delighted the crowds with The Entertainer, Blue Moon and several other well-known tunes. She was loudly applauded at the end.

The Abbotsford Convent visit went very well and was very much enjoyed by those who attended. Back at Silver Grove we had the very popular Origami plus Managing Your Money, Tai Chi, Crime Prevention in the Home and Greek dancing.

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President's Report



We are in full swing again, it's already autumn and we are reflecting on our very successful Summer School. Attendance again exceeded our expectations. We had 540 enrolments and apart from having to cancel the outing to Cranbourne Gardens because of extreme weather, it was a resounding success. Congratulations to the whole team led by Trish Leary and assisted by Barbara Gardiner, Elsie Mutton, Valerie Donlon, Elaine Forde, Ruth Hoskin and Maureen O'Sullivan.

Of course, our Summer School would not have happened without the support of Bruce Boswell, Bert Lopes, Lindsay Glen and Leo Sargent, looking after the IT/audio equipment, setting up and opening up and locking down at the end of each day. A very big 'thank you' to all.

I would like to mention the Health Expo as a stand-out event; it was such a success that we are planning another. Well done, Valerie and Elaine.

Our membership is something to be very proud of and, as it continues to grow, we need to make changes; at the moment we are seeking assistance in many areas. I welcome Jan Reeves and Maureen Barclay who are assisting Elsie Mutton with data input. We also welcome Margie Johnson and Marianne Groh who have agreed to help our Treasurer with data input along with Beverly Pringle who also assists the Treasury function.

We welcome Bruce McIntosh aboard as our Property/Accommodation Manager, ably assisted by Lindsay Glen who is stepping down from this role. Lindsay is continuing with Risk Management.

We also welcome Nick Pringle who is looking after our maintenance and general repairs. His first job was creating more pigeonholes at the front desk. They work very well Nick, thank you.

Our membership just before going to print was 1705, well up on this time last year. It is very exciting and pleasing to those who give of their time as Class Leaders or volunteer in other roles to see this growth. Because of increased demand, we have

added another person to assist in the front office each morning on a regular basis. David Cullen has agreed to be there on Mondays, Jillian Gale on Tuesdays and Stephen Jago on Thursdays, in addition to doing their usual once a month duty on the desk. This staffing initiative has already made a huge difference, again a big 'thank you' for your extra effort.

The Social Committee have had their heads down planning the year and we look forward to their first event (see page 10 for details). Also, as this is our first newsletter since our very successful 2013 Melbourne Cup Luncheon, congratulations and hearty thanks to the Social Committee for another fabulous event.

We are very lucky to belong to such a strong and active U3A. The benefits we enjoy today have grown out of the work in the 1980s of our foundation members. So we were particularly saddened to hear of the recent passing of June Fearn, one of our first members.

Finally, your Committee of Management will be holding a Planning Day during the April term break and we will report on this in due course.

Wishing you a very enjoyable 2014

Live Learn Enjoy
Annette Mason, President

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Summer School a Sizzling Success

David Morrison gave a wonderful presentation on Living at Mawson Base in the Antarctic, which was extremely interesting and very well received. The talk could have gone on for another hour at least.

The Costume Display at Bulleen was a great success with all 22 members who attended agreeing that this privately owned museum is truly one of Melbourne's hidden treasures. The donations collected from this excursion were donated to the Eastern Emergency Relief Network.

Sadly, we had to cancel the planned trip to the Cranbourne Botanic Gardens. It was 43°C and the gardens were closed due to it being a Total Fire Ban day. Seventy people had applied for this excursion, so we had a lot of disappointed members. Hopefully, U3A Nunawading will be able to offer this trip in autumn when the

weather is more moderate.

I really must thank our wonderful U3A Leaders for the classes they provided. We wouldn't have a Summer School if these dedicated and knowledgeable people did not offer their services so generously and willingly. Thank you to you all.

I must also thank the people who worked so hard in putting the Summer School together. Elsie Mutton and Barbara Gardiner in particular put in hours of work to get everything up and running. I have a sneaking suspicion that Elsie was there at 6am some mornings in order to get through all that data input. Thank you also to Lindsay Glen and Bert Lopes for looking after our many audio visual requirements, Leo Sargent for all his help in a myriad of ways and the remainder of the Summer School Committee: Ruth Hoskin, Maureen O'Sullivan,

Elaine Forde and Valerie Donlon.

The aim of the Summer School is for U3A members to be able to Live Learn and Enjoy right through the January period. We tried to make the program a combination of fun, information, craft and outdoor activities. I hope we succeeded and I hope everyone involved enjoyed the experience.

Thank you to all those who attended and made the Summer School the success that it was.

Trish Leary

Summer School Convenor



Course Administrator's Report

Reminders

Name Badges You must wear your name badge at all time whilst at U3A Nunawading. Make sure the details are completed on the back of your badge.

Change of Enrolment or contact details if you wish to make a change to your contact details or wish to withdraw or enroll in an additional class, please fill in an Orange Form available from the Silver Grove office. If you have asked for an additional class, do not attend until you have been advised to do so.

Contact details If you have included your email address on your membership form, this will be the main manner in which we will contact you. If you do not wish to be contacted by email, please leave a message at the office asking for your email addressed to be removed. When writing your email address, please print clearly.

Questions that are frequently asked

Q. Why do I need to wear my name badge?

A. Wearing your name badge helps identify you as a financial member. It also gives us instant information in the event of us needing to contact your next of kin whilst you are at U3A Nunawading.

Q. If I am called upon to mind children, can I bring them to class?

A. Regrettably, this is not allowed.

Q. Can I pay my computer fee at the Computer Centre at Forest Hill?

A. No, all fees must be paid to the office at Silver Grove. This can be done in person with cash or EFTPOS or by cheque in the mail. It is important that you pay prior to the beginning of your computer class.

Q. Is U3A Nunawading run entirely by volunteers?

A. Yes, all the people you see in the administration area and Leaders give of their time freely.



Q. Why are the office volunteers unable to advise me if I have been accepted into a class or if there is space in a class?

A. Members move in and out of classes frequently. The office volunteer has an idea of classes that have large waitlists but some classes may be full one day and have space another. If you wish to attend a class and there is a waitlist, it is advisable to apply and, if a space becomes available, you will be advised.

Q. Why does the car park have a 4-hour restriction?

A. The City of Whitehorse has helped us by making the car park four hours. This prevents train users from filling the car park before 9am. Do not park in the Meals on Wheels permit area or the handicapped-marked bays unless you have a 'handicapped' permit. Do not stay longer than the 4-hour limit or you may receive a parking fine. We can do nothing for you if this happens.

Q. Is it acceptable to have a personal electronic gadget turned on whilst I am in a class?

A. As a sign of respect to your class members and Leaders who give their time to volunteer, you are asked to turn all electronic devices off or to silent whilst in class.

Q. Is the kiosk/tea/coffee area located in the Community Centre for U3A use?

A. Yes. Melinda Brown, the Centre Manager sets this up for all users of the Centre. Please pay the nominated amount and leave the area clean and tidy.

Live Learn Enjoy
Elsie Mutton
Course Administrator

New Classes

New Classes for Term 1

Line Dancing Basic

Learn the basic steps of line dancing in a friendly atmosphere.
This class is for beginners only.
Leader: Herminia Harrison
Wednesday: 12.30pm – 1.30pm
Jaycees Hall, Silver Grove

Cryptic Crosswords

If you would like to learn how to unravel the mysteries of cryptic crosswords, this class could be for you.
Leader: Peter Shave
Friday 12.45pm – 1.45pm
Multi Purpose Room (MPR)

Change to Class Description

German Post Beginners
This class should have been German Basic.
This is the first year of using the book 'Colloquial German', not the second as was advertised.

If you would like to learn the German language but have a little or no knowledge you can enrol in this class now.
Leader: Peter Goodwin
Friday 9.00am – 10.30am
Plato Room

New Classes for Term 2

Music: Basic Jazz Improvisation

An Introduction to playing from chord charts
Bring your instrument, a notebook and your love of jazz, but leave your music at home.
Leader: Tony Harling
Monday 10.00am – 12.00pm
Coronella Retirement Village Activity Centre
Commences 26 May

History: Ancient Egyptian

Have you heard of Tutankhamun and Nefertiti? Come along to Ancient Egyptian History and meet the rest of the Family! This class aims to widen your understanding of religion, art and culture during the Armana period.
Class Leader: Joan Kelleher
Thursday 2.45pm – 4.00pm
Multi-Purpose Room
Commences 1 May

Tai Chi 4B Qi Gong

A recreational fitness system of flowing movements designed to exercise & develop the mind & body in unison
Leader: Jasmine Teen
Wednesday 10am – 11am
Venue: Corinella Activity Centre
Commences 30 April

Ballroom Dance C: Social New Vogue (Intermediate and Advanced)

This class is only for those who have experience in the basic dance figures and the 15 championship sequence dances. You must come with a partner.
There will be no teaching. The objective is to dance socially in a relaxed and friendly atmosphere.
Leader: Beng Lee
Wednesday: 8.00pm – 10.00pm (yes, in the evening)
Seniors Hall, Silver Grove
Commences 30 April

New Venue

We have been fortunate to acquire the use of the Corinella Retirement Village Activity Centre. At this time we have transferred Feldenkrais and are talking to the Geology class.

The venue has many attributes that will add value to our classes. Moving classes will also help with the car-parking problem here at Silver Grove. Please don't be afraid of change.

Elsie

U3A Health Expo

On a very hot Wednesday in mid-January, around 80 members braved the searing heat to attend U3A Nunawading's inaugural Health Expo. The event, which was held in the Seniors Hall, grew from a simple idea of bringing together a few speakers on health issues as part of the 2014 Summer School.

Limited only be space, the hall accommodated 17 health promotion stands and personnel present to speak one-on-one with our members on areas of particular interest to them. Participants included: the

National Ageing Research Institute, Coeliac Victoria, Osteoporosis Support Group, Stroke Foundation, Foot Posture Centre, La Trobe University, Whitehorse Community Health Service, Men's Health, Heartbeat Support Group, Yarra Valley Water and Medicare Local.

There was also a panel of seven speakers who gave 10-minute presentations on specific topics including Alzheimer's, Asthma, Exercise, Arthritis, Macular Degeneration and Healthy Eating. The

kitchen was set up as a small auditorium for an audience of 40 people at a time.

Attendees were also able to have their blood pressure taken by District Nurses and hearing tests performed by Australian Hearing whose bus was parked just outside the hall.

The event was organised by Elaine Forde and Valerie Donlon and declared a complete success by U3A members who attended and representatives from all of the health promotion organisations who participated.



Get out your diaries

and mark these dates for some fun and friendship!

Saturday 12 July - International Fashion Parade

As many of our U3A members come from a range of overseas countries, we are planning to hold a fashion parade (with afternoon tea) to showcase costumes and clothing from countries around the world.

Do you have clothing traditional to your country of origin and would you be prepared to participate in this event? If so, please leave a note, including your name, phone number and/or email address, in the Special Events pigeonhole at the U3A office. Please mark your note "Attention Social Committee".

Wednesday 24 September
Coach Trip to Darnum Musical Village
Details in our June Newsletter



U3A Nunawading Social Committee

Military History Newsletter

Congratulations to U3A Nunawading's Military History group on producing its first newsletter.

Rob Ellis, Reg Roberts, Guy Hull, Tony Tossel and Mel Green have created a very interesting and informative document that covers a wide range of military topics from the M777, the Army's latest artillery piece, to a calendar of events at the Shrine of Remembrance for the coming months.

If you would like to read the Military History group's newsletter, you will find it on the Newsletter page of the U3A Nunawading website www.u3anunawading.com.au

Invitation from U3A Box Hill

An Afternoon with DAVID ASTLE (DA)
2.30-4 pm Monday 7 April
Main Hall U3A Box Hill
29 Strabane Avenue
Mont Albert North

Peek inside the black-and-white box of a cryptic crossword with David Astle. David is a crossword maker for The Age and Sydney Morning Herald and most people will know him from the SBS TV program Words and Numbers.

David is happy to sign your copies of Puzzled, Cluetopia, or Puzzles and Words. Books will also be available for purchase.

ALL WELCOME

Entry: Gold Coin donation includes coffee or tea.

Email: info@u3aboxhill.com.au or phone (03) 9898 3336

U3A Nunawading — COMPUTER CLASS DESCRIPTIONS

Term 2, 2014

General Information -You must be a financial member of U3A Nunawading. Computer classes are held in the Computer Centre, Whitehorse Resource Centre, Level 2, 79 Mahoneys Road, Forest Hill.

Prerequisites: **Carefully read the pre-requisites for all classes before enrolling. Prerequisites are designed to ensure that you will gain the maximum benefit from the class by having the experience necessary to attend. If you do not have the skills required, you make it very difficult for the Leader and also for the other students in the class.**

We use MS Windows 7 operating system & MS Office 2010, Internet Explorer plus Outlook 2010 for email. Unless otherwise indicated you will need to have these applications installed on your computer.

To ensure that you gain benefit from our classes your home computer should be running these programs. We do not teach using Apple Macintosh computers.

The facility usage charge of \$20 per course must be paid to the Silver Grove Office before coming to the first session of any computer class.

CLASS TUTOR & START DATE	DESCRIPTION	DURATION, DAY & TIME
WORD 2010 BEGINNERS Tutor : Wayne Henry Starts – 6 th May	Introduction to Word Processing covering keyboard functions, use of tool bars, how to manage & save files & folders. Learn how to create a simple document, insert, delete and format text, bullet numbering etc, Prerequisites: Should have experience in using your computer and have ability to use keyboard & mouse. BYO memory stick.	6 weeks Tues 2.00 – 4.00
FILE MANAGEMENT Tutor : Pat Marley Starts - 6 th May	Effectively organise & manage the files that you create on your PC. Create folder/sub-folders & utilise the file editing tools that Windows Explorer provides. Prerequisites: Capability with mouse, basic understanding of how to use common applications, and desire to take control of your folders/files. BYO memory stick	3 Weeks Tues 10.00 – 12.00
PHOTO EDITING BASIC Tutor : Archie Kaan Starts – 27 th May	Learn to manage, enhance, edit, and share your photos. Remove red eyes, crop, balance, copy and share photos via e-mail. This class will use Microsoft Office Picture Manager which is a part of Microsoft Office software. Prerequisites : Can efficiently use keyboard & mouse. Have Microsoft Office software on your home computer & some knowledge of File Management. BYO memory stick (2GB or more).	4 weeks Tues 9.30 – 11.30
USING PICASA 3 Tutor : Terry Pearlgood Starts – 7 th May	A free photo editing software from Google. Improve and edit digital photos including text, touch-up, effects. Compile albums, collages, slideshows with music & more. Share images using web albums and email. Prerequisites: Ability to efficiently use keyboard & mouse. Picasa will operate on any version of Windows.	4 Weeks Wed 1.00 – 3.00
RESEARCHING SHARES ON THE INTERNET Tutor : Eric Kratzer Starts – 7 th May	Hands on for beginners. Learn to research, find important Company data, interpret charts & the difference between fundamental & technical interpretation. Use a charting program to monitor your share trading. Does not include financial advice or recommendations for investing your savings. Prerequisites: Ability to efficiently use keyboard & mouse, experience in using the Internet.	6 weeks Wed 10.00 – 12.00

RESEARCHING SHARES ON THE INTERNET Tutor : Eric Kratzer Starts – 7 th May	Hands on for beginners. Learn to research, find important Company data, interpret charts & the difference between fundamental & technical interpretation. Use a charting program to monitor your share trading. Does not include financial advice or recommendations for investing your savings. Prerequisites: Ability to efficiently use keyboard & mouse, experience in using the Internet.	6 weeks Wed 10.00 – 12.00
USING WINDOWS 7 Tutor : Graeme Hilson Starts - 28 th April	Learn about some of the new features of Windows 7 plus how to customise your computer, essential maintenance & security, setting up user accounts, backup/restore and much more. Prerequisites: Good basic Microsoft Word skills. Ability to navigate around your computer & to use keyboard & mouse. BYO memory stick	5 weeks Mon 10.00 – 12.00
WRITE YOUR MEMOIRS Tutor : Graeme Hilson Starts – 1 st May	A" hands on" workshop which will assist students to get started writing the story of their own life. Students will be expected to write a small amount at home, either handwritten or typed. Course will be held in the Computer Centre however, as students will not be using the U3A computers, there will be No Charge . It is essential that you attend the first session of this class.	5 weeks Thur 1.00 – 3.00
GENEALOGY USING YOUR COMPUTER BEGINNERS Tutors : Noelene McCulloch & Maureen Francis Starts - 2 nd May	A hands on class in using a computer for research. Utilise the Internet to find & explore sites containing information which could branch out your family tree. Help is given with breaking down your brick walls and in using ancestry.com.au and the latest version on familysearch.org. . Class focuses on Australia and the UK. Not suitable for those just starting their research. Prerequisites : Experience in using the Internet. Good keyboard & mouse skills. BYO memory stick.	6 weeks Fri 1.00 – 3.00
QUESTIONS & ANSWERS (Q & A) Graeme Hilson	Have you forgotten something? Do you need a reminder? Do you need help? Computer questions answered. It is not necessary to enrol prior to attending. No charge	3.00 – 4.00 1 st & 3 rd Thursdays in May <u>NO CLASSES IN JUNE</u>

Computer Class Leaders needed urgently

Due to natural attrition and our current Leaders needing to take a break, additional Computer Leaders are urgently required.

Many of you will be aware that a number of our Computer Classes have very long waitlists, particularly the iPad and Using Tablets classes.

If you have skills that you would like to share by taking a class or you would prefer initially not to take a class by yourself but would be an assistant to one of our current Leaders, this can be arranged. Please see contact details below.

In addition to Word 2010, Internet and Using eBay classes, we now have a growing demand for classes using some of the new technology.

All aspects of digital photography, using programs like Picasa3 or Irfanview, as well as other similar programs to manipulate photographs and building a website are in ever-increasing demand. Or you might have specialist knowledge in another digital literacy area.

If you think you have any of the skills we are looking for, please leave a message for either Elsie Mutton or Noelene McCulloch at the Silver Grove office, phone 9878 3898 or email: emutton39@gmail.com.

U3A Melbourne Cup Luncheon

A hundred members and guests were treated to one of U3A Nunawading's social highlights, the annual Melbourne Cup Luncheon, on the first Tuesday in November last year.

Dressed up and sporting a wonderful array of hats, participants shared in a day of racing fun. Everyone enjoyed a delicious lunch, watched races on the large screen and had lots of fun with the many sweeps run by Ross Peacock and Elsie Mutton with assistance from Doreen Betts managing the money.

Guests were welcomed with glasses of bubbly and dainty nibbles before tucking into a traditional chicken and salad lunch, following by a choice of desserts.

The Seniors Hall was transformed by the wonderful decorations that created a truly festive atmosphere. Irma Dymke and her helpers are to be congratulated on their clever arrangement of posters, flowers, decorative horseshoes and balloons. Even the table napkins matched the starry balloons.

This wonderful event was organised by our hard-working Social Committee of Annette Samuels, Bev Clarke, Jenny Balshaw, Barb Ryder, David Uhr- Henry, Gloria Rowe and Irma Dymke and their many helpers on the day.

Congratulations to all involved for putting on another fun-filled Melbourne Cup Luncheon, which was thoroughly enjoyed by all who were lucky enough to attend.



Our Rules are Changing



*The Constitution sub-committee:
Barbara Worcester (Convenor), Noela Winter and Lindsay Glen
are drafting our revised and updated Constitution.*

Like all other incorporated associations, the U3A Nunawading Inc. Constitution is being reviewed and updated to comply with new and updated Victorian legislation, the Associations Incorporation Reform Act 2012 (AIR Act).

Our Constitution, a requirement of the AIR Act, contains the Rules for our voluntary, not-for-profit, member-based organisation. These Rules include our purpose; membership; members' rights and obligations; grievance and disciplinary procedures; election of Committee members; Committee powers and responsibilities; meeting procedures; financial accountability; as well as other matters. The Constitution is the contract between U3A Nunawading Inc. and its members.

Some of the new Rules are mandated by legislation and already apply, even though they do not yet appear in our Constitution. Our current Constitution can only be altered by a special resolution at a general meeting when not less than 75% of voting members present at the meeting vote in favour of the resolution. That general meeting will be our next AGM in August 2014. Please note that associate members do not have voting rights.

The sub-committee's draft is nearing completion, ready for consideration by the Committee of Management (CoM). Following this, the proposed amendments to the Constitution will be listed as a special resolution agenda item for the August AGM. Members will receive notification of the AGM, including details of the special resolution and the proposed amendments, in the next Newsletter (June edition). The Newsletter June edition will be posted to all members.

In addition, as soon as it is available, copies of the proposed Constitution, with amendments highlighted, will be available at the Front Desk and on the website. For further information, please contact a member of the Constitution sub-committee or any other CoM member.

Following the AGM, Consumer Affairs Victoria (CAV), the government business unit with responsibility for the implementation of the AIR Act, must be notified of the outcome of the special resolution. The CAV Registrar checks the amended Constitution for legislative compliance and advises the CoM Secretary whether or not it has been approved. The new Constitution does not come into effect until after it has been approved by the CAV Registrar.

Barbara Worcester
Convenor, Constitution sub-committee

Would you like to help with next year's Summer School?

With the wonderful 2014 Summer School success still fresh in our minds, the Committee of Management is seeking expressions of interest from members who might be interested in helping to organise next year's event.

This is an opportunity for you to become involved in one of our most exciting ventures, bringing a world of interesting sessions to our members over the summer break.

If you think you would like to help, please contact our President, Annette Mason, at the Silver Grove office either by phone on 9878 3898 or by email at president@u3anunawading.org.au.

You don't need any previous experience, just a real enthusiasm for working as part of a team to create our 2015 Summer School.

Arts Nunawading's new website

Arts Nunawading Inc. has launched its new website: www.artsnunawading.org.au
The site features images of the Nunawading Market and includes the option to subscribe to their newsletter.

For further information about Arts Nunawading and the Nunawading Market, please email secretary@artsnunawading.org.au

Information for older Victorians

COTA has been the voice of older Victorians for over 60 years. For 50 of those years COTA has run an information line where older people, their families and friends can telephone to get information on a wide range of matters of concern to them.

No topic is left uncovered: accommodation options, home-based services, concession entitlements, exercise opportunities, health and wellbeing are just some of the enquiries they receive. If they can't help, they can find someone who can.

The **1300 13 50 90** telephone number gives access to all Victorians for the cost of a local call. An interpreter via the Telephone Interpreting Service can also be arranged.

If you are visiting the city you can drop into the Seniors Information desk at COTA in the Block Arcade, Level 4, 98 Elizabeth Street, Melbourne.

Seniors Information* also provides interesting 'Need to Know' sessions throughout Victoria to seniors' groups, clubs or any groups who are interested in ageing.

*Seniors Information Victoria is supported by the Victorian Government.

Apology

In the June edition of this Newsletter, we incorrectly named the donor of the Thomas Shotter Boys prints in the Namatjira Room as Joyce Webster instead of Joy Wade.

Our sincere apologies to Joy for the mistake and our heart-felt thanks for her generous gift.

Your Power Planner

Victorians can now use their own electricity consumption data to get a personalised comparison of offers at the independent government comparison site www.switchon.vic.gov.au.

My Power Planner lets you upload 12 months of your consumption history then compare all the available electricity plans so you can see whether you can save money by switching to another plan.

You can also see how much electricity you use in dollars and kilowatt hours (kWh) at different times, as well as average weekday or weekend use, or by day, week or season.

Go to www.switchon.vic.gov.au for more information

Calling all able-bodied men

We are very lucky to be members of one of Australia's leading U3As because, not only do we have a wonderful program of classes each term, we also have many additional activities including Summer School and a range of social events.

However, we would have none of these except for our fantastic members who volunteer their time to make them happen.

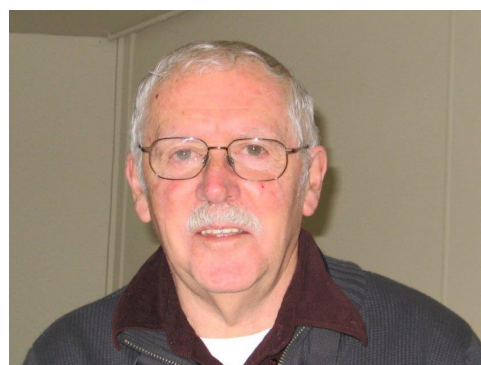
One area where we desperately need some additional help is with moving tables and chairs for these various events.

If you feel you could lend a hand for an hour or two occasionally to set up a room for a specific event, please contact Jenny Balshaw on 9874 1435 or email her at jjbal34@tpg.com.au. Alternatively, you can leave a note with your contact details in the Special Events pigeonhole at the U3A office. Please mark your note for the attention of Jenny Balshaw, Social Committee.

Friends of the ABC

Friends of the ABC (FABC) is a non party-political organisation founded to support the national broadcaster against political and commercial groups which may attack it. It campaigns for adequate funding for the ABC, to keep it free from political and commercial interference, to enable it to fulfill its charter to inform, educate and entertain all Australians.

For further information, contact FABC (Vic): www.office@abcfriends.org.au, telephone 9682 0073 or write FABC (Vic) GPO Box 4065, Melbourne, Vic., 3001.



Vale Ray Grigg

Ray passed away peacefully on 17 February following a lengthy illness.

During his long involvement with U3A Nunawading, Ray contributed strongly to our development and general administration including being our Treasurer from 2005 to 2008 and serving on our committee for several years.

Ray was always cheerful will be sadly missed. Our condolences are with Marj and family.

News from 2013

End of Year Petanque Competition

What better way to round off a year of learning the French language and culture than to spend a fine morning playing some games of Petanque?

For a number of years, the Petanque Competition has become an end-of-year tradition that our French 4A & 5A classes take fairly seriously. This year we had four teams of four.

According to Wikipedia the current form of the game originated in Provence and the name derived from an Occitan expression 'pes tancats' meaning 'feet together' or 'feet anchored'. Petanque is a form of Boules in which the goal is to throw (with both feet on the ground) hollow metal balls to land as close as possible to a small wooden ball or 'cochonnet' (piglet or jack).

Our day began with a reading of the rules, selection of teams and distribution of specially prepared score sheets (thanks to Joyce who couldn't be with us as she was off on a Pacific cruise!!).

In France the game is often played on hard dirt or gravel. In our Aussie version, games were played on grass at the Blackburn Lake Reserve.

Our intrepid players demonstrated the following techniques in order to gain the highest score:

- Ground-hugging fast or slow ball destined to compensate for steepness of slope
- Highly favoured up and under throw good for avoiding ground level obstructions
- Curved ball that was supposed to go straight and then swerve into the cochonnet
- Sneaky ball - one that looks as though it won't make the distance but then goes on to win the game
- Not-so-sneaky ball that looks as though it won't make the distance and doesn't
- Ball that suspiciously resembled Warnie's 'wrong-un' taking everyone by surprise

Our winning team was led by Cate and consisted of David, Luci and Katy. They proved to be a very experienced and skilled group. The two runners-up teams were led by Anne and Chris. Our past Champion player, Bert led a very inexperienced but enthusiastic team to a decisive fourth place. After announcing the winners, a sumptuous picnic lunch was enjoyed by all.

Bert's team promised to undertake a serious training regime before next year's competition. I heard a rumour though that Bert is looking to make some transfers.

Lorraine Chapman, French 4A



Contract Bridge

The Contract Bridge Group enjoyed another successful year in 2013. Class Leader Garnet Edwards expressed the group's gratitude for the new tables and other improvements provided by the U3A Committee. He also thanked Barbara Gardiner and Tom Wong for their fine work in ensuring that the weekly results were promptly placed on the U3A Nunawading website.

The winners for the year were: Champion Pair - Ly and Hannah Pham; Runners-Up - Chula and Vassa Na Ranong; Third - Alan Brownrigg and Elaine Hempton; Individual Champion - Alan Brownrigg.



Pictured are Hannah and Lee Pham (holding the shield) with Course Administrator Elsie Mutton and Class Leader Garnet Edwards. (Photo courtesy Barbara Gardiner)

Line Dancers get into Spring Carnival spirit

The U3A Nunawading Line Dancing group took to the floor in spring racing attire to compete in a dance-off. Four teams named after famous Melbourne Cup winners danced with Keith Davies (Victorian Line Dancing Association) and Elsie Mutton (U3A) adjudicating. There was a fashion parade, best-dressed winner, demonstration dance by Keith and myself, competitions and prizes, followed by a sumptuous lunch. Everybody participated in the fun and racing carnival spirit, and a fantastic time was had by all.

Marie Pietersz, Class Leader



YOUR COMMITTEE for 2013/2014

Executive			
President	Annette Mason	Allan Brownrigg	Lindsay Glen
Vice President	Leo Sargent	Valerie Donlon	Archie Kaan
Honorary Secretary	Noela Winter	Elaine Forde	Noelene McCulloch
Honorary Treasurer	Tom Wong	Barbara Gardiner	Barbara Worcester
Course Administrator	Elsie Mutton		

TERM DATES 2014

Terms	Commence	End	Weeks	Public Holidays
1	3 February	4 April	9	Labour Day – 10 March
2	28 April	27 June	9	Queen's Birthday – 9 June
3	14 July	19 September	10	
4	6 October	28 November	8	Melbourne Cup Day – 4 November (no classes on Monday 3 November)

KEY DATES 2014

U3A Nunawading AGM	Wednesday 20 August (no classes)
Carnival of Learning, Seniors' Festival	Sunday 5 October
Whitehorse Spring Festival	Sunday 19 October (to be confirmed)
Melbourne Cup Day Function	Tuesday 4 November
Office Volunteers' Function	Monday 1 December
Leaders' Function	Thursday 4 December

Office Hours

During term Office Volunteers are on duty at our Silver Grove office from Monday to Friday 9.30am – 3.00pm. The office is closed during term breaks and on public holidays.

Contributions please!

We love to receive items for the Newsletter from Members and encourage you to consider writing a Letter to the Editor or a short article (100 to 300 words) about your involvement with U3A.

Where possible, items should be emailed as Word documents to u3anuna@bigpond.com and photos provided as jpeg files. Hard copies may be left in the Editor's pigeonhole at the U3A office at Silver Grove.

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Closing date for submissions to the next edition: Wednesday 14 May.