



2024 SUMMER SCHOOL PROGRAM

22 January – 2 February 2024

*Two weeks of workshops, lectures, demonstrations,
physical activity and excursions*

*U3A Nunawading Inc. is a wholly volunteer, not-for-profit organisation,
supporting positive ageing by providing opportunities for learning, exercise, and
social interaction for retired and semi-retired members of the community.*

U3A Nunawading Inc.
ABN 13 738 482 624
Reg. No. AOO21951Z

Nunawading Community Hub,
96 – 106 Springvale Road,
Nunawading, Vic. 3131

Phone: (03) 9878 3898
General email: admin@u3anunawading.org.au
Course email: courseadmin@u3anunawading.org.au
Website: u3anunawading.org.au

IMPORTANT INFORMATION

Fees: Attendance at Summer School is covered by your 2024 Membership fee. The only costs are for class materials or excursion entry tickets as outlined in individual class descriptions. The 2024 Membership Fee for returning and new members is \$55.

Acceptance into Classes: If you are on a waitlist for a Summer School class and a vacancy occurs, you will be contacted by email (or phone if you do not have email). **Please do not attend a class unless you are advised that you have been accepted into that class.**

Attendance: Summer School classes are very popular, so **please do not enrol in a class unless you expect to attend.** If you are going to be absent, let us know by entering an absence online via your member login, by emailing admin@u3anunawading.org.au or by telephoning the office on **9878 3898**. Please ensure you arrive at least five minutes before the start of your class, and wear your U3A Name tag.

Withdrawal from Class: If you decide to withdraw from a Summer School class, you may request this online via the U3A website once you've logged in to your Enrolments at <https://u3anunawading.org.au/members/> Alternatively, you may complete an Orange Form, available from the reception desk, or email courseadmin@u3anunawading.org.au

Physical Activity Classes: Members are solely responsible for their own level of participation in any exercise class or activity. If in doubt, members should consult their health professional prior to joining the class. Classes may be cancelled or modified in accordance with our Heat Policy.

About U3A Nunawading Inc.

U3A Nunawading Inc. is governed by its Constitution and Policies, which are applicable to all members. These documents are available on our website at <https://u3anunawading.org.au/about-us/constitution-policies-forms/> .

The material presented in Summer School Classes is at the discretion of the Class Leader and does not necessarily reflect the views of U3A Nunawading Inc.

No one working at U3A Nunawading is paid.

Monday January 22, 2024

24SS2201: Taiji on the Lawn

Dates: 22/01/2024 - 25/01/2024

Location: Nunawading Community Hub

Short Course

8:50am - 9:20am

Course Leader: Frank Chai

No need to enrol for this class - just turn up on the day. The class will be held in the lawn area outside the Hub Kitchen, and will run each morning from Monday 22nd January to Thursday 25th January. This is an introduction to Yang Family Taiji as was developed and instructed by Grandmaster Yang Chengfu, the 3rd generation of his lineage, more than 100 years ago. The program will include a selected number of postures from the Yang Family Long Form, which will be executed in a flowing sequence of movements to demonstrate the integration of mind and body, improve balance and stability, improve breathing and cultivate mindfulness. Past experience in Taiji is not essential for you to participate and enjoy the experience.

24SS2203: Outdoor Sketching

Location: Studio 6 NCH

One Day

9:30am - 12:30pm

Guest Leader

Guest Presenter: Rene Carrasco. This session will be an introduction to "Sketching" with some basic concepts to use when drawing outdoors. Following the introduction Rene will go with participants to the outdoor area of the Nunawading Community Hub, and provide assistance as participants draw, sketch and paint the surrounding area. The session will finish with a quick "show and tell".

Equipment: Pencils, pen, sketchbook (A5 or larger), watercolour paints, brush, water jar, stool, hat or umbrella and enthusiasm!

24SS2205: Introduction to Drawing

Dates: 22/01/2024 - 25/01/2024

Location: Studio 4 NCH

Short Course

10:00am - 12:00noon

Guest Leader

Guest Presenter: Brian Martin. Introduction to Drawing: Looking through the artist's eyes will be presented by Brian Martin, retired president of the NGV volunteer guide committee and a former lecturer in graphic design at Swinburne University. This course is sequential and participants are required to attend all four sessions to be held on 22, 23, 24 and 25 January. Participants will undertake some basic drawing techniques and explore how artists use drawing in their art practice. Participants do not need to have experience.

Please bring HB and 2B pencils, pencil eraser, A4 size drawing pad, a small free-standing mirror.

24SS2206: Pre-European Indigenous culture

Location: Studio 2 NCH

One Day

10:00am - 12:00noon

Guest Leader

Guest Presenter: Gary Presland. Pre-European Indigenous culture in the Melbourne area. This class focuses on the detail of the Kulin world, as it was at the time of European incursion into the Port Phillip region. This area was the country of a number of Indigenous language groups, comprising local clans, who lived in defined estates. The clans of the Melbourne area—those of the Woi wurrung and Boon wurrung language groups—were connected by marriage, beliefs and language to clans as far away as the Murray River.

24SS2207: The Life and Music of John Lennon

One Day

Location: Meeting Room 4 NCH

10:00am - 12:00noon

Course Leader: Ivan Glynn

Ivan grew up in Liverpool in the 1950s and 1960s. His childhood was similar in many ways to John Lennon's. He taught at the Liverpool Institute with teachers who taught Paul McCartney and George Harrison when they attended the school. Using a range of visual material, this session will look at John Lennon's early life, his time as a Beatle, his relationship with Yoko Ono, his post-Beatles music and his murderer, Mark David Chapman.

24SS2209: Schwerkolt Cottage and Outbuildings

One Day

Location: Meeting Room 2 NCH

10:00am - 11:00am

Guest Leader

Guest Presenter: Kathy Innes (Whitehorse Historical Society). Learn the history of the houses built on August Schwerkolt's land in Mitcham and how Schwerkolt Cottage was saved from demolition in 1960 by City of Nunawading. Hear about the restoration of the Cottage and development of the outbuildings which culminated in the Complex being opened to the public in 1965. Hear the story of how the property was confiscated by the Australian Government from August Schwerkolt's daughter, Mary, and how it was eventually returned to her without legal title.

24SS2211: Sweet Treats with Trish

One Day

Location: Kitchen NCH

10:00am - 11:30am

Guest Leader

Guest Presenter Trish Peel will demonstrate two recipes that are 'no bake' and easy to prepare. Perfect as a gift to share or just enjoy yourself. The demonstration will be in the Hub kitchen on the upper level. \$2-\$4 per person (depending on numbers) payable to Trish at the time of the demonstration.

24SS2213: Basket Weaving with Paper Band

Short Course

Dates: 22/01/2024 - 25/01/2024

10:00am - 12:00noon

Location: Studio 3 NCH

Guest Leader

Guest Presenter Jessie Gurney. Basket weaving has been around since ancient times. People use naturally grown materials like cane, fibre, jute, reeds, wool etc and a few simple tools to create baskets. In this class paper band will be used to create a beautiful and functional basket for yourself or to give as a gift. Participants will need to ensure they are able to attend all four sessions.

There is a charge of \$30 for essential materials which can be given to Jessie at the first session. Participants will also need to bring to each session a tape measure, scissors, a pencil, an eraser and a ruler.

24SS2215: Africa Rising

One Day

Location: Meeting Room 5 NCH

10:30am - 12:00noon

Course Leader: June MacDonald

Our perception of Africa as a chaotic continent of tribal peoples, subjugated over centuries needs to change. Its population is the youngest in the world. It will soon overtake India's population and it is reframing the West's view of democracy. Africa is rising politically, socially, culturally and in influence. Come and learn about Africa today.

24SS2220: Improve Chronic Pain Naturally

One Day

Location: Meeting Room 2 NCH

1:00pm - 3:00pm

Course Leader: Neil Reid

An introduction to the many natural methods for overcoming chronic pain. Understand what chronic pain is, why it may persist, the underlying causes and latest understanding of chronic pain. Learn of free resources for self treatment. Disclaimer: Presenter is not a doctor, but has 30 years clinical experience as myotherapist and acupuncturist.

24SS2222: The History of Blackburn Lake Sanctuary

One Day

Location: Meeting Room 5 NCH

1:00pm - 2:00pm

Guest Leader

Guest Presenter: Anne Payne. Blackburn Lake Sanctuary has a long and rich history of community involvement. This small pocket of fragile regenerated bushland and waterway in the middle of suburbia is a unique habitat for wildlife. The Sanctuary also provides passive recreation and an opportunity to learn more about how the First Nations Peoples used and cared for the environment. Hear the history of the development of a flower farm built by the Adult Deaf Society; its eventual closure and how this land was saved by the wider community; the work of Council and volunteers to restore this land to the bushland we have today; and how a community of dedicated volunteers use the Visitor Centre to increase visitors and school group's knowledge of the importance of caring for our environment.

24SS2224: Xin Jiang-Hand Pulled Noodles

One Day

Location: Kitchen NCH

1:30pm - 3:30pm

Guest Leader

Guest Presenter Vera Wang. These hand made noodles can be served with soup, stir fry or any of your favourite sauces. The demonstration will be in the Hub kitchen on the upper level.

24SS2226: In Conversation

One Day

Location: Studio 6 NCH

1:30pm - 2:30pm

Course Leader: Valerie Donlon

Former U3A Nunawading President Valerie Donlon sits down for a relaxed conversation with three members of our U3A who have made significant contributions to our organisation: Elsie Mutton OAM, Course Administrator; Colin Carter, Treasurer and Class Leader; and Tom Wong, Reception Desk Volunteer and former Treasurer. During this hour Valerie will delve into her guests' early lives, why they joined U3A and what inspires them to give so much of their time and skills as volunteers.

Tuesday January 23, 2024

24SS2301: Food & Drink in Ancient Egypt.

One Day

Location: Meeting Room 5 NCH

9:30am - 11:30am

Course Leader: Joan Kelleher

There is more to Ancient Egyptian food than just beer, bread, and onions. We will explore the wide range of food and drink available to the different levels of society, the production and distribution of the goods and the importance of the Nile river in food production.

24SS2303: Saturn in the Solar System

One Day

Location: Meeting Room 4 NCH

9:30am - 11:30am

Course Leader: Martin Roulston

This class will look at the mythology (including Saturnalia and Christmas), the planet, the rings and some of the 146 moons - focusing on Titan (which has atmosphere and methane lakes) and the ice moon Enceladus (which has water-rich geysers venting from the south polar region). See the "The Day the Earth Smiled". If time permits we will have a look at how Saturn was depicted in early Science Fiction stories.

24SS2305: Baked Tapioca Cake & Mango Pudding

One Day

10:00am - 11:30am

Location: Kitchen NCH

Guest Leader

Cynthia Au will demonstrate the baking of a traditional Tapioca Cake which is semi soft, chewy and fragrant. It is super easy and is a favourite Malay cake. The Mango pudding is a very popular dessert in Hong Kong. It has a rich and creamy texture and served and eaten refrigerator cold. This demonstration will be in the Hub kitchen on the upper level.

24SS2309: Desert Island Dance Workshop

One Day

10:00am - 11:15am

Location: Studio 2 NCH

Guest Leader

Guest Presenter: Debbie Tait. Debbie will teach a small selection of dances she loves – “her desert island choices”. The music and style will be international and the steps are not so difficult that they get in the way of the pleasure of dancing and moving together.

24SS2311: Drawing with Charcoal - Workshop

One Day

10:00am - 2:30pm

Location: Studio 9 NCH

Guest Leader

Guest Presenter: Keith MacDonald. Charcoal drawing is a deeply satisfying medium. It could be because it is so quick to complete, with immediate results, or that the final look is so impressive. Either way, people love charcoals. Even the great Michelangelo and more recently Degas, created a collection of charcoal drawings. No previous experience is required for this workshop. Bring along any image, whether abstract or realistic, to help you get started. Cost per person for materials (payable to Keith on the day) will be \$5 - \$10, depending on the number of participants.

There will be a break for lunch from approx 12.00 - 1:30pm

24SS2313: Embroidered Note Book Cover

One Day

Location: Meeting Room 2 NCH

10:00am - 12:00noon

Course Leader: Leonie Clyne

Make an A5 size note book cover using felt, embroidery threads, beads etc. A material list will be provided on enrolment. Some materials will be provided. The cost for this class will be \$6 payable to Leonie on the day of the class.

24SS2315: Make Your 3rd Act Fulfilling & Joyful

One Day

Location: Studio 6 NCH

10:30am - 12:30pm

Guest Leader

Guest Presenter: Jacquie Wise. Recapture your drive and enthusiasm for life with proven ways to avoid burnout, build resilience and resolve, promote inner calm, and enhance wellbeing. Plan for a retirement full of fun, fulfillment and purpose. Jacquie will answer questions and engage in lively discussion with you. Jacquie has been in private practice for over 35 years, as a counsellor, coach and corporate trainer. She also teaches Mindfulness in the Medical Faculty of Monash University

24SS2317: Expert Tips from a Professional Florist

One Day

Location: Studio 8 NCH

10:00am - 11:15am

Guest Leader

Guest Presenter: Kylie MacDonald. Kylie will talk about the joy of floristry. She will talk about choosing and maintaining cut flowers, arranging flowers in tall vases, arranging posies and the use of greenery and fillers in floristry. There will be lots of opportunity for questions and answers.

24SS2320: An Inspirational Woman

One Day

Location: Meeting Room 5 NCH

1:15pm - 2:30pm

Guest Leader

An orphan from the age of 10, she rose to great fame and was influential in creating positive universal changes which continue to affect the world today. This session by our Past President Liz Hooper will include a presentation of this woman's life and her contribution to the world and will be followed by small group discussions and a final group discussion. Come and discover the name of this woman!

24SS2322: Animal Love Stories

One Day

Location: Studio 4 NCH

1:00pm - 2:30pm

Guest Leader

Guest Presenter: Deborah Andrews. An exploration of Australian animal bonding style and its impact on the survival of their young. This presentation will include a pocketful of stories and some video bytes.

24SS2324: Simple Italian Tray Bake Dinner

One Day

Location: Kitchen NCH

1:30pm - 3:30pm

Guest Leader

Guest Presenter: Peter Fielding. Peter will demonstrate an Italian Tray Bake Dinner which is wholesome, tasty and quick. The demonstration will be in the Hub kitchen on the upper level. Cost per person is \$3 and will be collected on the day of the demonstration.

24SS2326: Movie Afternoon: 'Madama Butterfly'

One Day

Location: Meeting Room 5 NCH

1:00pm - 3:30pm

Course Leader: Athalie Edis

The Australian Opera's DVD of 'Madama Butterfly' on the Sydney Harbour is a spectacular that is sure to delight. Puccini's masterpiece is one of opera's tragic tales. Come and enjoy opera at its best at a showing of this movie.

24SS2328: Sing a long for Fun

One Day

Location: Studio 6 NCH

1:00pm - 2:30pm

Course Leader: Mary Moore

Remember all those fun songs from your younger days? Come along and enjoy a happy, no pressure sing a long. Silly songs, songs from musicals and popular songs of the day will be part of the fun. If you have a favourite, please email Mary with your request ladybirdmary51@yahoo.com.au

24SS2330: You and Your Motor Car

One Day

Location: Studio 3 NCH

1:00pm - 2:00pm

Course Leader: Carl DiGiovine

We will introduce you to ways to better understand and control your car. The importance of Correct seating position, correct mirror adjustment and proper tyre maintenance. Learn about passive safety, active safety and about attitude towards other drivers. Which car is best for your needs? Followed by Question time.

Wednesday January 24, 2024

24SS2401: Clothes and fashion in Ancient Egypt

Location: Meeting Room 4 NCH

One Day

9:30am - 11:30am

Course Leader: Joan Kelleher

There is more to Ancient Egyptian clothes and fashion than just tunics and wigs. We will explore how fashion changed over time. We will look at the types of clothing worn by the different social classes and the different materials used in the manufacture of the clothes

24SS2403: DIY Wrap Pants Pattern

Location: Meeting Room 2 NCH

One Day

10:00am - 12:00noon

Course Leader: Lan Tiet

These pants are great for summer, comfortable, stylish and suitable for dancing, also very easy to sew. This session will show you step-by-step how to measure and draft a pattern in your size, followed by a demonstration of how to complete the pants in your size. Participants needs to bring: wrapping paper - a least 60cm wide and 1 m long, pencil, paper cutting scissors and a measuring tape.

24SS2407: Osteoarthritis & Joint Health

Location: Studio 2 NCH

One Day

10:00am - 12:00noon

Guest Leader

This educational session presented by a physiotherapist and a dietician from Ramsay Health in Donvale will address the following questions: Does exercise help in the management of hip and knee arthritis? What is the GLA:D program and how can it help symptoms? Is there any connection between diet and joint health? Does what you eat make a difference to your joints? This session will include the demonstration of targeted exercises and there will be time for questions at the end.

24SS2408: Orange Caramel Anzac Slice

Location: Kitchen NCH

One Day

10:00am - 11:30am

Guest Leader

This is a simple yummy slice which you will definitely enjoy making, and eating too.

24SS2409: Tattooing: History & Cosmetic

Location: Studio 6 NCH

One Day

10:00am - 11:30am

Guest Leader

Guest Presenter: Elham Sagar. Elham is an accredited, experienced, cosmetic Tattooist. She will give a history of the ancient art of tattooing used by many first nations peoples. In the second half of the session she will use a prosthetic to demonstrate the art of tattooing for cosmetic purposes. When we age some of us lose our eyebrows, our lips thin, and using eye-liner becomes difficult. Tattooing is a confidence lifting solution.

24SS2411: Walking Hadrian's Wall

Location: Meeting Room 5 NCH

One Day

9:30am - 10:30am

Course Leader: Andrew Lockwood

This presentation covers the history of Hadrian's Wall, and describes walking along the 85 mile route.

24SS2413: Watercolour Miniatures and Postcards

One Day

Location: Studio 8 NCH

10:00am - 12:00noon

Guest Leader

Presenter Cheryl Stanner. Use small pieces of watercolour paper to paint miniature paintings and postcards. This is a class for people who have a knowledge of watercolour painting. You will need to bring watercolour paper, watercolour paints, small to medium sized watercolour brushes, an HB pencil, a ruler, a container for water and a pair of scissors.

24SS2420: Almond Cookies

One Day

Location: Kitchen NCH

1:00pm - 2:30pm

Guest Leader

Guest Presenters: Lydia Sung and Mai Huynh. Lydia and Mai will demonstrate the baking of almond cookies in the Hub Kitchen on the upper level. Gold coin donation is payable to the presenter on the day.

24SS2422: Estate Planning

One Day

Location: Studio 2 NCH

1:30pm - 3:00pm

Guest Leader

Estate Planning - putting it all together and getting it right. We will be joined by guest speaker Julie Chambers who is the Practice Group Leader of the Wills, Estates and Probate department at Robinson Gill Lawyers in Box Hill. Julie's presentation on Estate Planning will outline tips on how best to implement Will structures to protect and distribute your assets. She will also discuss the Powers of Attorney that are available in Victoria. Following Julie's presentation there will be plenty of time for questions. If you wish, you can submit your question beforehand by emailing it to VicePresident@u3anunawading.org.au

24SS2424: Healthy Ageing & Wellness Seminar

One Day

Location: Studio 6 NCH

1:00pm - 2:15pm

Guest Leader

Healthy Ageing & Wellness Seminar presented by a Health Professional from Equip4Life. The session will cover 4 keys to healthy ageing; the truth about full fat dairy, red wine and more; how to achieve your healthy weight + waist; the secret to strong bones + better balance; stress & sleep + brain health; optimal nutrition for ageing well.

24SS2426: Movie Afternoon: 'Much Ado About Nothing'

One Day

Location: Meeting Room 5 NCH

1:30pm - 3:30pm

Course Leader: Athalie Edis

Enjoy this DVD of Shakespeare's classic story of the 'merry war' between Beatrice and Benedick, starring Kenneth Branagh and Emma Thompson.

24SS2428: Pickle Ball

One Day

Location: Stadium NCH

1:00pm - 3:00pm

Guest Leader

Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It's fun, social and friendly. The rules are simple, and the game is easy for beginners to learn. It brings together elements of tennis, badminton, and ping pong to create a sport that's fun for all ages and skill levels, but can develop into a quick, fast-paced, competitive game for experienced players. Members from Manningham Pickle Ball will introduce you to this fun activity in the Hub's stadium where Pickle Ball courts are ready for players.

Wear comfortable clothing and gym shoes, and don't forget your water bottle.

24SS2430: Take better photos

One Day

Location: Meeting Room 4 NCH

1:00pm - 3:00pm

Course Leader: Neil Reid

Take better photos: Emphasis is on taking striking photos of birds. Bird photography is one of the hardest photography genres to master. The necessary skills are applicable to any form of photography. You will learn how to take better photos through examples of the presenter's award winning techniques and compositions. Applicable to any camera including phone cameras.

24SS2432: Trivia Quiz

One Day

Location: Meeting Room 2 NCH

1:30pm - 3:30pm

Course Leader: Karen Postill

Roll up! Roll up! Armchair competition and fun for one and all! There will be prizes for the best group, so get cracking and make up a table of 4, or tables of 4 will be established on arrival.

Thursday January 25, 2024

24SS2501: Balance: Kieser's Strong & Steady

One Day

Location: Studio 2 NCH

10:00am - 11:00am

Guest Leader

Guest Presenter: Nicole Shue. Nicole, an Exercise Physiologist, presented at our Four o'clock Forum "Strong People Stay Young". With her Team, Nicole is excited to present a specialised class at our Summer School focused on enhancing your strength and balance. Ageing often leads to muscle loss, but Nicole is committed to helping you fight this natural progression. Her goal is to not only prevent injuries but also empower you to maintain your independence and enjoy life. In this class, she will aim to inspire you with a diverse range of training principles. Nicole's objective is to add excitement and variety to your strength sessions, ensuring you maximise the benefits of your training. Join in the fun and ideally wear runners and light comfortable clothing and bring a water bottle.

24SS2503: Fabric Dyeing

One Day

Location: Studio 8 NCH

10:00am - 12:00noon

Course Leader: Meryl McEwen

Fabric dyeing using a colour wheel or ice dye. Materials you need to bring to the session: • 2 metres of prewashed white cotton fabric • 2 packets of large zip lock bags Cost for additional materials, supplied by Meryl, is \$10 and is payable to Meryl on the day of the workshop.

24SS2505: Gardens for Wildlife - Biodiversity

One Day

Location: Meeting Room 2 NCH

10:00am - 11:30am

Guest Leader

Guest Presenter Belinda Moore. Gardens for Wildlife - Biodiversity in The Suburbs is all about sharing knowledge to support local biodiversity. In this session, Gardens for Wildlife facilitator, Belinda, will explore the elements of a habitat garden and give you ideas for things to try at home in your own garden. We will also discuss the program itself, the science behind it and how you can get involved either as a participant or as a volunteer.

24SS2507: Knitting Techniques: Two Colour Brioche

One Day

Location: Studio 5 NCH

9:30am - 2:30pm

Course Leader: Alison Phillips

A class for experienced knitters who wish to master this fascinating stitch. Must be able to read knitting patterns and charts. Materials required: • 2 balls of 8 ply wool - one a light colour and one a dark colour. • Double pointed knitting needles in the appropriate size and an additional pair in one size larger – eg 4mm and 4.5mm • Notebook and pen • Highlighter tape or a line magnifier • A basic knitting kit The class will extend over two sessions and participants will need to attend both. There will be a 1 hour lunch break between sessions.

24SS2509: Senegalese Cooking

One Day

Location: Kitchen NCH

11:00am - 12:30pm

Guest Leader

Guest Presenter: Aissatou Ba. Aissa will be cooking a Senegalese dish called mafe. It's a famous Senegalese dish made with peanut butter, chicken and veggies. A vegetarian option can be accommodated. The demonstration will be in the Hub kitchen on the upper level, with a gold coin donation.

24SS2511: Thai Green Curry Chicken

One Day

Location: Kitchen NCH

9:30am - 10:30am

Guest Leader

Guest Presenter: Andy Tan. Learn how to cook a delicious Thai Green Curry Chicken. There will be a tasting at the end of the demonstration. To cover the cost of the ingredients a payment of \$5 can be paid to Andy on the day of the cooking demonstration. Also, you will be able to take home 400ml of green curry sauce! The demonstration will take place in the Hub Kitchen on the upper level

24SS2520: Japanese Food-Beyond Sushi&Ramen

One Day

Location: Meeting Room 2 NCH

1:00am - 3:00pm

Course Leader: Neil Reid

Japanese restaurant food in Australia is not typical of what Japanese people eat in the home. Learn how to add delicious, healthy and often inexpensive Japanese foods to your plate. Learn the many everyday Japanese foods, where to buy them, how to prepare and cook them. Please note: This is not a cooking class.

24SS2522: Movie Afternoon: 'Les Misérables'

One Day

Location: Meeting Room 5 NCH

1:00pm - 4:00pm

Course Leader: Athalie Edis

If "Les Misérables" is one of your all time favourite musicals then this 25th Anniversary Concert DVD presentation will delight you.

Excursions

Please Note: U3A must purchase Excursion tickets in advance. If you are unable to attend an excursion, the fee cannot be refunded unless an alternative attendee can take your place.

24SSXC01: Excursion: The Round, Whitehorse

One Day

Date: 29/01/2024

10:30am - 11:30am

(No Fee)

Course Leader: Valerie Donlon

Go behind the scenes of our new Whitehorse theatre, The Round, in this one-hour tour of the main theatre, studio theatre, dressing rooms*, green room*, musicians room*, function room, bio boxes*, main foyer, gallery* and commercial kitchen*. Areas with an asterisk are not normally open to the public. The Round is located at the back of the Council precinct in Whitehorse Road, Nunawading and there is plenty of on-site parking. Participants to meet in the foyer of The Round at 10:20am.

24SSXC02: Excursion: Australian Jazz Museum

One Day

Date: 30/01/2024

10:30am - 12:30pm

Fee: \$25.00

Guest Leader

Guest Leader: Jenny Hooper. The Australian Jazz Museum houses an impressive, fascinating and diverse collection of Australian and International jazz related material. This visit consists of an extensive tour of the museum, live jazz entertainment and a light lunch. Jenny will lead this excursion and she will have your ticket on the day. She will meet participants at 10.15 at Koomba Park, 15 Mountain Highway Wantirna 3152 (close to Burwood Highway). All-inclusive cost is \$25 per person based on a minimum of 20 guests. This fee will appear as an additional item on your enrolment Invoice or online Cart.

24SSXC03: Excursion: Rippon Lea Estate Mansion

One Day

Date: 31/01/2024

11:00am - 12:00noon

Fee: \$13.50

Guest Leader

Guest Leader: Sue Fraser. Rippon Lea is a national treasure. In 2006 Rippon Lea House and Garden was included on Australia's top heritage listing, the National Heritage List. It is the last of the great privately owned 19th century suburban estates to survive largely intact in Australia. The tour of the Mansion will commence at 11am. Following the tour you are welcome to enjoy the gardens, which include a lake, extensive lawns, fernery and serpentine carriageway. Lunch after the tour at a local cafe is optional. The address is 192 Hotham Street, Elsternwick. The Estate is approximately a 10 minute walk from the Rippon Lea Station. A stair case gives access to the upper floor of the mansion. Please meet at the gatehouse entrance at 10.45am. Note that there is no off street parking. Tour cost is \$13.50. This fee will appear as an additional item on your enrolment Invoice or online Cart. Sue will have your ticket on the day.

24SSXC04: Excursion: Old Treasury Building

One Day

Date: 01/02/2024

10:30am - 11:30am

Fee: \$12.00

Guest Leader

Guest Leader: Sue Fraser. Explore the features of one of the finest nineteenth century buildings in Australia. Today the Old Treasury Building houses a history museum. The tour includes a visit to the gold vaults and the historic Executive Council Chamber. Current exhibitions include: Belongings: objects of family life from mid nineteenth century to today, Protest Melbourne, Melbourne: Foundations of a City, Women Work For Victory in WW2 and more. Participants need to make their own travel arrangements and to meet at the rear of the premises at 10:15 am. The duration of the tour is 1 hour. The museum is opposite Parliament station. Stairs and a lift give access to all exhibitions. Participants are welcome to stay after the tour and further explore the museum. The cost of the tour is \$12. This fee will appear as an additional item on your enrolment Invoice or online Cart. Sue will have your ticket on the day.

24SSXC05: Excursion: Johnston Collection

One Day

Date: 02/02/2024

11:50am - 1:30pm

Fee: \$20.00

Course Leader: Valerie Donlon

A Home of One's Own: Summer at TJC brings together objects, collections, and design inspirations that have developed over many years, but continue to resonate today. Visitors to the historic East Melbourne townhouse, Fairhall, will discover antiques and much-loved decorative pieces that draw on iconic designs of the past, combined to create an inviting, intimate, and timeless expression of 'home'. This venue is accessible by public transport and meeting point information will be sent to you by the Leader in advance.

Cost: \$20. This fee will appear as an additional item on your enrolment Invoice or online Cart. Valerie will have your ticket on the day.