

2027 COURSE GUIDE

Including Terms 1 & 2 Computers & Digital Technology

Please check the website for the most up to date information on courses, times and locations

2027 Enrolments open for:

CURRENT Members - Monday 23 November 2026
NEW Members - Wednesday 25 November 2026

Office Hours: 9.00am-3.30 pm, Mon-Fri until 4 Dec. 2026.
Re-opens Thu 14 Jan 12 Noon-3:30pm, then 9:00am-3:30pm from Mon 18 January.

Term Dates 2027			
Term 1	1 February	25 March	8 weeks - 2 week break
Term 2	12 April	18 June	10 weeks – 3 week break
Term 3	12 July	17 September	10 weeks – 2 week break
Term 4	4 October	19 November	7 weeks

To reduce paper usage and unnecessary printing, it would help if you could return this booklet to Reception once you have completed your enrolments.

U3A Nunawading Inc. is a wholly volunteer, not-for-profit organisation, supporting positive ageing by providing opportunities for learning, exercise, and social interaction for retired and semi-retired members of the community.
Our website may be accessed via the QR code opposite.

https://u3anunawading.org.au/

U3A Nunawading Inc.
ABN 13 738 482 624
Reg. No. AOO21951Z

Nunawading Community Hub,
96 – 106 Springvale Road,
Nunawading, Vic. 3131

Phone: (03) 9878 3898
General email: admin@u3anunawading.org.au
Course email: courseadmin@u3anunawading.org.au
Website: u3anunawading.org.au

IMPORTANT INFORMATION

Note: As we are an English-speaking U3A, members wishing to join should be able to communicate in English. We do not have a translation service. Our "English As An Alternative Language" (EAL) classes are designed to improve English for those who already have the basics and not for those new to the language.

Member Portal (Member Wizard): U3A Nunawading members have access to our Member Portal, via the U3A Website **u3anunawading.org.au** . You need to register in the portal once to set a password. New members can also join U3A Nunawading via the website from 25th November 2026.

Enrolments: Enrol online via the Member Portal. If you are unable to enrol online, you may enrol in person at the Hub. If you will be away in the enrolment period, and cannot enrol online, you may obtain an enrolment form from U3A Reception and return it to the Office. It will be processed in the afternoon of enrolment day. Initially, you will be able to enrol in up to **THREE** classes. This limit does not apply to Computer Classes, Art Short Classes, Summer School, or Volunteering. This limit will be lifted to **EIGHT** classes on Monday **30th November 2026.**

Some classes have a restriction due to high demand (marked with an 'R" in the course code). You can only enrol in one Restricted class within a Restricted Class group. All members enrolling in classes marked "**" will initially be placed on a wait list for review by the Class Leader.

Many classes have waitlists, so please do not enrol in a class unless you expect to attend most of the sessions. Do not enrol in a class if it overlaps with another class you are enrolled in.

Fees: The 2027 Membership Fee for returning and new members is $70. This fee enables you to attend classes with no additional payment unless specifically noted in the Course Guide.

Acceptance into Classes: If you are on a waitlist for a class and a vacancy occurs, you will be contacted by email (or phone if you do not have email). **Please do not attend a class unless you are advised that you have been accepted into that class and do not write your own name on the Attendance Sheet.**

Attendance: If you are going to be absent from a class, please let us know so that we can make a note on the roll. If you are absent for three or more consecutive classes and we have not heard from you, you may be removed from the class. Apologies can be entered online via the Member Portal, by advising Reception, emailing courseadmin@u3anunawading.org.au, marking "A" on the Attendance Sheet, or by phoning the office on (03) 9878 3898. **(Only ONE of these methods needs to be used for each Apology)**. For extended absences, you can also fill in a blue form at the U3A Reception.

Withdrawal from Class: If you decide to withdraw from a class, you may request this online via the Member Portal. Alternatively, you may complete an Orange Form, available from Reception, or by emailing courseadmin@u3anunawading.org.au

Physical Activity Classes: Members are solely responsible for their own level of participation in any exercise class or activity. If in doubt, members should consult their health professional prior to joining the class. Classes may be cancelled or modified in accordance with our Heat Policy.

About U3A Nunawading Inc.

U3A Nunawading Inc. is governed by its Constitution and Policies. Those which are applicable to members are available on our website at u3anunawading.org.au/about-us/constitution-policies-forms/ . The material presented in Classes is at the discretion of the Class Leader and does not necessarily reflect the views of U3A Nunawading Inc.

Please consider sharing your skills and knowledge to assist in the organisation. Volunteering opportunities include Reception, Social Committee, e-News and Website support, and Committee of Management. See the Volunteering Section of this booklet for more details. To volunteer simply enter the appropriate Volunteer code when you enrol online or on the New Member or Re-enrolment form or ask at Reception.

Table of Contents

ART AND PHOTOGRAPHY 4
ART AND PHOTOGRAPHY-SHORT COURSES 9
COMPUTERS AND DIGITAL TECHNOLOGY 13
CRAFT 17
CRAFT-SHORT COURSES 20
DANCE 21
DANCE Restricted 24
DANCE: LINE DANCING - Restricted 25
DANCE: ROCK N ROLL - Restricted 27
EXERCISE BALANCE, LEGS STRENGTH-Restricted 28
EXERCISE GENERAL FITNESS 29
EXERCISE GENERAL FITNESS Restricted 29
EXERCISE MOVEMENT & MEDITATION 31
EXERCISE MOVEMENT & MEDITATION Restricted 37
EXERCISE SPORT 38
EXERCISE WALKING GROUPS 41
FINANCE AND INVESTMENT 44
GAMES 46
HISTORY 48
HUMANITIES 51
LANGUAGE-CHINESE 56
LANGUAGE-ENGLISH (AS ADDITIONAL LANGUAGE) 58
LANGUAGE-FRENCH 62
LANGUAGE-GERMAN 64
LANGUAGE-ITALIAN 64
LANGUAGE-JAPANESE 66
LANGUAGE-SPANISH 68
MUSIC 69
SCIENCE 75
VOLUNTEERING GROUP CODES 78
NUNAWADING HUB FLOOR PLAN 80
Notes ..... **Error! Bookmark not defined.**

ART AND PHOTOGRAPHY

27ART002 Abstract and Geometric Design-Beginners

Discover the beauty of shapes, patterns and symmetry in this hands-on experience of abstract and geometric design. This course introduces members to the creative use of circles, triangles, lines, grids and freehand drawing to produce striking abstract art works. No prior experience is required - just curiosity and a willingness to play with form and imagination.

Bring to class: HB or 2B pencil, sharpener, eraser, 30cm ruler, compass, protractor, coloured pencils, A4 sketchpad, Unipen black pens 0.4mm and 0.8mm, or Artline black pens 0.4mm and 0.6mm

Location: Studio 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:00 AM - 10:30 AM

Leader: Helen Sorenson **Co-Leader:** Sue Needham

27ART003 Abstract and Geometric Design-Advanced **

Building on the foundations of shape, pattern and symmetry, this course takes members further into the world of abstract and geometric design. Members develop greater complexity and personal expression in their work — refining technique through shading, colour and their own design variations. This class is for members who have completed Abstract and Geometric Design (Beginners) or have equivalent experience.

Bring to class: HB or 2B pencil, sharpener, eraser, 30 cm ruler, compass (with pen adaptor), protractor, coloured pencils, A4 or A3 sketchpad, Unipen black pens 0.4 mm and 0.8 mm or Artline black pens 0.4 mm and 0.6 mm.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 4 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM

Leader: Helen Sorenson

27ART006 Acrylic Painting with Different Mediums - Intermediate **

Acrylic Painting for Intermediate Artistes: Not for beginners but for those who can use acrylic paints already and would like to take their skill further using different techniques and mediums. Pre-Requisite: Must know how to Paint/Draw

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 7 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12 noon - 1:30 PM

Leader: Netty Molloy

27ART007 Acrylic Painting on Glass "A Glass Act"

Learn to paint on glass with acrylics. You will start by sketching and planning your designs, then create a set of wine glasses, decorative bottles, (filled with LED lights etc), jars of coffee, tea or just for decoration. Glass platters or mirrors. For safety the Leader will do all the varnishing. $5.00 to be paid to the leader for the varnish for the full year.

Please bring a Notebook, sketching pencils. (HB & 2B). A supply list of what you will need will be emailed to you before the start of the class.

Location: Studio 7 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 12:45 PM

Leader: Mary Karipis

27ART009 Art Appreciation **

This class is for members who have an interest in the visual arts. Visits to exhibitions at galleries in Melbourne and Regional Victoria will be arranged three times a term throughout the year.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 4 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:30 AM - 11:00 AM

Leader: Valerie Donlon **Co-Leader:** Athalie Edis

27ART015 Calligraphy Basic (Terms 1&2)

Have you ever thought of writing Birthday or Christmas messages in 'Fancy' hand writing, not with computer? This is the start of that wish. Basic level of Calligraphy (Alphabet, not Chinese characters with brush). You don't need any experience (not suitable for experienced Calligraphers) and you don't need to be a 'neat writer', either. Everybody starts with basic stroke practice. We use felt pen to start with and practice several styles of letters. Please bring 30cm ruler, good quality pencil (B-4B) and eraser, A4 clear pocket document folder, a bag big enough to hold A3 size presentation pad and $15-20 for the initial material (depends on 2027 cost) to be paid to the leader.

This class will only run in Terms 1 and 2 in 2027

Location: Studio 6 NCH

Dates: 1 Feb 2027 - 14 Jun 2027
Schedule: Weekly on Monday 2:15 PM - 3:45 PM

Leader: Yoko Yuasa

27ART016 Digital Art (Terms 3 and 4)

This group is about exploring and producing digital art, either by digital drawing or photography, realistic or abstract styles. There are no artistic rules or what you must do. No experience is necessary but participants are expected to have a reasonable understanding of the software they are proposing to use. Software you use will be your choice, although commonly used and usually free software is probably suitable. Please bring your own laptop, tablet, phone or computer as your work surface. There will be no how-to talks. Each person will be self-directed exploring their artist ideas. Others in the class will assist to solve problems. Together we will explore the wonderful developing world of this new art technique/form. During class time participants will work on their artwork. Of course, participants can continue on their work at home. The group will meet weekly to discuss everyone's progress, how the effects have been achieved. The group will support each other with their ideas and techniques.

Location: Studio 5 NCH

Dates: 12 Jul 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 12 noon

Leader: Paul Maguire

27ART018 Drawing and Painting

This is a self-help class with all members sharing their skills.

Location: Studio 8 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:30 PM - 3:30 PM

Leader: Jane Levy **Co-Leader:** Nick Pringle

27ART021 Drawing & Sketching 1

Learn to draw and understand basic composition, perspective, contour, line and tone. Relaxed and informative.

Location: Studio 9 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:15 AM - 12:45 PM

Leader: Paul Makinson

27ART024 Drawing & Sketching 2 **

Be amazed at what you can achieve as you develop your skills in drawing and sketching.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 6 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 1:00 PM - 2:30 PM

Leader: David Blain

27ART027 Drawing & Sketching 3

Learn to draw and understand basic composition, perspective, contour, line and tone. Relaxed and informative.

Location: Studio 7 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:00 AM - 1:00 PM

Leader: Paul Makinson

27ART030 Drawing with Coloured Pencils Group

Explore the foundations of using coloured pencils to create or add to your artwork. Basic colour theory and techniques will be explained. Materials will be discussed at the first class but you may bring along any pencils and paper that you already have at hand. Continuing students will be encouraged to further develop their skills and knowledge.

Location: Studio 6 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:00 AM - 10:30 AM

Leader: Nola Stewart-James

27ART033 Drawing with Pen & Ink

Explore the medium of Pen and Ink. The format of the class aims to deliver an 'open' style of Art Workshop. Beginners and Experienced Members are welcome. Requirements: pen and paper. More details at first class.

Location: Studio 6 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:15 AM - 10:45 AM

Leader: Leonie Scott **Co-Leader:** Cheryl Stanner

27ART039 Painting, Illustration and Picture Book Making

This class will introduce you to how to get started in not only writing your story but also doing the illustrations. Illustrations include drawing, painting and doddles. Use watercolour, acrylic or gouache paint to explore your art imagination. In the future you may create picture books, design advertisements or cards, or write a book with pictures and stories for yourself. The class is always held in a relaxed atmosphere.

Location: Meeting Room 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12:30 PM - 2:30 PM

Leader: Sophia Liu

27ART042 Pastel, Painting and Coloured pencils

This is a mixed medium class covering Soft Pastel painting. Acrylic Painting. Colouring- Books and Watercolour.

Pre-Requisites: Must be able to use the above with some knowledge of the medium listed.

Location: Studio 7 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:00 PM - 3:30 PM

Leader: Netty Molloy

27ART045 Painting with Pastels **

This class is about pastel application and is suitable for students who wish to build on their learning. Material List will be supplied.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 8 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 1:30 PM - 3:00 PM

Leader: Annette Mason

27ART048 Photography as a Hobby

For anyone who has a digital camera and is interested in learning how to use it to take nice photos. Prior knowledge of camera technique is not essential. Sessions will start from basic photography. Members are encouraged to submit weekly homework throughout the year.

Pre-Requisites: Members must have a digital camera.

Location: Meeting Room 4 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:30 PM - 2:00 PM

Leader: Archie Kaan

27ART051 Sketching & Drawing, Starting in Art

A friendly class to give you the building blocks for your adventures in the media of your choice. We will look at form shadow and composition, then sketch various subjects. This class is only for beginners. If you have already completed a beginner's class you should not enrol in this class.

Bring to class: Simple pencils HB, 2B and 4B. Eraser and pencil sharpener. A4 or larger sketch pad.

Location: Studio 4 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:15 AM - 11:00 AM

Leader: Carol Griffiths

27ART054 Sketching Outdoors

Sketching outdoors in various locations around the Nunawading Community Hub. Each class will be in a different locations of interest (parks, buildings, etc, TBA) You need to bring a pencil, pen, sketchbook (A5 or larger) watercolour set, stool, weather personal protection.

This class runs on the second and fourth Mondays of the month.

Location: Venue Advised

Dates: 8 Feb 2027 - 8 Nov 2027
Schedule: Monthly, second, fourth Monday 9:30 AM - 11:30 AM

Leader: Rene Carrasco

27ART055 Watercolour for Beginners (Term 1) **

A beginners course to learn how water, paper and paint can make magic!.

Required: a notepad of watercolour paper; red, yellow and ultramarine blue student quality paint; round watercolour brushes; jar for water, towel/reg.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 7 NCH

Dates: 3 Feb 2027 - 24 Mar 2027
Schedule: Weekly on Wednesday 12 noon - 1:15 PM

Leader: Carol Griffiths

27ART057 Watercolour 1

This is a painting group where, in a supportive and encouraging environment, watercolour painting is enjoyed and explored. Knowledge and skills are shared amongst members of the group.

Location: Studio 8 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 1:15 PM - 3:15 PM

Leader: Athalie Edis

27ART060 Watercolour 2

This is not a class for beginners. It is a self-help class with all members sharing their skills. Please bring your watercolour paints etc plus a container for water.

Location: Studio 7 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 1:00 PM - 3:00 PM

Leader: Mel Rashleigh

27ART063 Watercolour 3 **

This course aims to help beginners and more experienced watercolour painters create sparkling pictures using a range of painting techniques and picture making principles. Participants will be encouraged to express their own creativity and appreciate the techniques employed by established artists. Basic drawing ability is assumed. The materials listed below, or similar, are required for this class:

- Watercolour paper: A4, cold pressed, 300gsm
- Brushes: size 6 and 10 round, 4 rigger & 25mm flat
- Paints: (Art Spectrum) Ultramarine Blue, Cerulean Blue, Lemon Yellow, Raw Sienna-Light, Alizarin Crimson, Burnt Sienna-Natural

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 9 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:30 PM - 2:30 PM

Leader: Malcolm Buley

27ART066 Women in the Art World: A History

This class will look at women artists through history, their opportunities, influences, styles, techniques and struggle to be accepted. The depiction of women in art through history. Prehistoric art through to modern art.

Location: Studio 6 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 1:00 PM - 2:00 PM

Leader: Martin Roulston

ART AND PHOTOGRAPHY-SHORT COURSES

27ARTS03 Chinese Ink Brush Painting (Term 3)

Chinese Ink Brush Painting on Xuan Paper. If you have your own painters' paraphernalia bring them with you to the class. This must include - 1. 2 small dishes 3 to 4 inches diameter. 2. 2 small jars with screw top lid 3. Brushes 4. Black ink 5. Xuan Papers 6. Absorbent cloth 7. Newspaper or double A3 size blanket to protect the table. Or you can purchase from the class leader. This class runs for the first 5 weeks of Term 3 in 2027.

Location: Studio 5 NCH

Dates: 13 Jul 2027 - 10 Aug 2027
Schedule: Weekly on Tuesday 9:30 AM - 11:00 AM

Leader: Patrick Kan

27ARTS06 Chinese Ink Brush Painting (Term 4)

Chinese Ink Brush Painting on Xuan Paper. If you have your own painters' paraphernalia bring them with you to the class. This must include - 1. 2 small dishes 3 to 4 inches diameter. 2. 2 small jars with screw top lid 3. Brushes 4. Black ink 5. Xuan Papers 6. Absorbent cloth 7. Newspaper or double A3 size blanket to protect the table. Or you can purchase from the class leader. This class runs for 5 weeks of Term 4 (note that Nov 2 is a public holiday). This is a repeat of the Term 3 class.

Location: Studio 5 NCH

Dates: 5 Oct 2027 - 9 Nov 2027
Schedule: Weekly on Tuesday 9:30 AM - 11:00 AM

Leader: Patrick Kan

27ARTS09 Creativity - Photography (Term 2)

Creativity; using photography (Painting with Light). This class will challenge you to develop techniques to think outside the box. Photography has been chosen as the medium. The photography is not limited to camera and phones and is not a class on how to use a camera. The first lesson will be a talk about creativity and a general outline of how the class will operate. You will be asked to fill in a questionnaire on what you consider the ideas and qualities which make your photos look good or not. From the questionnaire we will develop a set of ideas for each person. Two rules for this class: First, you are there to enjoy yourself and the second rule is except for the first rule there are no rules. After completing the class, I hope you will look at the visual world with a new insight and see the possibilities of being creative. Each participant to produce one photo on their agreed creative attribute each week (say 12'x 8') which has challenged their creativity, then bring a hard copy to class to discuss their ideas. This class runs in Term 2 only in 2027.

Location: Studio 5 NCH

Dates: 12 Apr 2027 - 14 Jun 2027
Schedule: Weekly on Monday 10:45 AM - 12 noon

Leader: Paul Maguire

27ARTS11 Digital SLR Camera Class (Term 1)

The Complete Digital SLR Camera Class This concise class of 6 lessons is for those who wish to master their Digital SLR (or mirrorless) cameras in order to make great photographs, be it in landscape, portrait or action. You will learn to achieve perfect exposure, control perspective and depth of field. Theory and the best settings for your camera will be explained simply; and practical sessions abound in the classroom. You will also be shown how to optimise your images using free software.

Caveat: each lesson builds on the previous one. My advice: enrol only if you are able to attend all 6 sessions in this Term

Location: Studio 5 NCH

Dates: 5 Feb 2027 - 12 Mar 2027
Schedule: Weekly on Friday 9:15 AM - 11:15 AM

Leader: Moses Tan

27ARTS12 Digital SLR Camera Class (Term 2)

The Complete Digital SLR Camera Class This concise class of 6 lessons is for those who wish to master their Digital SLR (or mirrorless) cameras in order to make great photographs, be it in landscape, portrait or action. You will learn to achieve perfect exposure, control perspective and depth of field. Theory and the best settings for your camera will be explained simply; and practical sessions abound in the classroom. You will also be shown how to optimise your images using free software.

Caveat: each lesson builds on the previous one. My advice: enrol only if you are able to attend all 6 sessions in this Term.

Location: Studio 5 NCH

Dates: 16 Apr 2027 - 28 May 2027
Schedule: Weekly on Friday 9:15 AM - 11:15 AM

Leader: Moses Tan

27ARTS13 Digital SLR Camera Class (Term 3)

The Complete Digital SLR Camera Class This concise class of 6 lessons is for those who wish to master their Digital SLR (or mirrorless) cameras in order to make great photographs, be it in landscape, portrait or action. You will learn to achieve perfect exposure, control perspective and depth of field. Theory and the best settings for your camera will be explained simply; and practical sessions abound in the classroom. You will also be shown how to optimise your images using free software.

Caveat: each lesson builds on the previous one. My advice: enrol only if you are able to attend all 6 sessions in this Term.

Location: Studio 5 NCH

Dates: 16 Jul 2027 - 20 Aug 2027
Schedule: Weekly on Friday 9:15 AM - 11:15 AM

Leader: Moses Tan

27ARTS14 Digital SLR Camera Class (Term 4)

The Complete Digital SLR Camera Class This concise class of 6 lessons is for those who wish to master their Digital SLR (or mirrorless) cameras in order to make great photographs, be it in landscape, portrait or action. You will learn to achieve perfect exposure, control perspective and depth of field. Theory and the best settings for your camera will be explained simply; and practical sessions abound in the classroom. You will also be shown how to optimise your images using free software.

Caveat: each lesson builds on the previous one. My advice: enrol only if you are able to attend all 6 sessions in this Term.

Location: Studio 5 NCH

Dates: 8 Oct 2027 - 12 Nov 2027
Schedule: Weekly on Friday 9:15 AM - 11:15 AM

Leader: Moses Tan

27ARTS15 Photo Editing (Zoom) (Term 1)

Digital photography has given us a lot of scope to modify and perfect our photos. In these 6 weeks of Zoom classes, you will learn how to modify, enhance and bring out the best in most of your collection of photos. You will be pleasantly surprised to see what you will learn (with hands on) how to enrich your photos with just basic photo editing software. You will also be introduced and taught how to use more advanced level free photo editing software in the last 3 lessons.

Prerequisites: You must have a good Mouse and Keyboard skills

Location: Zoom

Dates: 2 Feb 2027 - 23 Mar 2027
Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Leader: Archie Kaan

27ARTS18 Photo Editing (Zoom) (Term 2)

Digital photography has given us a lot of scope to modify and perfect our photos. In these 6 weeks of Zoom classes, you will learn how to modify, enhance and bring out the best in most of your collection of photos. You will be pleasantly surprised to see what you will learn (with hands on) how to enrich your photos with just basic photo editing software. You will also be introduced and taught how to use more advanced level free photo editing software in the last 3 lessons.

Prerequisites: You must have a good Mouse and Keyboard skills

Location: Zoom

Dates: 13 Apr 2027 - 15 Jun 2027
Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Leader: Archie Kaan

27ARTS21 Photo Editing (Zoom) (Term 3)

Digital photography has given us a lot of scope to modify and perfect our photos. In these 6 weeks of Zoom classes, you will learn how to modify, enhance and bring out the best in most of your collection of photos. You will be pleasantly surprised to see what you will learn (with hands on) how to enrich your photos with just basic photo editing software. You will also be introduced and taught how to use more advanced level free photo editing software in the last 3 lessons.

Prerequisites: You must have a good Mouse and Keyboard skills

Location: Zoom

Dates: 13 Jul 2027 - 14 Sep 2027
Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Leader: Archie Kaan

27ARTS24 Photo Editing (Zoom) (Term 4)

Digital photography has given us a lot of scope to modify and perfect our photos. In these 6 weeks of Zoom classes, you will learn how to modify, enhance and bring out the best in most of your collection of photos. You will be pleasantly surprised to see what you will learn (with hands on) how to enrich your photos with just basic photo editing software. You will also be introduced and taught how to use more advanced level free photo editing software in the last 3 lessons.

Prerequisites: You must have a good Mouse and Keyboard skills

Location: Zoom

Dates: 5 Oct 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Leader: Archie Kaan

27ARTS27 Photo Editing Refresher (Zoom) (Term 1)

A gentle 2 week reminder course for members who attended the Photo Editing Course in the past. These Zoom Classes are intended for those who are interested in refreshing what they have learnt and/or interested in moving forward with their photo editing skill. Pre-Requisites: Members should have learnt and worked with photo editing software. Basic photo editing will not be taught in these sessions.

Location: Zoom

Dates: 2 Feb 2027 - 23 Mar 2027
Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Leader: Archie Kaan

COMPUTERS AND DIGITAL TECHNOLOGY

27COM001 Questions and Answers

In these sessions via Zoom, I will attempt to answer your computer questions on any topic you need help with. I would appreciate an email with your questions prior to the session as this will allow me to prepare and group related questions together. However, if time permits, I will answer questions on the spot. The online 'notice board' will continue to be used to advise the topics requested, so you can choose to attend or not. Class limits have been set high, so you can enrol even if you just want to attend one session. Suitable for everyone who goes online, whether by computer, tablet or smartphone. Zoom links will be sent to enrolled members prior to the start of the class. Class is cancelled one week per month due to Committee of Management meetings.

Location: Zoom

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 1:00 PM - 3:00 PM

Leader: Helen Smith

27COM103 Keep Safe Online (Term 1)

Going online can seem like a separate world, with "baddies" lurking around every corner. Learn the key ways to keep safe so you can enjoy the wonderful things on offer online. We'll talk about strong passwords and why you need them; two-factor authentication and why you need it; how to read a web address so you know when the baddies are misdirecting you; settings you should turn on and more. Suitable for everyone who connects online by computer, smartphone and/or tablet.

Location: Studio 4 NCH

Dates: 2 Feb 2027 - 9 Mar 2027
Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM

Leader: Helen Smith

27COM105 Travelling with a Smart Device (Term 1)

There are many “Apps” available for smartphones and tablets that can make your device a very useful, even indispensable, travel companion

In this short (3 week) course we will talk about travelling and briefly explore a range of Apps available for both Apple and Android devices that can help you:

- investigate travel options, plan an itinerary and make bookings.
- find and manage accommodation and transport
- navigate around unfamiliar places
- communicate (language need no longer be a barrier) and keep in touch with family and friends back home
- manage your money
- keep a record of your adventures – diary, photos and videos, etc.
- relax – (Music, movies, books and magazines, or your favourite game)

We can also learn a lot from one other, so there will be ample opportunity for participants to ask questions and share experiences and knowledge with one another

Location: Studio 5 NCH

Dates: 3 Feb 2027 - 17 Feb 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM

Leader: Wayne Henry

27COM107 Artificial Intelligence(AI) Term 1 Course A

AI – a buzz word, but what does it mean? In this course you get an introduction and overview about this technology. Starting with the history of AI you will learn some basic concepts and the terminology of this technology. We will use some examples how to use AI. Another topic will be the impact of Artificial Intelligence on society and future technological development in sciences and medicine. After this course you should have a good understanding about AI and be able to discuss the benefits and problems that this technology brings.

. *** Please note this course and Course B are the same, so you can only enrol in one of these two course.

Location: Studio 3 NCH

Dates: 4 Feb 2027 - 25 Feb 2027
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Leader: Volker Ankenbrand

27COM109 Artificial Intelligence(AI) Term 1 Course B

AI – a buzz word, but what does it mean? In this course you get an introduction and overview about this technology. Starting with the history of AI you will learn some basic concepts and the terminology of this technology. We will use some examples how to use AI. Another topic will be the impact of Artificial Intelligence on society and future technological development in sciences and medicine. After this course you should have a good understanding about AI and be able to discuss the benefits and problems that this technology brings.

. *** Please note this course and Course A are the same, so you can only enrol in one of these two course.

Location: Studio 3 NCH

Dates: 4 Mar 2027 - 25 Mar 2027
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Leader: Volker Ankenbrand

27COM111 Artificial Intelligence-beyond the hype (Term 1)

We all need to know more about AI. This course will introduce the topic covering: what is AI? Where and how is it being used today? Can I use it and what can it do for me? Where is AI leading us and what might the future look like? The ethics of AI: why none of us should ignore it. You do not need to bring devices to this course, but you may wish to take your own notes during each class.

Location: Studio 5 NCH

Dates: 3 Mar 2027 - 24 Mar 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM

Leader: Wayne Henry

27COM201 Artificial Intelligence-beyond the hype (Term 2)

We all need to know more about AI. This course will introduce the topic covering: what is AI? Where and how is it being used today? Can I use it and what can it do for me? Where is AI leading us and what might the future look like? The ethics of AI: why none of us should ignore it. You do not need to bring devices to this course, but you may wish to take your own notes during each class

Location: Studio 4 NCH

Dates: 13 Apr 2027 - 4 May 2027
Schedule: Weekly on Tuesday 2:15 PM - 3:45 PM

Leader: Wayne Henry

27COM202 Making a digital photo album (Term 2)

A photo album is a beautiful way to show off your photos to friends and family. It also makes a wonderful gift.

Find out how to use the popular program ‘Albumworks’, which is free to download and not difficult to understand. In 5 weeks, you will be guided step by step on how to arrange your photos and ways to personalize your album. Your finished album will be reasonably priced, on average about $70 for size 20cm x 20cm (40 pages) or about $90 for 30cm square (also 40 pages).

In this course you will be guided through making a practice album in class using your own photos and experimenting with ways to layout your photos and adding personal touches. We’ll think about who the photobook is for and choose the photos and layout to suit. We’ll explore using various backgrounds for the pages and designing a theme to make a professional-looking album.

PREREQUISITES

You will need to be confident with your computer, know how to make folders, to save your photos and how to open and close programs.

You will need to bring a laptop computer to class. (iPads and Android tablets are not suitable). Larger screens are better as the program has a lot of detail and you will want to see your page clearly. You should try to download the software before the first class. Go to the website “albumworks.com.au” and click the “Create Now” button

Location: Studio 5 NCH

Dates: 14 Apr 2027 - 12 May 2027
Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM

Leader: Meg Lowery

27COM203 Getting the most from your iPad (Term 2)

The iPad’s software release (iPadOS 27) in September 2026 changes how we use our iPads and has added many new features. We will cover the basics, showing how it can perform all the computing functions many of us need, including email, the iCloud, web searching, staying secure when on-line shopping and banking, file management and photo management,

A basic refresher and updating course. This is a hands-on course, so bring your fully-charged Apple iPads, and bring your Apple ID and its password. Please update your iPad software to the latest version it can accommodate. Not for Android devices

Location: Studio 3 NCH

Dates: 15 Apr 2027 - 20 May 2027
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Leader: Tony Widdows

27COM205 Make your iPhone work for you (Term 2)

Are you getting the most from your iPhone? In this class we will explore ways to make your iPhone do more for you in your day-to-day life. We will also ensure that we have the best security settings to keep us safe. Topics will be chosen to suit the interests of the group but are likely to include managing photos, listening to podcasts and a range of productivity apps, such as calendars.

Bring your fully charged iPhone (Apple devices only – not Android) and the password for your Apple account to each session. Please update your iPhone’s software to the latest version of iOS. If you don’t know how to do this, we will cover it in the first lesson. WIFI is available in the classroom. Members who enrol will get further detailed joining instructions prior to the first class

Location: Studio 4 NCH

Dates: 11 May 2027 - 15 Jun 2027
Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM

Leader: Helen Smith

27COM207 iPad Advanced (Term 2)

This four-week course builds on basic iPad courses. We cover connecting to a Windows PC and to your iPhone, using shortcuts (like programming your iPad), managing a filing system, managing our photos across devices and using your iPad with Microsoft and Google products. There will be time for sharing and trying approaches

This course is suitable for experienced iPad users who want to get more from their devices than is covered in the normal iPad courses. It will be assumed that class members have a good working knowledge of their iPad. We will be using iPadOS27 during this course. Please bring your fully charged iPad to class. WIFI is available, or you can use your phone's hotspot.

Location: Studio 3 NCH

Dates: 27 May 2027 - 17 Jun 2027
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Leader: Tony Widdows

27COM209 Travelling with a Smart Device (Term 2)

There are many "Apps" available for smartphones and tablets that can make your device a very useful, even indispensable, travel companion

In this short (3 week) course we will talk about travelling and briefly explore a range of Apps available for both Apple and Android devices that can help you:

- investigate travel options, plan an itinerary and make bookings.
- find and manage accommodation and transport
- navigate around unfamiliar places
- communicate (language need no longer be a barrier) and keep in touch with family and friends back home
- manage your money
- keep a record of your adventures – diary, photos and videos, etc.
- relax – (Music, movies, books and magazines, or your favourite game)

We can also learn a lot from one other, so there will be ample opportunity for participants to ask questions and share experiences and knowledge with one another

Location: Studio 5 NCH

Dates: 2 Jun 2027 - 16 Jun 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM

Leader: Wayne Henry

CRAFT

27CRA015 Card Making

You will have the opportunity to make greeting cards and other paper crafts (on occasion). Projects and ideas are shared by the class, with the leader demonstrating skills and new techniques. Attendees will need to provide their own resources, and card making equipment.

Location: Studio 9 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 11:15 AM - 1:00 PM

Leader: Leonie Scott

27CRA018 Crochet & Knitting Beginners (Terms 1&2)

This is a structured, skill-building class focused on the basic skills of these yarn crafts such as fibre characteristics, easy beginnings and endings, simple stitches and shaping, along with pattern and chart reading, and common abbreviations. Class projects may be set. Terms 1 & 2 only. It is important that you attend on a regular basis. Class materials: One-two balls of wool yarn, preferably Bendigo Woollen Mills Classic 8ply or Merino Totem in pale colours, 4mm & 4.5mm crochet hooks and knitting needles (circular needles are fine), ruler, tape measure, dental floss, emery board/nail file, blunt and sharp tapestry needles, row counter, scissors or snips, note taking materials, locking stitch markers, small cardboard labels for swatches, sturdy containers for these materials

Location: Studio 3 NCH

Dates: 1 Feb 2027 - 14 Jun 2027
Schedule: Weekly on Monday 9:15 AM - 11:00 AM

Leader: Alison Phillips

27CRA021 Crochet & Knitting Intermediate (Terms 3&4)

It is expected that participants in this structured, skill-building class have mastered the basics, including common abbreviations, pattern and chart reading. The course will cover various techniques to provide options in working and finishing items, working in the round, texture, colourwork and lace. Terms 3 & 4 only. It is important that you attend on a regular basis. Class Materials: At least two balls of wool yarn, preferably Bendigo Woollen Mills Classic 8ply or Merino Totem in different colours, a range of sizes of crochet hooks and knitting needles (including circular or double pointed needles), ruler, tape measure, dental floss, emery board/nail file, blunt & sharp tapestry needles, row counter, scissors or snips, note taking materials, locking stitch markers, small cardboard labels for swatches, sturdy containers for these materials.

Location: Studio 3 NCH

Dates: 12 Jul 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:15 AM - 11:00 AM

Leader: Alison Phillips

27CRA024 Crochet & Knitting Explorations

This is a class for experienced yarn workers (i.e . who have mastered a variety of techniques and are able to work independently from a pattern or chart) and who wish to explore further techniques, learn about various traditions, polish their skills, research areas of particular interest and share their knowledge and enthusiasm with others. Sessions may be devoted to individual or group presentations on topics such as particular stitches , construction methods, history, regional traditions and techniques, pattern modification, etc. Some class time will usually be available for members to work on their own projects . Members individually or as a group may respond to occasional special requests for items for animal rescue, charities, etc.

This Is NOT a class for beginners. All members are expected to be active participants. Materials: Notebook and writing materials, variety of hooks and needles, variety of yarns for swatching, standard kit.

Location: Meeting Room 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:45 AM - 1:30 PM

Leader: Alison Phillips **Co-Leader:** Kim Leslie

27CRA027 Knitting Advanced

This class is for more advanced knitters. Members are welcome to assist each other with advanced techniques of knitting. It is expected that participants are competent in basic skills and pattern reading. This is not a beginners class.

Location: Studio 8 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:15 AM - 11:00 AM

Leader: Vicki Price **Co-Leader:** Alison Phillips

27CRA039 Needlework **

Designed to inspire needleworkers at any level to enjoy a variety of needlework projects.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Meeting Room 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:45 AM - 1:45 PM

Leader: Leonie Clyne

27CRA042 Paper Clay (Air-dry clay) Modelling

As we approach 2027, our Paper Clay class will be reaching its 4th year. From the beginning where we made easy and cute models for interest or gifting. And now we are making much more complex models that are of high quality creative paper clay art. You will need to buy Paper clay(light and air dry), modelling tools and decoration materials in Spotlight, K-Mart, Daiso. We welcome all beginners and advanced to enjoy this creating and exciting class.

Location: Meeting Room 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 2:30 PM - 3:45 PM

Leader: Sophia Liu

27CRA045 Paper Craft Beginners (Terms 1&2) **

Learn to make simple, interesting paper craft models and Christmas ornaments. In early November, you will join members from the Advanced class to decorate the U3A Christmas tree with your Christmas masterpieces. Suitable for members with no experience. Projects covered in the past will be repeated. Preference will be given to members who have never joined a previous Paper Craft Class. After the first week of enrolment, returning members may be accepted. Leader requests that well fitted masks be worn during class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Meeting Room 2 NCH

Dates: 3 Feb 2027 - 16 Jun 2027
Schedule: Weekly on Wednesday 9:30 AM - 11:00 AM

Leader: Kitty Wong

27CRA048 Paper Craft Advanced (Terms 3&4) **

Learn to make more challenging paper craft models and Christmas ornaments. In early November, you will join members from the beginners class to decorate the U3A Christmas tree with your Christmas masterpieces. Only suitable for experienced members. Leader requests well fitted masks to be worn during class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Meeting Room 2 NCH

Dates: 14 Jul 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:30 AM - 11:00 AM

Leader: Kitty Wong

27CRA051 Patchwork 1

This class has a focus on patchwork and applique. The class provides an opportunity for members to work on their own individual projects with support and guidance from all. Various techniques will be discussed each term, with class input, and students can choose to participate in a project based on the techniques discussed. Members new to patchwork and/or applique will be introduced to basic blocks and techniques.

Location: Meeting Room 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:30 AM - 11:30 AM

Leader: Meredith O'Bree **Co-Leader:** Leonie Clyne

27CRA054 Patchwork 2

A class for those who have some experience with patchwork. Individual projects at various skill levels using a variety of techniques. Class projects each term, suggested by class members. Both hand and /or machine piecing may be used.

Location: Meeting Room 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:30 AM - 11:30 AM

Leader: Meryl McEwen

27CRA057 Patchwork 3

The class leaders will set projects each term. There will also be the opportunity for discussion on projects you may be working on at home.

Location: Meeting Room 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:00 AM - 11:45 AM

Leader: Tina Whelan **Co-Leader:** Vicki Price

27CRA060 Sugar Craft **

Learn the art of making sugar flowers, simple figurines, basic icing and Chocolate techniques. The class will also include some cooking demonstrations undertaken by class members. This class is suitable for complete novices. Members who are interested should note this hobby requires an investment in tools and ongoing materials, which can be costly. We will make every effort to buy supplies in bulk to keep costs as low as possible.

Leader requests well fitted masks to be worn during class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Meeting Room 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 11:15 AM - 1:00 PM

Leader: Kitty Wong

CRAFT-SHORT COURSES

27CRAS03 Bonsai Workshop Term 1

This 3 week Bonsai Program will focus on two dimensions; creating or improving bonsai. You will be assisted with any bonsai you bring to class to develop or improve. You will be offered a variety of suitable plants, to purchase at a cost of $10 - $30, to create 2-3 bonsai with guidance and support. These bonsai will be potted by you. $25.00 to be paid to the leader to cover cost of soil, wire mesh, tools and fertilizer. *** Please arrive 10 minutes prior to class commencement to set up.

Dates for Term 1 are Feb 26, Mar 5, Mar 12.

Location: Studio 10 NCH

Dates: 26 Feb 2027 - 12 Mar 2027
Schedule: Weekly on Friday 12 noon - 2:45 PM

Leader: Victor Byrdy

27CRAS06 Bonsai Workshop Term 2

This 3 week Bonsai Program will focus on two dimensions; creating or improving bonsai. You will be assisted with any bonsai you bring to class to develop or improve. You will be offered a variety of suitable plants, to purchase at a cost of $10 - $30, to create 2-3 bonsai with guidance and support. These bonsai will be potted by you. $25.00 to be paid to the leader to cover cost of soil, wire mesh, tools and fertilizer. *** Please arrive 10 minutes prior to class commencement to set up.

Dates for Term 2 are May 7, 14 and 21.

Location: Studio 10 NCH

Dates: 7 May 2027 - 21 May 2027
Schedule: Weekly on Friday 12 noon - 2:45 PM

Leader: Victor Byrdy

27CRAS09 Bonsai Workshop Term 3

This 3 week Bonsai Program will focus on two dimensions; creating or improving bonsai. You will be assisted with any bonsai you bring to class to develop or improve. You will be offered a variety of suitable plants, to purchase at a cost of $10 - $30, to create 2-3 bonsai with guidance and support. These bonsai will be potted by you. $25.00 to be paid to the leader to cover cost of soil, wire mesh, tools and fertilizer. *** Please arrive 10 minutes prior to class commencement to set up.

Dates for Term 3 are Jul 30, Aug 6, Aug 13

Location: Studio 10 NCH

Dates: 30 Jul 2027 - 13 Aug 2027
Schedule: Weekly on Friday 12 noon - 2:45 PM

Leader: Victor Byrdy

27CRAS12 Bonsai Workshop Term 4

This 3 week Bonsai Program will focus on two dimensions; creating or improving bonsai. You will be assisted with any bonsai you bring to class to develop or improve. You will be offered a variety of suitable plants, to purchase at a cost of $10 - $30, to create 2-3 bonsai with guidance and support. These bonsai will be potted by you. $25.00 to be paid to the leader to cover cost of soil, wire mesh, tools and fertilizer. *** Please arrive 10 minutes prior to class commencement to set up.

Dates for Term 4 are Nov 5, 12 and 19.

Location: Studio 10 NCH

Dates: 5 Nov 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12 noon - 2:45 PM

Leader: Victor Byrdy

27CRAS15 Making Bags or Baskets from recycled plastic

This 3 week class will teach you how to make baskets or bags using recycled plastic wrappers instead of them going to land fill. You will be required to bring a pair of scissors, staples and size 10 stapler and cleaned used wrappers (e.g. chip bags, noodle or pasta wrappers, coffee sachets etc.). The leader can provide staples at cost and plenty of wrappers if needed.

Classes will be held on the 16th, 23rd and 30th April 2027. **** Please DO NOT enrol if you are unable to attend all three classes.

Location: Studio 10 NCH

Dates: 16 Apr 2027 - 30 Apr 2027
Schedule: Weekly on Friday 1:00 PM - 3:00 PM

Leader: Cindy Lam

DANCE

27DAN001 Ballroom Dancing Beginners

This is a beginners class for those wishing to experience the joy of ballroom dancing. Dances covered will be Modern, Latin and New Vogue. You must have suitable footwear to attend a ballroom dancing class. Rubber soled shoes and sport shoes are not suitable for dancing.

Location: Studio 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 2:00 PM - 3:30 PM

Leader: Paul Piggott

27DAN004 Ballroom Dancing 1

This is not a beginners class. Australian New Vogue sequence dances. Lessons and social dance. You must come with a dance partner (can be same sex) and they must also be a financial member of U3A Nunawading - singles not accepted. Participants must be able to dance some basic sequence dances. Rubber soled shoes and sport shoes are unsuitable for dancing.

Location: Studio 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 12:30 PM

Leader: Marco Ng **Co-Leader:** Grace Chung

27DAN007 Ballroom Dancing 2 (Sequence Dancing)

Come and experience the joy of dancing. Australian New Vogue and other ballroom sequence dances will be taught. Great for memory retention and flexibility. Rubber soled shoes and sport shoes are unsuitable for dancing.

Location: Studio 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 10:30 AM - 11:30 AM

Leader: Liza Ng **Co-Leader:** Paul Piggott

27DAN010 Ballroom Dancing 3 (Wed Evening Class) **

This is a sequence dance class for experienced dancers only. It is a duplicate class of Ballroom Dance 5 (Saturday nights). It is run by a group of leaders - Eddie Au, Hock Ng, Kai Jong, John Foong, Brian Shields and Beng Lee, who take turns to run the class.

You must arrange for and come with a dance partner who must also be a financial member of U3A Nunawading. There is no formal teaching - we learn from each other and from plenty of practice. To date we have covered most of the common dance figures. This class runs from 13th January to 15th December in 2027

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 13 Jan 2027 - 15 Dec 2027
Schedule: Weekly on Wednesday 7:45 PM - 9:45 PM

Leader: Beng Lee

27DAN013 Ballroom Dancing 4 -Practice Opportunity

This class offers an opportunity for ballroom dancers to practise their skills in the areas of Modern, New Vogue and Latin dancing. No teaching is provided, rather these sessions are designed to facilitate practice in what you are learning or have learnt. Participants must enrol with a partner. Appropriate footwear is essential; rubber soled shoes are unsuitable. To get the most benefit from these sessions, participants should already have a broad range of dances in their repertoire.

Location: Studio 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 11:00 AM - 12:30 PM

Leader: Oliver Lemmel **Co-Leader:** Jelena Jovanovic

27DAN016 Ballroom Dancing 5 (Saturday Evening Class) **

This is a sequence dance class for experienced dancers only. It is a duplicate class of Ballroom Dance 3 (Wednesday night). It is run by a group of co-leaders, viz. Eddie Au, Hock Ng, Kai Jong, John Foong, Brian Shields and Beng Lee, who take turns to run the class. You must arrange for and come with a dance partner. There is no formal teaching - we learn from each other and from plenty of practice. To date we have covered most of the common dance figures.

This class runs from 23rd January to the 11th December in 2027.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 23 Jan 2027 - 11 Dec 2027
Schedule: Weekly on Saturday 7:45 PM - 9:45 PM

Leader: Beng Lee

27DAN019 Belly Dancing Experienced

Explore the graceful and expressive art of bellydance while improving coordination, posture, flexibility and core strength. Some prior knowledge of bellydance will be an advantage, but beginners are also welcome to join, learn and enjoy the experience.

Location: Studio 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 3:15 PM - 4:15 PM

Leader: Paulina Chong

27DAN022 Chinese Dance 1

Consolidate and improve your Chinese classical and various ethnic dances which you have learned. Deepen your understanding of China's diverse culture and rich dance art. Soft soled shoes to be worn. This class will help improve your posture, flexibility and memory retention as well as deepen your understanding of Chinese culture. Soft soled shoes to be worn.

Due to the popularity of the Chinese Dance classes, you can only attend one Chinese Dance class

Location: Studio 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 2:00 PM - 3:00 PM

Leader: Ying Zhao **Co-Leader:** Agnes Wong

27DAN025 Chinese Dance 2 **

This year, the class will focus on Miao ethnic dance and will also introduce some basic Chinese classical dance. Soft-soled shoes are required. Please also note that members may attend only one Chinese dance class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:15 PM - 3:15 PM

Leader: Evelyn Tan **Co-Leader:** Aiqin Fan

27DAN031 Chinese Dance 3 **

You will learn the basic movements of Latin dance, tap dance and Chinese classical dance. The class will help improve your posture, flexibility and memory retention. Due to the popularity of the Chinese dance classes, you can only attend one Chinese Dance class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:00 PM - 2:00 PM

Leader: Ren Li **Co-Leader:** Evelyn Tan

27DAN034 Scottish, English & Welsh Country Dancing

Come and enjoy great music in a fun and friendly class. Suitable for all with a reasonable degree of fitness, this is a social dance, not the Highland Fling! Beginners are welcome from 1:15 to 2:15. Continuing or experience dancers from 1:15 to 3:15. Flat shoes should be worn.

Location: Scout Hall Tunstall Park 1 Mark Place Nunawading 3131

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:15 PM - 3:00 PM

Leader: Cecilia Johnson

DANCE Restricted

27DANR01 Dance Fitness Fun 1

Let's have fun and do an enjoyable workout to hits from the 60s, 70s, and music styles from around the world such as Latin and K-Pop. This is a low to medium impact workout that mixes dance moves and fitness variations. No prior dance experience is necessary as the class is designed for everyone. You just need a willingness to move to the music and have fun and bring along your smiles. Light clothing and soft soled shoes are to be worn. BYO water bottle and towel. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANR group.

Location: Stadium NCH

Dates: 8 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12 noon - 1:00 PM

Leader: Betsy Gumma

27DANR03 Dance Fitness Fun 2

Let's have fun and do an enjoyable workout to hits from the 60s, 70s, and music styles from around the world such as Latin and K-Pop. This is a low to medium impact workout that mixes dance moves and fitness variations. No prior dance experience is necessary as the class is designed for everyone. You just need a willingness to move to the music and have fun and bring along your smiles. Light clothing and soft soled shoes are to be worn. BYO water bottle and towel. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANR group.

Location: Stadium NCH

Dates: 8 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 1:15 PM - 2:15 PM

Leader: Betsy Gumma

27DANR05 Zumba 1

This is a fun and enjoyable workout class to get your body moving and invigorate your energy levels, making you feel empowered. It is based on Latin and International dance rhythms which integrates easy-to-learn routines designed to enliven your senses and improve your cardio fitness. Blend it with toning your body by using light weights (optional) with modified Zumba moves. BYO drink bottle, towel and light weights (0.5 kg to 1 kg each). Soft soled shoes are to be worn. Closed toe shoes are recommended. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANR group.

Location: Stadium NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 12:15 PM - 1:15 PM

Leader: Paulina Chong **Co-Leader:** Lauren Diep

27DANR07 Zumba 2

Zumba is a fun and enjoyable workout class to get your body moving and invigorate your energy levels. It is a Latin-inspired workout class, incorporating dance/fitness routines to Latin and international rhythms. With its easy-to-follow routines, no dance experience is necessary as Zumba is designed for everyone. Just relax and move your body to the music, have fun and bring your smiles. Light comfortable clothing and soft soled shoes are to be worn BYO water bottle and face towel. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANR group.

Location: Stadium NCH

Dates: 9 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:30 PM - 2:30 PM

Leader: Betsy Gumma

27DANR09 Zumba Gold - Chair

Chair Zumba is a Latin-inspired dance fitness workout done while seated, combining fun, easy-to-follow movements with lively Latin and international rhythms. It's designed to be enjoyable, accessible, and suitable for everyone - no dance experience needed! Move your body to the music at your own pace, build confidence, and enjoy a supportive, uplifting environment filled with smiles and positive energy.

Benefits : * Improves mobility and flexibility * Supports balance and coordination * Boosts mood and energy levels * Encourages social connection * Low-impact and gentle on joints * Suitable for all abilities and fitness levels

Note: Wear comfortable clothing and shoes. Bring drink bottle. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANR group.

Location: Scout Hall Tunstall Park 1 Mark Place Nunawading 3131

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 12:30 PM - 1:30 PM

Leader: Jennifer Kaw

DANCE: LINE DANCING - Restricted

27DANLR1 Line Dancing for Silverliners **

This is not a raw Beginners class. Members must have some knowledge of Line dancing foundational steps and be committed to diligent regular self practice. New dances will be taught throughout the year. Soft soled shoes must be worn for your safety. No sandals or bare feet allowed. The class will run from 2:30 to 3:30pm. 3:30 to 4:00pm is reserved for training.

This is a RESTRICTED class and you may only enrol in one class from the DANLR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 2:30 PM - 4:00 PM

Leader: Eric Lin **Co-Leader:** Lyrene Lin

27DANLR2 Line Dancing with Alan **

Line dancing is always a fun and non-stressful way to get everyone onto the dance floor. It's easy to learn and follow through and doing it with other people makes it even more enjoyable. Members will practice with various styles of line dance like Rumba, Cha Cha, Waltz, Tango, Jive etc. Tags and restarts will start to feature with more complex moves. You will need good balance to attend this class. You need to have completed at least one year of a Beginners class. It is designed to help participants further improve their skills. Soft soled shoes must be worn for your safety.

This is a RESTRICTED class and you may only enrol in one class from the DANLR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Stadium NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:45 PM - 3:45 PM

Leader: Alan Tiet

27DANLR4 Line Dancing Improvers

This Line Dancing class is not suitable for Beginners. Students must already be competent at the beginners level and are looking for more challenges in Line Dancing. Practice at home is expected. Ideally, dancers should be able to dance to the beat of different speeds and genres of music, and remember dance routines. Soft soled shoes to be worn. Note this is a RESTRICTED class and you may only enrol in one class from the DANLR group. .

Location: Studio 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 4:00 PM - 5:15 PM

Leader: Ewah Lee

27DANLR5 Line Dancing Improver to Intermediate **

This is a mixed class pitched at the improver level line dancer with dances taught ranging from beginner to intermediate level. It is suitable for mid-level dancers who appreciate the challenge of more complex dances and the fun of simple routines. Dances are based on ballroom genres which have line dance versions for social settings. If you already have experience in line dancing, then this is the class for you. A background in other dance styles can be helpful in learning new dances. Newcomers who feel they have the flair and taste for learning dance routines to a wide range of music are also welcome to give it a go. Suitable footwear which allows movement and soft soles should be worn. Definitely no sandals, high heels, open toe shoes or slippers. Closed toe shoes are best.

Note this is a RESTRICTED class and you may only enrol in one class from the DANLR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:30 AM - 10:45 AM

Leader: Marie Pietersz

27DANLR7 Line Dancing Experienced **

Dancing is a unique form of exercise because it provides heart-healthy benefits as well as training us how to maintain our balance while moving to the beat. Forget the old fashioned country image, as Line dancing these days teaches dances to different types of music. You will need good balance to attend this class. Soft soled shoes to be worn. To attend this class, you must have at least 3 years Line Dancing experience. You are expected to memorise longer dances and be able to turn frequently, knowing the basic terms of Line dancing. Tags and restarts will start to feature with more complex moves. There are a wide variety of dances to be introduced at this level, therefore this class is for the experienced Line Dancer only. Proper Dancing shoes are required.

Note this is a RESTRICTED class and you may only enrol in one class from the DANLR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 1:45 PM - 3:45 PM

Leader: Lan Tiet **Co-Leader:** Alan Tiet

27DANLR8 Line Dancing Experienced Plus **

This class is for members who have completed a beginners class for a year with a solid understanding of basic steps and rhythm, good spatial awareness and experience with different line dancing movements. Members must be prepared to learn new dances and committed to diligent practice throughout the duration of the class. Soft soled shoes must be worn for your safety.

Note this is a RESTRICTED class and you may only enrol in one class from the DANLR group.

** Note: All members enrolling in this class will initially be placed on a waitlist. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 1:00 PM - 2:00 PM

Leader: Eric Lin **Co-Leader:** Lyrene Lin

DANCE: ROCK N ROLL - Restricted

27DANRR1 Rock 'n' Roll Beginners/Plus

Whether you are a complete beginner or looking to refresh/refine your skills, these lessons are perfect for you. Master the fundamentals of Rock 'n' Roll in an enjoyable and interactive atmosphere. Gain confidence to dance at your next social function. No partners required. Soft soled shoes to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANRR group.

Location: Studio 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:00 PM - 2:00 PM

Leader: Frank Ciurleo **Co-Leader:** Brigitte Ciurleo

27DANRR3 Rock 'n' Roll Intermediate 1 **

This is a class for those members who have attended the Intermediate 1 class in 2026 or have been identified as having the skills to move into an intermediate class. If you have attended Rock 'n' Roll classes at other organisations, please send an email detailing your experience to the Course Administrator who will advise us.

Soft soled shoes to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANRR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:45 AM - 12:45 PM

Leader: Skip Lam **Co-Leader:** Cindy Lam

27DANRR5 Rock 'n' Roll Intermediate 2 **

This class is for members who have attended the intermediate 2 class in 2026 or have been identified as having the skills to move into this class. If you have attended Rock 'n' Roll classes at other organisations, please send an email detailing your experience to the Course Administrator who will advise us.

Soft soled shoes to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the DANRR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:15 PM - 3:15 PM

Leader: Skip Lam **Co-Leader:** Cindy Lam

EXERCISE BALANCE, LEGS STRENGTH-Restricted

27EXEBR1 Balance Exercise 1 **

This exercise class focuses on maintaining and improving balance. We will do leg strength and vestibular exercises as well as some postures that challenge the standing balance. There will also be a small segment on pelvic floor exercise. Soft soled shoes to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEBR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 11:45 AM - 12:45 PM

Leader: Suu Chee

27EXEBR3 Balance Exercise 2 **

This exercise class focuses on maintaining and improving balance. We will do leg strength and vestibular exercises as well as some postures that challenge the standing balance. There will also be a small segment on pelvic floor exercise. Soft soled shoes to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEBR group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:30 PM - 2:30 PM

Leader: Suu Chee

27EXEBR5 Legs Strength Training

Over 60, ailments like Knees and Hip Arthritis, Osteoporosis, Sciatica, Sarcopenia, Varicose veins, Parkinsons Disease, Dementia, Diabetes, High Blood Pressure, Cardiovascular issues etc, come up gradually, seriously affecting our life, independence and mobility. Many of these issue can be controlled or delayed through stretches, strength training and exercises. For example, we do squats for leg strength, sit ups for core muscle strength, one leg stand neuroplasticity balance training for fall prevention, on-mat stretches for posture improvement, arthritis relief exercises, HIIT Tabata cardiovascular training etc - all to maintain our ageing life quality.

It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional. Soft soled shoes to be worn.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEBR group.

Location: Studio 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 11:30 AM - 12:30 PM

Leader: Siu Hoi So **Co-Leader:** Tammy Lam

EXERCISE GENERAL FITNESS

27EXEF07 Chair Based Exercise.

This is an exercise class that will help you lead a Healthy, happy life. The class includes warm-up, chair based exercise, stretching, cardio and balance, strength training and relaxation. There is no mat work involved. All exercises are set to music at a pace suitable for you. Even if you have not exercised for some time, you will be surprised how much you can do. Soft soled shoes to be worn. Drink bottle to be brought to class regardless of the weather.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Studio 9 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:00 AM - 11:00 AM

Leader: Elsa Du

27EXEF13 Tabata for Men

Join with like minded men to maintain or improve on general fitness. This class includes cardio, resistance and strength training. You will need to provide an exercise mat, drink bottle, hand weights and theraband. A small cushion or pad to support the head when laying on the exercise mat may be required to keep the head in the correct postural position. It is essential you have the ability to get safely down on and up from the floor. Soft soled shoes to be worn.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Stadium NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 11:45 AM

Leader: Wayne Henry **Co-Leader:** Graeme Durrant

EXERCISE GENERAL FITNESS Restricted

27EXEFR1 Gentle Exercise

The class includes warm-up, stretching, cardio, balance, strength training and relaxation, with no mat work involved; all set to music at a pace suitable for you. Even if you have not exercised for some time, you will be surprised how much you can do!, You will require weights (dumbbells) and TheraBands (stretch bands); from time to time chi balls, and balance equipment will be provided. Soft soled shoes to be worn and a drink bottle should be brought to every class regardless of the weather. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEFR group.

Location: Studio 1 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:30 AM - 11:30 AM

Leader: Karen Postill

27EXEFR2 Happy Exercising-Moderate Level

This is a fun class to help you maintain a happy, healthy life. The class includes warm-up, stretching, cardio and balance. All exercises are set to music to help with movement. Soft soled shoes must be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEFR group.

Location: Studio 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:45 PM - 1:45 PM

Leader: Elsa Du

27EXEFR3 Moderate Active

This class is suitable for members who can participate in a variety of movements (all set to music) including the following: warm-up, stretching, strength training, balance work and cardio. There will also be 10 minutes of Pilates on a mat before relaxation. You will require weights (dumbbells), TheraBands (stretch bands) a mat and drink bottle (regardless of the weather!). Soft soled shoes are to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class if in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEFR group.

Location: Studio 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 10:00 AM - 11:00 AM

Leader: Karen Postill

27EXEFR5 Movin & Groovin to Music 1

This energetic exercise class offers interval training including Tabata, Balance and Weights plus fun dance based exercises to music. BYO Set of Weights (dumbbells), Stretch Bands, Mat and drink bottle. Mat work requires that you are able to get up and down from the floor. It is recommended that you attend on a regular basis to get the most out of your exercise. Soft soled shoes to be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEFR group.

Location: Studio 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:30 AM - 10:30 AM

Leader: Bev Baseden

27EXEFR7 Movin & Groovin to Music 2

This energetic exercise class offers interval training including Tabata, Balance and Weights plus fun dance based exercises to music. BYO Set of Weights (dumbbells), Stretch Bands, Mat and drink bottle. Mat work requires that you are able to get up and down from the floor. It is recommended that you attend on a regular basis to get the most out of your exercise. Soft soled shoes to be worn.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEFR group. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Studio 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 8:45 AM - 9:45 AM

Leader: Bronwyn Roberts

27EXEFR8 Happy Exercise - Intermediate Level

This is a fun class at an intermediate level to help you maintain a happy, healthy life. The class includes warm-up, stretching, cardio and balance. All exercises are set to music to help with movement. Soft soled shoes must be worn. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEFR group.

Location: Studio 1 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 10:15 AM - 11:15 AM

Leader: Elsa Du

EXERCISE MOVEMENT & MEDITATION

27EXEM03 Ba Gua QiGong

Ba Gua QiGong is an essential component of Ba Gua Zhang, a 200 year-old Chinese martial arts, designed for developing a strong and healthy body. It has a unique circle walking method, the usual QiGong movements, mindfulness exercise, and martial arts techniques. It is suitable for anyone who wants to do something different for keeping fit.

Location: Studio 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12:30 PM - 1:30 PM

Leader: Seng Goh

27EXEM04 Cantonese Opera Performance Movement **

Cantonese Opera is a traditional art form that uses music, singing, acting, acrobatic and martial arts to tell a story. This program covers the fundamental movements of the hands, legs and body needed for opera performance.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 3:30 PM - 5:30 PM

Leader: Lai Chee Lee **Co-Leader:** Angela Lee

27EXEM10 Feldenkrais: Functional Mobility

This class is based on the Feldenkrais Method - a form of neuromuscular re-education of our bodies. While this involves most aspects of our physical functioning, coordination and flexibility are the key benefits. The class engages both mind and body and at the same time teaches us how to use our bodies with the least amount of effort and maximum efficiency. Whilst the class is suitable for all age groups, seniors and those with compromised mobility, discomfort or pain are the ones most likely to derive most benefit. The classes will focus on daily tasks and functions. Participants need to be loosely dressed, for example a tracksuit, and bring either a blanket or mat to lie on. However not all classes will require a horizontal positions and some will be sitting in chairs or standing.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Studio 1 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:15 PM - 3:30 PM

Leader: Vlad Solowiej

27EXEM16 Pilates/Fitball

Pilates helps to strengthen the core whilst helping to develop long strong muscles, increasing flexibility and improving posture and balance. You will need to provide your own Fitball , mat and Theraband. Fitball is used at the first class of every month. No ball is required at the first session. You will need to be able to safely get up from the mat and down onto the mat .

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Studio 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 10:30 AM - 11:30 AM

Leader: Dianne Michael

27EXEM19 Meditation

This class will teach and guide you to totally relax and look after your health and fitness. We start with exercise and breathing and go into meditation. If time permits there will be discussion.

Location: Studio 6 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:45 AM - 12:15 PM

Leader: Carmen Bongailas

27EXEM23 Self Defence Practical Guide Beginners

This is a practical hands-on class where you will learn various techniques in self defence including pressure points, breaking out of holds, and various other techniques. You will also learn how to stand and move with good balance, coordination. Muscle strengthening in your thighs, your core and arms as well as improve your flexibility. No pre-requisites. Loose or flexible and comfortable clothing and soft shoes.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Studio 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:30 AM - 10:30 AM

Leader: Wendy Clark **Co-Leader:** Leo Pegoli

27EXEM25 Self Defence Advanced **

In this class we will continue to practice the self-defence techniques learnt in the intermediate and beginners class. Finer details and finishing techniques will be added. New techniques will be learnt to address other potential threatening situations. It will be assumed that attendees for the advanced class will carry out some warm ups prior to starting each class. For students that have demonstrated a sound grasp of the techniques learnt in the beginners and intermediate class or equivalent. Loose or flexible comfortable clothing and soft shoes. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 8:45 AM - 9:30 AM

Leader: Wendy Clark **Co-Leader:** Leo Pegoli

27EXEM34 Tai Chi 1A Balance & Coordination **

This class is suitable for those who have done a little bit of Tai Chi. The emphasis is on the basic Tai Chi movements, breathing and mindfulness techniques. You will learn how to improve your balance and relaxation, and regulate your "chi' through balance and coordination whilst maintaining and improving your health and fitness.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12:15 PM - 1:15 PM

Leader: Graz Kubic

27EXEM37 Tai Chi 2 Shibashi

A gentle and beautiful Oriental exercise.

Location: Studio 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:15 AM - 12:15 PM

Leader: Evelyn Bowman

27EXEM40 Tai Chi 3A Qigong

Qigong uses Tai Chi principles but does not involve learning a specific form. It involves the integration of physical movement, mental concentration, and regulated breathing to help build and direct the flow of Chi (Qi) life force around the body. This enhances health and wellbeing. We do several different sets of Qigong exercises including Shibashi, Lotus, 5 Elements and 8 Golden Brocade exercises. The class does not require previous experience and students can adapt for levels of physical ability. However, if in doubt, seek medical advice about participating

Location: Studio 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:30 AM - 10:15 AM

Leader: Stella Pak

27EXEM43 Tai Chi 3B Qigong

Qigong uses Tai Chi principles but does not involve learning a specific form. It involves the integration of physical movement, mental concentration, and regulated breathing to help build and direct the flow of Chi (Qi) life force around the body. This enhances health and wellbeing. We do several different sets of Qigong exercises including Shibashi, Lotus, Lohan and 8 Golden Brocade exercises. The class does not require previous experience and students can adapt for levels of physical ability. However, if in doubt, seek medical advice about participating

Location: Studio 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 10:30 AM - 11:15 AM

Leader: Maryella Braine

27EXEM44 Tai Chi Chair

Chair Tai Chi is a gentle form of Tai Chi performed while sitting on a chair. It is especially suitable for seniors including people who have difficulty standing for long periods or have balance problems.

It improves balance and coordination, keeps joints flexible, reduces stress and promotes relaxation, improves circulation, helps muscle strength, supports mental wellbeing...it’s also suitable for many fitness levels.

Location: Studio 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:15 AM - 10:15 AM

Leader: Jasmine Teen

27EXEM49 Tai Chi Sword & Fan (Terms 2,3 & 4) **

Yang style Tai chi sword and fan is a gentle and graceful form of Tai chi, that is easy to learn and practice. This style can be learned by all adults and can help with your balance, strength and memory. Come along to learn something new and enjoy an hour of fun. Comfortable clothes and sports shoes are essential, as well as bringing your own Tai chi fan and sword. Spaces for enrolment are to be limited due to the importance of keeping enough space between members during practice with the sword. This class runs in Terms 2,3 & 4 in 2027. You can only enrol in 1 Tai Chi Fan class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Stadium NCH

Dates: 13 Apr 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:45 PM - 3:45 PM

Leader: Cindy Din **Co-Leader:** Amy Ke

27EXEM52 Taiji Fan

Taiji Fan is a very beautiful practice that teaches connected movements with fine hand motions. You need to have strong body balance to attend this class. The fan forms are unique for adding elements of surprise with their brilliant displays of colour and loud popping noises made when the fan opens. During the exercise, movements are designed to align the body and keep it in rhythm with the mind and spirit, which is said to have benefits in physical health and stress as well as improving coordination.

You can only enrol in 1 Tai Chi Fan class.

Location: Studio 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:45 PM - 1:45 PM

Leader: Lan Tiet **Co-Leader:** Sokim Lau

27EXEM55 Walking Qigong **

Walking stimulates the Qi or vital energy in the body, just like Qiqong builds Qi (energy) and dissolves stress and builds up our cardio. Just 30 minutes a day can increase cardiovascular fitness, strengthen bones, reduce excess body fat and boost muscle power and endurance. This class includes 30 mins walking (for cardio) and 30 mins cool down with Qigong concentrating on tendons and muscles.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:45 PM - 3:45 PM

Leader: Jasmine Teen

27EXEM60 Yang 24 Form Tai Chi Beginners

This is a course for beginners of Tai Chi Simplified 24 form (Yang Style). We will focus on the fundamental movements of Tai Chi by introducing Tai Chi 24 form, with emphasis on posture, weight shifting, continuity, balance and breathing. Enjoy this moving meditation and deepen the understanding of Tai Chi

Location: Studio 1 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:15 AM - 10:15 AM

Leader: Dorothy Li

27EXEM61 Yang Family Taiji Quan Beginner

An introduction to the traditional 103 postures Long Form of the Yang Family School of Taiji Quan, as was taught by Yang Cheng Fu. Students will be instructed on Part 1 and Part 2 of the Long Form which consists of 54 postures, as well as the Eight Section Brocade and Lotus Qigong forms. Proficiency and health benefits will only be achieved through regular attendance and practice.

Location: Stadium NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12:45 PM - 1:45 PM

Leader: Frank Chai **Co-Leader:** Christina Chan

27EXEM64 Yang Family Taiji Quan Intermediate

This class is not for Beginners. Students must have completed the Beginner Level class or equivalent. Students will be instructed on Part 3 of the Long Form completing the 103 postures of the traditional Yang Family Long Form. Students can expect to further improve their form and proficiency as well as develop a greater understanding of the full benefits of Taiji. If there is time, a Yang Family Short Form may also be taught.

Location: Stadium NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:00 PM

Leader: Frank Chai **Co-Leader:** Christina Chan

27EXEM65 Yang Style 103 Practice class

This class is designed for students who have some experience with (or are enrolled in) the 103 postures of the traditional Yang Family Long Form (beginners or otherwise). Join us to refine our form and deepen our proficiency in a supportive, encouraging environment. Each session opens with warm-up exercises and concludes with The Lotus Qigong.

Location: Studio 1 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 8:45 AM - 10:00 AM

Leader: Josephine Chu **Co-Leader:** Cheng Tan

27EXEM67 Yang Family Taiji Quan Advanced **

This class is restricted to only those students who have completed the Intermediate Level class and have demonstrated an acceptable level of proficiency and commitment. To further improve and develop proficiency and skill, the Mirror Form of the Long Form will be practiced. To further understand and appreciate the martial aspects of Taiji Quan, the San Shou Dui Da (Two - Persons Sparring Form) will also be taught. (Please note that due to accommodation limits student numbers are strictly limited in this class)

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Studio 1 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12:30 PM - 2:00 PM

Leader: Frank Chai

27EXEM73 Laughter Yoga

Laughter Yoga suits any age. It combines Laughter with Yoga breathing while we exercise. In Laughter Yoga we laugh a lot, sometimes real laughter, sometimes forced laughter because your brain doesn't know if laughing is real or fake and still releases a 'happy hormone' when we practice Laughter Yoga. The various movements and stretching combined with laughter can relax stress, enhance immunity, improve mood, prevent physical decline, improve personal health and make people happy. This class is predominantly done whilst standing but can be undertaken from a seated position. Please wear comfortable clothes and flat shoes (such as runners). Bring water to drink during the class. A Yoga mat is NOT required.

Location: Studio 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:15 PM - 3:15 PM

Leader: June Cheung

27EXEM76 Moving, Breathing, Sensing with Yoga (Terms 2 and 3)

This class aims to develop deeper awareness of our body, our movement and our breathing. We will practise exploring and learning to 'listen' to our bodies. We will practise moving and breathing mindfully. We will learn to move our bodies and use props to support us. Each participant should bring an appropriate firm yoga mat and 2 medium-sized towels. Participants will be advised on the use of other props such as foam blocks and straps in class. Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

This class does not start until 15 April 2027 and will end 16 September 2027.

Location: Studio 2 NCH

Dates: 15 Apr 2027 - 16 Sep 2027
Schedule: Weekly on Thursday 5:30 PM - 6:30 PM

Leader: Gillian Teo

EXERCISE MOVEMENT & MEDITATION Restricted

27EXEMR1 Stretch & Strengthen

This gentle exercise class is designed for beginners. Set to soothing music, the class draws from both yoga and Pilates, with a key emphasis on gently stretching all parts of the body to increase flexibility. Also included are weight bearing poses which build strength and balancing exercises to improve balance. A short relaxation is held at the end of the class. Bring your own yoga mat. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEMR group.

Location: Stadium NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:00 AM - 10:00 AM

Leader: Liz Bednall **Co-Leader:** Bronwyn Roberts

27EXEMR2 Floor Yoga

This small class is designed for people who love yoga (beginner - advanced) but have difficulty getting up and down off the floor. The yoga class will be fully conducted on the floor and will combine relaxation, breath work and yoga poses. Also included will be some Pilates moves, designed to strengthen the core. The benefits will include stretching muscles and tendons, strengthening bones and very gently twisting the spine to bring greater mobility and flexibility, together with inducing a sense of well being and calm. Participants will need to bring along a yoga mat. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEMR group.

Location: Studio 6 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:00 AM - 9:45 AM

Leader: Liz Bednall **Co-Leader:** Bronwyn Roberts

27EXEMR3 Yoga and Relaxation

This Yoga class focuses on developing body awareness and exploring how the breath connects movement with the nervous system. We move mindfully through sequence of poses designed to support flexibility, strength, and balance. Each class concludes with 15 minutes of guided relaxation, incorporating visualization and conscious breathing. Bring a thick Yoga mat and a cushion. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional. Note this is a RESTRICTED class and you may only enrol in one class from the EXEMR group.

Annie will lead the class in Term 1 2027, Carola hopes to return for Term 2

Location: Studio 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:15 AM - 10:15 AM

Leader: Annie Yang

27EXEMR5 Yoga Beginners

This beginners class introduces fundamental principles of alignment, and breath work. Members will be introduced to Yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on member understanding, safety, and stability within each pose. To get the most out of your Yoga session you need to be able to squat and rise from the floor comfortably. Bring a Yoga mat. It is each members own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEMR group.

Location: Stadium NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 2:30 PM - 3:45 PM

Leader: Lan Tiet **Co-Leader:** Sokim Lau

27EXEMR7 Yoga with Yvonne

This class is suitable for members with a moderate level of physical fitness. It's a combination of Flow Yoga poses accompanied by various options with an emphasis on techniques to achieve stretching, strengthening & toning the muscles and improve the flexibility and balance. To get the most out of your Yoga session you need to be able to squat and rise from the floor comfortably. BYO Yoga mat (not spongy mat), Yoga blocks and Yoga strap. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note this is a RESTRICTED class and you may only enrol in one class from the EXEMR group.

Location: Stadium NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:30 AM - 10:30 AM

Leader: Yvonne Woon

EXERCISE SPORT

27EXES03 Badminton

If you have any racquet skills, play tennis, squash or badminton, come along to a fun class. All standards welcome. You will need sports attire including white soled sports shoes. The class is designed for members to have fun and improve fitness. Must bring your own racquet. $2 per week to cover cost of shuttles. Leaders: Jean Tomlinson, Graham Haynes, George Wilson. Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt members should consult their health professional.

Location: Stadium NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12:30 PM - 3:00 PM

Leader: Jean Tomlinson **Co-Leader:** Graham Haynes

27EXES06 Golf: Men's group

Experienced players only. Come along and enjoy an early morning social game. Meet at Pro Shop. Green fees are $23.00 for Seniors for nine holes. Bookings need to be made so each player must confirm attendance by email with the Leader. Contact details will be provided when you are accepted into the class. Venue: Morack Golf Course cnr Morack and East Roads Vermont South

Location: Morack Golf Course

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 7:00 AM - 12 noon

Leader: George Thomson **Co-Leader:** Robert Summers

27EXES09 Lawn Bowls-Introduction Term 1

Lawn Bowls is the royal and ancient game of skill and fellowship. This class is an entry level program for both the novice and the lapsed bowler. Accredited coaches will introduce students to the basics of the game. Each session will include theory and hands-on practice on the following topics:

1. Terminology, rules and etiquette

2. The bio-mechanics of delivering a bowl

3. Tactical considerations

4. Formats of play - Singles, Pairs, Triples and Pennant.

The Club will provide all requisite equipment. Participants are required to wear flat-soled footwear (runners / trainers) or go barefoot.

>>> NOTE <<< Students are entitled to participate free of charge for only a single U3A term per year. For those wishing to further pursue the sport the Club offers Membership with full access and playing rights. Refer the Club website : https://blackburnnorth.bowls.com.au . Location : Blackburn North Bowling Club 93 Springfield Road directly opposite Blackburn High School (use Heppner Street to access parking and venue entry)

Location: Blackburn North Bowls 93 Springfield Road Blackburn North

Dates: 3 Feb 2027 - 24 Mar 2027
Schedule: Weekly on Wednesday 1:00 PM - 3:00 PM

Leader: John Blasetti

27EXES12 Lawn Bowls-Introduction Term 2

Lawn Bowls is the royal and ancient game of skill and fellowship. This class is an entry level program for both the novice and the lapsed bowler. Accredited coaches will introduce students to the basics of the game. Each session will include theory and hands-on practice on the following topics:

1. Terminology, rules and etiquette

2. The bio-mechanics of delivering a bowl

3. Tactical considerations

4. Formats of play - Singles, Pairs, Triples and Pennant.

The Club will provide all requisite equipment. Participants are required to wear flat-soled footwear (runners / trainers) or go barefoot.

>>> NOTE <<< Students are entitled to participate free of charge for only a single U3A term per year. For those wishing to further pursue the sport the Club offers Membership with full access and playing rights. Refer the Club website : https://blackburnnorth.bowls.com.au . Location : Blackburn North Bowling Club 93 Springfield Road directly opposite Blackburn High School (use Heppner Street to access parking and venue entry)

Location: Blackburn North Bowls 93 Springfield Road Blackburn North

Dates: 15 Apr 2027 - 17 Jun 2027
Schedule: Weekly on Thursday 1:00 PM - 3:00 PM

Leader: John Blasetti

27EXES15 Lawn Bowls-Introduction Term 3

Lawn Bowls is the royal and ancient game of skill and fellowship. This class is an entry level program for both the novice and the lapsed bowler. Accredited coaches will introduce students to the basics of the game. Each session will include theory and hands-on practice on the following topics:

1. Terminology, rules and etiquette

2. The bio-mechanics of delivering a bowl

3. Tactical considerations

4. Formats of play - Singles, Pairs, Triples and Pennant.

The Club will provide all requisite equipment. Participants are required to wear flat-soled footwear (runners / trainers) or go barefoot.

>>> NOTE <<< Students are entitled to participate free of charge for only a single U3A term per year. For those wishing to further pursue the sport the Club offers Membership with full access and playing rights. Refer the Club website : https://blackburnnorth.bowls.com.au . Location : Blackburn North Bowling Club 93 Springfield Road directly opposite Blackburn High School (use Heppner Street to access parking and venue entry)

Location: Blackburn North Bowls 93 Springfield Road Blackburn North

Dates: 15 Jul 2027 - 16 Sep 2027
Schedule: Weekly on Thursday 1:00 PM - 3:00 PM

Leader: John Blasetti

27EXES18 Lawn Bowls-Introduction Term 4

Lawn Bowls is the royal and ancient game of skill and fellowship. This class is an entry level program for both the novice and the lapsed bowler. Accredited coaches will introduce students to the basics of the game. Each session will include theory and hands-on practice on the following topics:

1. Terminology, rules and etiquette

2. The bio-mechanics of delivering a bowl

3. Tactical considerations

4. Formats of play - Singles, Pairs, Triples and Pennant.

The Club will provide all requisite equipment. Participants are required to wear flat-soled footwear (runners / trainers) or go barefoot.

>>> NOTE <<< Students are entitled to participate free of charge for only a single U3A term per year. For those wishing to further pursue the sport the Club offers Membership with full access and playing rights. Refer the Club website : https://blackburnnorth.bowls.com.au . Location : Blackburn North Bowling Club 93 Springfield Road directly opposite Blackburn High School (use Heppner Street to access parking and venue entry)

Location: Blackburn North Bowls 93 Springfield Road Blackburn North

Dates: 6 Oct 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:00 PM - 3:00 PM

Leader: John Blasetti

27EXES20 Pickleball - Beginners/Experienced

Experience, Exercise and Enjoy Pickleball - an exciting, fast-growing sport - with friendly members. This class introduces beginners to Pickleball as a fun and healthy activity. while also supporting experienced players who want to stay fit, active and involved in the game. During each two-hour session, players will take part in several games across different skill levels. Paddles and Balls will be provided.

A non-refundable fee of $100 is payable by each member per year in two $50 instalments payable in February and July, to cover the cost of hiring the courts. Beginners can attend the first two weeks as a trial before paying. If you proceed you will be issued with a separate invoice and this must be paid before continuing with the class.

It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt members should consult their health professional.

Location: Sportlink Vermont South 2 Hanover Rd VERMONT SOUTH 3133

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:30 AM - 11:30 AM

Leader: Jeremy Wee **Co-Leader:** Peter Bow

27EXES21 Pickleball - Intermediate **

This class is specifically for players with a solid foundation in pickleball. To ensure all participants can fully engage, players must have reached the required skill level. Each playing session runs for 2 hours. Within this time, players participate in multiple games. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt members should consult their health professional.

A non-refundable fee (of $100 in total) is payable by each member in two $50 instalments, payable in February and July, to cover the cost of hiring the courts. You will be issued with a separate invoice for the first instalment in late January and will need to pay this invoice online or at U3A Reception before the first class.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Sportlink Vermont South 2 Hanover Rd VERMONT SOUTH 3133

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:30 AM - 11:30 AM

Leader: Josephine Wee

27EXES24 Table Tennis

Very informal and friendly group that can cater for beginners to experts. This group will commence playing12 January, 2027 and usually runs through the school holidays, ending 7 December 2027. Cost per week $5.00 payable to the leader. Members should only enrol if they expect to attend most weeks, otherwise court hire costs may not be fully covered by attendees.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. As this may be a strenuous sport, the leader may ask a member to get a medical certificate if there are any health concerns. If in doubt, members should consult their health professional.

Venue: Kilsyth Sports Centre 115 Liverpool Rd, Kilsyth. It is important you know the distance you will need to travel to the venue before you enrol in this class.

Location: Kilsyth Sports Centre

Dates: 12 Jan 2027 - 7 Dec 2027
Schedule: Weekly on Tuesday 9:30 AM - 12 noon

Leader: Colin Smith **Co-Leader:** Peter Velcek

EXERCISE WALKING GROUPS

27EXEW01 Bird Watching

Learn the joys of bird watching in our local parks, with short walks in good company to develop our bird watching skills. Advice on binoculars and field guides will be provided if required. Various bird watching venues will be visited, within about 15km of U3A. The class will not meet on days of Total Fire Ban, and U3A Heat Policy applies.

The first class is at Banyule Flats Wetlands (Melways Ref 32F2). Meet at the southern end of Banyule Flats Reserve carpark, off Somerset Drive, Viewbank.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Venue Advised

Dates: 23 Feb 2027 - 23 Nov 2027
Schedule: Monthly, fourth Tuesday 9:00 AM - 11:30 AM

Leader: Rob Netherway

27EXEW03 Marvellous Melbourne Year 1 (Monthly) **

Marvellous Melbourne: Be a tourist in your own city on the second Wednesday of each Month. An opportunity for reasonably active people, with a sense of curiosity, to explore places of interest in and around Melbourne. At times, imagination will be required to look beyond what we see and hear today to seek out the hidden stories in the landscape. We will travel to places such as Naarm, Batmania and Bearbrass; to the haunts of Squizzy Taylor and the sleaze of Little Lon; to the wonder of Coles Book Arcade; to the extravagance of gold rich Melbourne.

Pre-Requisites: Most activities will involve negotiating some or all of the following: trains, trams, buses, escalators, steps and uneven ground. Participants must therefore be independently mobile. Full details of destination and other specific requirements will be provided before each walk. Some outings might require the payment of an admission ticket or the services of a guide. An introductory session will be held at U3A Nunawading at the beginning of 2027 before the outings begin.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Venue Advised

Dates: 10 Feb 2027 - 10 Nov 2027
Schedule: Monthly, second Wednesday 10:00 AM - 12 noon

Leader: Maria Ryan **Co-Leader:** Catherine Judd

27EXEW06 Marvellous Melbourne Year 2 (Monthly) **

Melbourne: Be a tourist in your own city on the third Wednesday of each month. These walks are for those who completed the first series of walks in 2026. New destinations will be available. An opportunity for reasonably active people, with a sense of curiosity, to explore places of interest in and around Melbourne. At times, imagination will be required to look beyond what we see and hear today to seek out the hidden stories in the landscape.

Pre-Requisites: Most activities will involve negotiating some or all of the following: trains, trams, buses, escalators, steps and uneven ground. Participants must therefore be independently mobile. Full details of destination and other specific requirements will be provided before each walk.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Venue Advised

Dates: 17 Feb 2027 - 17 Nov 2027
Schedule: Monthly, third Wednesday 10:00 AM - 12 noon

Leader: Maria Ryan **Co-Leader:** Catherine Judd

27EXEW12 Walking Weekly

Walking is a great way to help you get fit and active. The walks will be between 3 to 5 Kilometres walking at a fast pace. Walks commence at Eley Park Community Association. 87 Eley Road. Blackburn South. U3A Heat Policy Applies. Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Eley Park 87 Eley Road Blackburn South

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:30 AM - 10:30 AM

Leader: Sue Muir

27EXEW15 Walking - Bush (Monthly)

A preliminary walk is required. The leader will contact you by email or phone if a new member. He will organize the preliminary walk and let you know requirements. Walks are organized on a monthly basis, (generally the Fourth Monday of the month, but may vary due to public holidays). In the rare case of cancellation, members will be contacted. Please allow a full day for the walk. Venues will be emailed or phoned to you. U3A heat policy applies. Day walks usually about 12 km depending on terrain and in bush locations. Tracks may be steep, rocky or muddy. Public toilets or picnic tables for lunch are not generally available during the walk. You will receive a list of essential gear and will need stout walking boots/shoes and wet weather gear. We meet at 8:00 am to arrange car pooling. A good guide to fitness is the ability to walk up the Kokoda steps at Ferntree Gully.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Venue Advised

Dates: 22 Feb 2027 - 25 Oct 2027
Schedule: Monthly, fourth Monday 8:00 AM - 4:00 PM

Leader: Sean Riordan

27EXEW18 Walking - Nordic (Weekly)

Nordic walking is fitness using walking poles. U3A poles supplied first term. You must be able to walk 5km/Hour for two hours. Weather conditions may mean the class will be cancelled at the discretion of the Leader or the Course Administrator. You will be contacted if the class is cancelled. Leader will email participants each Term the program of walks. U3A Heat Policy Applies.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Venue Advised

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:30 AM - 11:00 AM

Leader: Susan Rafferty

27EXEW21 Walking - Short Day Walks (Monthly) Group 1

These monthly walks are in various locations, reached by public transport. The walks are held on the third Thursday of the month unless advised otherwise. Most walks are about 7km - 10km long, with a stop for lunch. The first monthly walk will be in February. Details of the Walks program, including transport, will be available from U3A Reception in the leaders folder from February 5. U3A Heat Policy Applies.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Venue Advised

Dates: 18 Feb 2027 - 18 Nov 2027
Schedule: Monthly, third Thursday 10:00 AM - 3:00 PM

Leader: Ann Janssen

27EXEW24 Walking - Short Day Walks (Monthly) Group 2

These monthly walks are in various locations, reached by public transport. The walks are held on the second Thursday of the month unless advised otherwise. Most walks are about 7km -10km long, with a stop for lunch. Details of the Walks program, including transport, will be available from U3A Reception. U3A Heat Policy Applies. The first monthly walk will be in February.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Venue Advised

Dates: 11 Feb 2027 - 11 Nov 2027
Schedule: Monthly, second Thursday 10:00 AM - 3:00 PM

Leader: Ann Janssen

27EXEW27 Walking Group 1 (Weekly)

Walking is one of the best weight-bearing exercises to keep you fit and healthy. Join this friendly group and explore new territories. Leader will email participants each Term with the program of walks. U3A Heat Policy Applies.

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location: Venue Advised

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:00 AM - 12 noon

Leader: Adrienne Jardine

27EXEW30 Walking Group 2 (Weekly) **

Walking is one of the best weight-bearing exercises to keep fit and healthy. In this group, we do varied walks of 6-8km, over about 2 hours, and usually within a 10-30 minutes drive from Nunawading. Optional coffee or lunch follows. Leader will email participants each Term with the program of walks, and a reminder with the parking map will be sent out each week. U3A Heat Policy Applies. It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note that during February, walks will start at 9.30am and may be shortened to beat the heat. Start time will revert to 10.00am from March.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Venue Advised

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:00 AM - 12 noon

Leader: Glenn Claiden **Co-Leader:** Amelia Heffernan

27EXEW33 Walking - All Weather Walkers (Weekly)

Walking is one of the best weight-bearing exercises to keep fit and healthy. In this group, we do varied walks of 7-8km (or 4km per hour), over about 2 hours, and usually within a 10-30 minutes drive from Nunawading. Participants will need to consider that walks will not necessarily be always on flat ground. Walkers should use appropriate footwear which can be discussed during the first few walks. In warm weather walkers are encouraged to carry some water. A detailed list of venues/walks will be emailed to members, including parking suggestions. U3A Heat Policy Applies. Some walks will not have access to public toilets. **Participants must have wet weather gear and be prepared to walk even if rain is forecast.**

It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Note that during February and March, walkers will meet at 9:15 sharp for a 9:30 start and walks may be shortened to beat the heat. Start time will revert to 9:45 arrival for 10:00 am start from 1 April.

Location: Venue Advised

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:00 AM - 12 noon

Leader: Robert Vecci **Co-Leader:** Debbie Vecci

27EXEW36 Walking, Talking and Exploring (Monthly)

Walks will be held on the first Friday of the month unless it is a public holiday or U3A Term break. Each walk will be different. Some walks will be close (within 20 mins), sometimes you will need to drive further but car pooling will be organised. You need to be able to walk-up to 10 km at a moderate pace on flattish ground. We will stop and have breaks. You will need to have good walking shoes or boots, a sun hat, and a small backpack. Normally you will need to BYO lunch and something to drink. Sometimes we will stop to have tea or coffee at a Cafe. You need to have a mobile phone and an email address. You will also need a topped-up Myki Public Transport card. Most of all you need to be flexible and friendly. U3A Heat Policy applies,

Note: It is each member's own responsibility to ensure they have an appropriate level of health and fitness before attending this class. If in doubt, members should consult their health professional.

Location**:** Venue Advised

Dates: 5 Feb 2027 - 5 Nov 2027
Schedule: Monthly, first Friday 10:00 AM - 3:00 PM

Leader: Robert Vecci

FINANCE AND INVESTMENT

27FIN007 Share Trading Discussion Group 1 (Zoom)

A discussion group via Zoom for those who have a knowledge of investing and share trading. It will be based on Incredible Charts. This is not a class advising you what to do with your money but purely a discussion group. Amongst other items, discussion may be centred around weekly financial events.

Location**:** Zoom

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:00 AM - 11:00 AM

Leader: Archie Kaan

27FIN009 Share & Investment Discussion Group 2

A forum to discuss ideas, questions and information on share trading, other forms of investment and household expenses. It is suitable for unsophisticated investors. Please note this is purely a discussion group and no financial advice will be given.

Location: Studio 4 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 2:30 PM - 3:30 PM

Leader: Michael Barker

27FIN010 Share Trading & Investing Group 3 **

A discussion group for those thinking about getting started in investing and share trading. This is not a class advising you what to do with your money but purely a discussion group. Amongst other items, discussion may be centred around weekly financial events. There will be some discussion on the basics in the first sessions to get everybody up to speed and to be able to participate in the group.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location: Meeting Room 4 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:15 PM - 3:45 PM

Leader: Werner Ebert

27FIN013 Share Trading & Investing Group 4 **

This discussion group is for U3A members with previous experience in share trading and/or investing who are prepared to actively contribute by sharing their knowledge and experience. The group focuses on the Australian share market. As it is a discussion forum rather than a teaching class, it is not suitable for beginners. Views and opinions expressed during discussions are those of individual participants and do not constitute professional financial advice. Members are responsible for their investment decisions.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 4 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:30 PM - 4:00 PM

Leader: Sue Ebert **Co-Leader:** Ken Briscoe

27FIN014 Share Trading Discussion Group 5 **

A discussion group for those who have some knowledge of investing and share trading. This is not a class advising you what to do with your money but purely an informal discussion group. Amongst other items, discussion may be centred around weekly financial events.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:00 AM - 10:30 AM

Leader: Graz Kubic **Co-Leader:** Thye Ng

27FIN018 Economics Discussion Group

A discussion based session addressing the issues of the day from an economic perspective.

Location**:** Studio 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:15 PM - 2:30 PM

Leader: Andrew Gee

27FIN020 Trend Investing using Charting

By investing we mean buying stocks with an established technical upward trend in price action and holding then as long as possible before breaking set rules for selling. Tradingview is the world’s most popular charting platform. Establishing a weekly strategy will be the crux of the lesson and in real life you would be deciding on your purchases and sales at the weekend, ready for Monday action. Rules based strategy to limit fear of buying and selling.

Requirements: A laptop is a must, with Tradingview installed. You can start with a free version until you are sure of continuing. No knowledge of Tradingview required, you need to be ready to learn it in addition to what you learn in the class.

Location**:** Studio 5 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 2:30 PM - 4:00 PM

Leader: Colin Carter

GAMES

27GAM003 Card Game Hand & Foot

If you enjoy playing Hand & Foot or want to learn how to play this card game, you are welcome to join this group. Some knowledge of cards is necessary. If you have played Canasta you will soon pick up Hand & Foot.

Location**:** Meeting Room 4 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 11:15 AM - 2:15 PM

Leader: Betty Boucher

27GAM006 Chess

All levels are welcome from beginners to advanced players. Come and enjoy a friendly challenge.

Location**:** Studio 9 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:30 PM - 3:30 PM

Leader: Alan Gray **Co-Leader:** Charlie Charlton, Phillip Schmidt

27GAM009 Chinese Chess Beginners

Come have some fun learning Chinese chess (Xiangqi). Learn to recognise the different pieces and rules of the game. How each of them move and capture the opponent's pieces. We will also be teaching basic attack strategies and having fun solving chess puzzles. If you already know how to play, you are more than welcome to play and improve your game.

Location**:** Meeting Room 3 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 1:00 PM - 2:30 PM

Leader: Yit Parn

27GAM015 Contract Bridge Beginners

This class will prepare students to participate in the unsupervised class on Monday afternoon and will concentrate initially on the bidding protocols using STANDARD AMERICAN. Abbreviated notes will be distributed to all students. Exposure to 500 or a similar card game will be an advantage but is not essential. The fun starts with discussion on the play of the cards as part of game play. This is a place to learn how to play bridge in a safe and encouraging environment.

Location**:** Meeting Room 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 11:35 AM - 12:25 PM

Leader: Michael Coates **Co-Leader:** Dave Tucker

27GAM018 Contract Bridge **

This class is for people who already know how to play Bridge and would like to join a friendly group to improve their Bridge skills and have some fun. This is not a training class for beginners. We play the American Standard convention.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:30 PM - 4:00 PM

Leader: Nicky Donahoo **Co-Leader:** Gilbert Foster

27GAM027 Fishing for Fun

This class will cover fish species, where to fish, when to fish, tackle to use, rigs, knots, fishing freshwater, fishing saltwater - rocks, piers, beach, bait and learn to think like a fish.

Location**:** Studio 3 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:45 PM - 2:15 PM

Leader: Ian Leslie **Co-Leader:** Werner Ebert, Andrew Yu

27GAM030 Mah Jong Eastern

Leaders Herbert and Stella Yim and Doris and George Chan. This is a tile based game, developed in China and now popular throughout the World. Enjoy the class in a relaxed social atmosphere. Beginners welcome.

Location**:** Studio 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 12 noon - 2:00 PM

Leader: Herbert Yim **Co-Leader:** Stella Yim

27GAM033 Mah Jong Western

This is a fascinating ancient Chinese game played with small decorated tiles. Come and enjoy a sociable and pleasant session. Beginners welcome.

Location**:** Meeting Room 2 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:30 AM - 11:30 AM

Leader: Val Lynch

27GAM036 Scrabble

Recent Canadian research has shown that playing Scrabble may lower the risk of mental illness, make you happy, reduce blood pressure, improve the immune system, and improve memory. This is a relaxed and very friendly group. Please join us and have fun.

Location**:** Meeting Room 2 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:00 PM - 3:45 PM

Leader: Lyn Arnold **Co-Leader:** Dot Browne OAM

HISTORY

27HIS001 Ancient Egyptian History

This class will take us from the pyramids to the golden treasures of Tutankhamun to Cleopatra and the end of Pharaonic Egypt. Pyramids, mummies, mystery and mayhem - Ancient Egypt had it all. Discover the marvels of this ancient, vibrant and fascinating civilisation.

Location**:** Meeting Room 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12 noon - 1:00 PM

Leader: Joan Kelleher

27HIS004 Australian History 1

This class will explore various aspects of the history of Australia with a focus this year on the beginning of settlement of Australia. Social, cultural, economic and political aspects will be explored. The experiences and perspectives of the ordinary person, as well as the key players, will be included. A range of historical interpretations and perspectives will be examined. This class runs the second and fourth Fridays of the month.

Location**:** Meeting Room 4 NCH

Dates: 12 Feb 2027 - 12 Nov 2027
Schedule: Monthly, second, fourth Friday 1:00 PM - 2:30 PM

Leader: Maria Ryan

27HIS007 Australian History 2

This class will explore various aspects of the history of Australia with a focus this year on beginnings of settlement of Australia. Social, cultural, economic and political aspects will be explored. The experiences and perspectives of the ordinary person, as well as the key players, will be included. A range of historical interpretations and perspectives will be examined. This class runs the second and fourth Fridays of the month.

Location**:** Studio 6 NCH

Dates: 12 Feb 2027 - 12 Nov 2027
Schedule: Monthly, second, fourth Friday 9:15 AM - 10:45 AM

Leader: Maria Ryan

27HIS013 British History

Using a range of visual and documentary material, this class will take you on a journey through the reigns of the Tudors and Stuarts and beyond. In addition, we will look at life in and the history of different regions in Britain. Moreover, we will study the art, literature and politics of each of the five nations, which make up the British Isles.

Location**:** Meeting Room 4 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12:30 PM - 2:00 PM

Leader: Ivan Glynn

27HIS016 European History

This class will discuss various topics of European History.

Location**:** Meeting Room 4 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:15 AM - 12:15 PM

Leader: Tony Walther

27HIS019 Family History Genealogy Beginners

This class is for the Beginner Genealogists / Family historians. Help and guidance is given

Location**:** Meeting Room 5 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 2:00 PM - 4:00 PM

Leader: Ingrid Nelson

27HIS022 Family History Genealogy Experienced

This class is for the Experienced Genealogists. All topics covered, including DNA, Convicts and World Wide Genealogy.

Location**:** Meeting Room 5 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 11:30 AM - 1:30 PM

Leader: Ingrid Nelson

27HIS025 Film and History

This class will involve the viewing of a range of films about a variety of issues, many of which (but by no means all) are set in the past. After viewing each film, there will be time available for discussion. Background material related to most of the films will be presented.

Location**:** Meeting Room 5 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:45 PM - 4:00 PM

Leader: Ivan Glynn

27HIS028 History of Tea (Terms 1 & 2)

This class is for those who have an interest and appreciation of tea and the various varieties, styles, regions, property and stockpiles etc. There will be a selection of black, white, oolong, green, yellow and dark flower teas from local and overseas for the members of the class to taste. There will be a small cost payable to the leader to cover the supply of the teas. You are welcome to bring your own tea pot. The leader is a native speaker from China and she will be accompanied by an English speaker who can interpret when necessary.

Note this class only runs in Terms 1&2 in 2027

Location**:** Studio 5 NCH

Dates: 2 Feb 2027 - 15 Jun 2027
Schedule: Weekly on Tuesday 9:30 AM - 11:00 AM

Leader: Jane Jialing Xu

27HIS031 History & Philosophy of Science - An Introduction (Term 1)

The sciences have a profound effect on our lives. Computers, cars, vaccines, energy sources to name a few. And some of the discoveries are mind boggling, like those in astronomy, quantum physics and microbiology. In this course we'll explore the history of some key developments. We'll also ask some philosophical questions - how do scientists do research by building theory and collecting data, how often are they wrong? What are some key approaches in medicine and astronomy? Along the way we'll explore some fascinating issues, such as how religion and science fit together and the often forgotten roles of female scientists. There will be plenty of opportunity to discuss and raise further questions.

This class will run in Term 1 in 2027.

27HIS032, running in Terms 2 and 3, will provide further material.

Location**:** Studio 4 NCH

Dates: 3 Feb 2027 - 24 Mar 2027
Schedule: Weekly on Wednesday 9:00 AM - 10:30 AM

Leader: David Bednall

27HIS032 History & Philosophy of Science - Continued (Terms 2 and 3)

This course is suitable for people who did this course in 2026 or the Introductory Course (27HIS031) in 2027. However everyone is welcome. In philosophy, we will study the nature of theory, feminist philosophies of science, empiricism and Gödel's Incompleteness theorem. Historical scientists to be studied include Aristotle and Plato, Newton, Einstein, Rachel Carson, da Vinci and Chien-Shiung Wu. In the history of physics we will look at the nature of time, plate tectonics, dark matter and dark energy, the discovery and development of electricity and the science involved in nuclear weapons. In medicine, we will cover the history of research into cancer, sleep and vaccines. Discussion will put these issues in a social and moral context. No mathematical knowledge is assumed. Rather the course is about the history of scientists and their ideas.

This Class will run in Terms 2 and 3 in 2027.

Location**:** Studio 4 NCH

Dates: 14 Apr 2027 - 15 Sep 2027
Schedule: Weekly on Wednesday 9:00 AM - 10:30 AM

Leader: David Bednall

27HIS034 Military History

This class will cover topics from early classical times to present day. It includes weaponry, strategy, tactics, the reasons for battles, campaigns and wars on land, sea and air. Class members are encouraged to take an active role in presenting topics.

Location**:** Meeting Room 4 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:15 AM - 11:00 AM

Leader: Gilbert Foster

27HIS037 Movies through the Decades

Throughout the year we will view and discuss a broad range of films from different genres and eras as well as those involved in bringing them to the screen. Class members are encouraged to suggest films for viewing. Join us for this Friday morning 'Movies with Friends'.

Location**:** Meeting Room 5 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:00 AM - 11:15 AM

Leader: Mervyn Seeney **Co-Leader:** Linda Briscoe

27HIS040 Revolutions

This course will look at Revolutions that changed the world and reverberate into the present day. The Russian, Chinese and Cuban Revolutions will be studied

Location**:** Studio 6 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:15 PM - 2:15 PM

Leader: Eileen Hosking

27HIS043 The Origins of Mankind

This course will study the evolution of man, and some of our closest but now extinct relatives before moving on to the Stone Age. The manufacture of tools and weapons, the domestication of plants and animals and early human settlement took place in this period. Later in the year the course will look at early villages, temples, trading routes and fascinating constructions such as hill forts, stone circles, passage tombs and more. No prior knowledge is required. Members are encouraged to participate in class discussion and to make presentations.

Location**:** Meeting Room 4 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:15 AM - 12:15 PM

Leader: Gilbert Foster

27HIS046 Exploring the Wonders and Mysteries of Our World

We will explore myths, legends, inventions, people, places and events across the world and across time. Basically anything that catches our imagination and raises questions for us. Class members are encouraged to make suggestions for discussion and to take an active role in presenting topics.

Location**:** Meeting Room 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 1:15 PM - 2:15 PM

Leader: Joan Kelleher

HUMANITIES

27HUM001 Current Affairs 1 **

Participate in a lively discussion and debate on topical issues in a friendly atmosphere.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 11:45 AM

Leader: Mike Turner **Co-Leader:** Angela Burkhart

27HUM004 Current Affairs 2

Participate in a lively discussion and debate on topical issues in a friendly atmosphere.

Location**:** Studio 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 11:45 AM - 12:45 PM

Leader: Andrew Lockwood **Co-Leader:** David Tydeman

27HUM007 Current Affairs 3

Participate in a lively discussion and debate on topical issues in a friendly and robust atmosphere.

Location**:** Meeting Room 4 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:30 AM - 10:45 AM

Leader: John Cattermole

27HUM010 Current Affairs 4

Participate in a lively discussion and debate on topical issues in a friendly atmosphere. A wide range of views and active participation encouraged.

Location**:** Meeting Room 4 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:00 PM - 2:00 PM

Leader: John Rogan

27HUM013 Current Affairs 5

Participate in a lively discussion and debate on topical issues in a friendly atmosphere.

Location**:** Studio 4 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:15 AM - 12:15 PM

Leader: Lindsay Glen

27HUM016 Empowerment

How much did you learn about how to have a great life on the inside? Most of us only learn about the things that are outside of us when the real education we need is about 'how do I make my mind work for me instead of against me?' Come and join me as we explore how you create your own reality, to know yourself better and to create an even more fulfilling life you cherish. This is an invitation to stop living life on the surface and start living life deep. Bring along a frame of mind based on curiosity, exploration and some fun.

Location**:** Studio 8 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:30 AM - 11:45 AM

Leader: Paulina Chong

27HUM019 Finding your Creative Writing Voice (Terms 1&2)

This class will introduce you to

- How to get started
- Feeling free to write
- Observations
- Finding ideas and brainstorming
- Building characters
- Beginnings and endings
- Making story composed and putting it all together.

This class is suited to competent English speakers with an interest in improving their creative writing skills, and will run in Terms 1 and 2 in 2027.

Suggested material to bring: A blank A4 scrapbook or blank art book to use as a journal, a keeper of ideas. Blue/black pen or dark grey lead, that is easy to read, lined paper or exercise book and a dictionary/thesaurus - this could be a phone app, or the book version.

Location**:** Studio 8 NCH

Dates: 3 Feb 2027 - 16 Jun 2027
Schedule: Weekly on Wednesday 1:45 PM - 3:15 PM

Leader: Merrilyn Velcek

27HUM020 Creative Writing: Your Life Stories as Inspiration

Writing is a legacy U3A members can leave their families. Many family stories never get told - and then it is too late.

Every week write up a short story anecdote from your life. Use writing craft structure guidance, and a deep in-tray of provided story prompts. Start with choosing favourite photos from your albums and make them come alive again with your own words. Use a laptop or handwriting in an exercise book.

Share your favourite story ideas, phrases or paragraphs at the end of each class. Or, keep them private, enjoying the companionship, quiet quarantined time and hearing ideas from others.

Location**:** Studio 5 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:00 PM - 3:30 PM

Leader: Ursula Kolecki

27HUM022 Keep Your Brain Active (Terms 1&2)

It is as important to maintain cognitive function as we age as it is to maintain our bodily health. It is necessary to have a variety of types of stimuli and not just the one eg crosswords. This we can achieve with the many types of logic puzzles available: the misuse of probabilities and statistics; optical illusions; magic tricks; any phenomena that makes us think outside the box, that gives us an Ah Ha moment. This class will make you think but it will not be stressful: it will be great fun. The class will run in Terms 1&2 in 2027

Location**:** Studio 7 NCH

Dates: 2 Feb 2027 - 15 Jun 2027
Schedule: Weekly on Tuesday 9:15 AM - 10:45 AM

Leader: Tom Edwards

27HUM025 Keep Your Brain Active (Terms 3&4)

It is as important to maintain cognitive function as we age as it is to maintain our bodily health. It is necessary to have a variety of types of stimuli and not just the one eg crosswords. This we can achieve with the many types of logic puzzles available: the misuse of probabilities and statistics; optical illusions; magic tricks; any phenomena that makes us think outside the box, that gives us an Ah Ha moment. This class will make you think but it will not be stressful: it will be great fun.

This class will run in Terms 3&4 in 2027 and is a repeat of the classes run in Terms 1&2.

Location**:** Studio 7 NCH

Dates: 13 Jul 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:15 AM - 10:45 AM

Leader: Tom Edwards

27HUM028 Speakers Group

A unique opportunity to develop or enhance multiple personal skills in one fun and entertaining class. The potential for skill development in the following areas: Communication, presentation, listening and leadership. Skills needed everyday for building self-confidence, raising personal morale and enhancing the ability to participate in and enjoy social activities. Involves some speaking to the group in a non-threatening, positive environment.

Experienced speakers and learners are welcome. Participants must be able to communicate clearly in the English language.

Location**:** Meeting Room 4 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:15 AM - 10:30 AM

Leader: Tom Saunders **Co-Leader:** Pat Abrahams

27HUM031 Literature Appreciation

Using a selection of texts we discuss a wide range of works of fiction and non-fiction. Ideas and themes are examined, as well as ways in which writers use settings, characterization plot and imagery. We look at a book once a month, a short story, poetry or novella at the other meeting for the month. Members may offer to present a book and lead discussion. Members will need to source their own copy of chosen texts.

This class runs on the First and Third Friday of the month.

Location**:** Studio 3 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Monthly, first, third Friday 10:45 AM - 12:15 PM

Leader: Lorraine Spiteri

27HUM046 Pathways to Inner Self (Term 2)

This class will commence on 14 April 2027. The class seeks to investigate questions pertaining to life and identity by stopping, observing and steering us towards a positive attitude, harnessing the power of mind. True understanding is a process to know your powerful self. To know who you TRUELY are inside and how to respond rather than react to what is outside. This helps to us to understand Ones' self and cultivate Willpower. Guided by mind or intellect depending upon choices, it is power to create thoughts that empowers self.

Location**:** Meeting Room 3 NCH

Dates: 14 Apr 2027 - 16 Jun 2027
Schedule: Weekly on Wednesday 1:15 PM - 2:30 PM

Leader: Keerti Baxi

27HUM049 Philosophy Phor Phun Discussion

Philosophy can guide us in understanding this increasingly complex world. How does one live a good life? How can one be free? Do humans have free will? What does it mean to know something? How does one know what is true? What is real? Topics relevant to these and other important questions are discussed. Members are welcome to suggest topics they wish to discuss. Please check out the following blog for topics discussed: http://philosophyphorphun.blogspot.com/

Location**:** Meeting Room 5 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12:30 PM - 1:30 PM

Leader: Sam Au

27HUM052 Poetry for Pleasure

Read your favourite poets for pleasure. After reading the poetry aloud it will be discussed in terms of historical context, meaning and literary value. Also write and bring along some poems of your own. First, Third and Fifth Monday of the month (5th Mondays in 2027 are 31 May and 30 August).

Location**:** Studio 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Monthly, first, third, fifth Monday 2:15 PM - 3:45 PM

Leader: Colin Browne OAM

27HUM055 Poetry Writing

Based on a knowledge of how to read and appreciate published poetry through the ages, we explore the use of poetic forms and devices. With these skills, we develop the craft in writing our own poetry and constructively critique class work in a friendly atmosphere.

Location**:** Meeting Room 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 10:45 AM - 12:15 PM

Leader: Mary Edgar

27HUM057 Poetry as a Window into the World

Explore the world of contemporary poetry as a window into our personal and cultural lives. In this class we will investigate the personal, social, political and ethical roles of poetry today. We will work collaboratively and discuss modern poets' approaches to their craft, experiment with a range of writing exercises of our own and help each other develop our own poetry. We welcome those new to poetry and those with experience. We learn from each other.

Location**:** Meeting Room 3 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:30 AM - 11:00 AM

Leader: Fiona Haines **Co-Leader:** Helen Sorenson

27HUM058 Shakespeare for Pleasure

William Shakespeare is considered to be the greatest English language poet and dramatist of all time. His works explore universal truths about human nature, as relevant today as when they were written. This class is designed to enhance our enjoyment and understanding rather than the academic study of his works. Over the year we will view and discuss a range of productions including a number produced for the BBC.

This class runs First and Third weeks of the month. (There are no 5th Fridays in 2027)

Location**:** Meeting Room 4 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Monthly, first, third, fifth Friday 1:00 PM - 2:30 PM

Leader: Valerie Donlon **Co-Leader:** Barbara Gardiner

27HUM065 What Do We Owe the Dead? **

Every society runs on stories — about gods, nations, heroes, and enemies. What do we owe the dead, who first told them? This course traces how belief gets made, and what happens to it afterwards: kept, canonised, contested, or quietly buried?

We'll follow four great shifts in human communication. We begin with the spoken word through prophets, oral tradition, and the birth of the sacred story. We move to the printing press, and how it helped invent modern nations. We follow radio and film into the twentieth century's great propaganda machines, from fascism to decolonisation to Cold War rivalry. We end in our own algorithmic age, where influencers inherit the prophet's authority and museums argue over who owns the past. Along the way we'll revisit old questions with new eyes: Gilgamesh, Confucius, colonial Africa, Mao's China, and the myths, old and new that we're still living inside today.

Expect lively discussion, occasional expert guests, and no assumption that you already know the answers. Two sessions a month, drawing on history, politics, religion, and communication — a year-long conversation about the stories that shape us.

This class runs on the first and third Fridays of the month.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 6 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Monthly, first, third Friday 9:15 AM - 10:45 AM

Leader: June MacDonald

27HUM070 Wine Appreciation **

This class will suit those who have an interest in wine and wish to improve their general knowledge of varieties, styles and regions etc. There will be a selection of red, white, sparkling and dessert wines from local and overseas wineries and tastings at the end of each class. Average cost per week for participants is around $12 - $15 paid to the leader.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 6 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:30 PM - 4:00 PM

Leader: Philippe De Montignie **Co-Leader:** Craig Allamby

LANGUAGE-CHINESE

27LANC01 Introduction to Mandarin

This class is for students with little or no knowledge of the Mandarin Language. You will need to be prepared to be involved in interactive conversation. You will learn the basics of the Language in preparation for a text book class in 2027. No Text Book for this class, and no character writing. Students to bring, pencils, erasers and Sharpeners. No iPads, phones or any recording devices allowed to be used in the class.

Location**:** Meeting Room 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:30 AM - 10:30 AM

Leader: Sylvia Chuah

27LANC04 Chinese Level 2A

This Language class is a new approach to Learning Chinese. Students need to have some knowledge of Ping Ying. Text book: Intensive Spoken Chinese:

Location**:** Meeting Room 5 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12 noon - 1:15 PM

Leader: Jane Pearlgood

27LANC07 Chinese Level 2B

Continue your journey in learning Mandarin Chinese using Ni Hao Book 2. The class will build vocabulary, sentence patterns, reading, writing and conversational skills through practical exercises, conversation practice, songs, games and other enjoyable learning activities. It is essential that members have Ni Hao Book 2 for the course. Depending on the progress of the class, there may be an opportunity to begin Ni Hao Book 3 later in the year.

Prerequisite: Completion of Ni Hao Book 1.

Location**:** Studio 6 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 10:00 AM - 11:30 AM

Leader: Scarlett Cheng

27LANC10 Chinese Level 3A

Students should have a reasonable basic understanding of the Chinese language and have studied at least 2 years of the Language. There will be greater emphasis on character reading and oral presentation. Continuing Text Book: Ni Hao Book 3. Intermediate. Author: Shumang Fredlein and Paul Fredlein.

Location**:** Studio 8 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 10:15 AM - 11:30 AM

Leader: Jane Pearlgood

27LANC16 Chinese Level 4A **

A class for those who have studied at least four years of Chinese language classes with U3A and have completed textbook Ni Hao Book 3 and Pinyin spelling. Textbook for 2026 is Ni Hao book 4.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 4 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 11:15 AM - 12:45 PM

Leader: Liee Chen

27LANC19 Chinese Level 5

Members of this class should have at least Chinese Level 4 competency. Classical stories, poetry, traditional cultures, various Chinese culinary cuisines, with an introduction of China geography and tourist attractions will be covered. This will be a fun class with interactive subject matters.

Location**:** Studio 8 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12 noon - 1:00 PM

Leader: Joan Yang

27LANC22 Chinese Level 6

The Leader is from Taiwan where authentic Mandarin is spoken. This class aims to improve the Mandarin oral skills of the participants. Intending members should have an intermediate Chinese literacy level. Each week a subject is given in advance for subsequent in-class discussion or role play. Talking topics include daily activities, Chinese culture, history and philosophy.

Location**:** Studio 4 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 1:00 PM - 2:15 PM

Leader: Margaret Riseley

27LANC25 Chinese Level 7

This class is an advanced level class with focus on the Chinese characters, tradition and customs.

Location**:** Meeting Room 5 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 10:20 AM - 11:45 AM

Leader: Rongping Press

27LANC28 Chinese Conversation-General

This class is for the member who has a good knowledge of the Chinese Language and has learning to level 4 or above, and would like to practice speaking, listening and have conversation.

Location**:** Meeting Room 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12 noon - 1:00 PM

Leader: Echo Zhou

LANGUAGE-ENGLISH (AS ADDITIONAL LANGUAGE)

Note: You may only enrol in a maximum of two Classes in this Group

27LANE01 EAL ABC English & Chinese

This special English class is specifically designed for Chinese Seniors in Australia who face difficulties in learning English. It introduces some simple, practical and memorable learning methods, so that everyone can improve and learn to raise the standard together. Live a more convenient, healthy and happy life while learning English! Everyone is welcome.

Location**:** Meeting Room 5 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:00 AM - 10:10 AM

Leader: Rongping Press

27LANE04 EAL Beginners 2

This class is designed to develop basic English skills. It is desirable that you have at least some knowledge of spoken English. You will have opportunities to develop confidence with your conversation skills in a relaxed and friendly environment using simple sentences, asking questions and learning to keep a conversation going. Correct pronunciation will be encouraged, along with the reading of simple texts. New vocabulary, including Australian expressions and idioms will be introduced as well as learning some informal grammar.

Location**:** Studio 5 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 10:00 AM - 11:00 AM

Leader: Linda Hallowell

27LANE07 EAL Beginners 4

This class is designed to develop basic English skills. It is desirable that you have at least some knowledge of spoken English. You will have opportunities to develop confidence with your conversation skills in a relaxed and friendly environment using simple sentences, asking questions and learning to keep a conversation going. Correct pronunciation will be encouraged, along with the reading of simple texts. New vocabulary, including Australian expressions and idioms will be introduced as well as learning some informal grammar.

Location**:** Studio 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12:30 PM - 1:30 PM

Leader: Maree Odgers

27LANE10 EAL Beginners 5

This class is designed to build on basic English skills. It is desirable that you have at least some knowledge of spoken English. You will have opportunities to develop confidence with your conversation skills in a relaxed and friendly environment using simple sentences, asking questions and learning to keep a conversation going. Correct pronunciation will be encouraged, along with the reading of simple texts. New vocabulary, including Australian expressions and idioms will be introduced as well as learning some informal grammar.

Location**:** Meeting Room 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 12:45 PM - 1:45 PM

Leader: Chesa Cap

27LANE13 EAL Beginners 6 **

This class is designed to develop basic English skills and you need to have at least some knowledge of spoken English. The Leader can help with translation in Mandarin. You will have opportunities to develop confidence with your conversation skills in a relaxed and friendly environment using simple sentences, asking questions and learning to keep a conversation going. Correct pronunciation will be encouraged along with the reading of simple texts and new vocabulary, including Australian expressions and idioms. Priority will be given to existing students of 2026 class.

Text book: English for Everyone Practice Book Level 3 Intermediate is used in this class. Please ensure you have this textbook before the start of Term 1.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 4 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12:15 PM - 1:15 PM

Leader: Kim Brooks

27LANE14 EAL Beginners 7

This class is designed to develop basic English skills. It is desirable that you have at least some knowledge of spoken English. You will have opportunities to develop confidence with your conversation skills in a relaxed and friendly environment using simple sentences, asking questions and learning to keep a conversation going. Correct pronunciation will be encouraged, along with the reading of simple texts. New vocabulary, including Australian expressions and idioms will be introduced as well as learning some informal grammar.

Location**:** Meeting Room 3 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 10:30 AM - 11:30 AM

Leader: Judith Lim

27LANE16 EAL Beginners Plus

This class is for members who already speak English, and are seeking to improve their grammar, reading skills and conversation. You will have opportunities to develop confidence with your conversation skills in a relaxed and friendly environment using simple sentences, asking questions and learning to keep a conversation going. Correct pronunciation will be encouraged, along with the reading of simple texts. New vocabulary, including Australian expressions and idioms will be introduced as well as learning some informal grammar.

Location**:** Meeting Room 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:00 PM - 3:00 PM

Leader: Veronica Gee

27LANE19 - EAL Intermediate 2 **

This class offers you an opportunity to improve your pronunciation and increase your confidence when speaking English by discussing stories, local events, current affairs and Australian culture using more complex sentence structures. Some grammar will be included along with reading and new vocabulary. Classes are small, relaxed and friendly. You need to be able to speak English with some degree of fluency.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 12 noon

Leader: Anne Fortune

27LANE22 EAL Intermediate 3

This class offers you an opportunity to improve your pronunciation and increase your confidence when speaking English by discussing stories, local events, current affairs and Australian culture using more complex sentence structures. Some grammar will be included along with reading, new vocabulary and writing short texts. Classes are small, relaxed and friendly. You need to be able to speak English with some degree of fluency.

Location**:** Meeting Room 1 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:00 AM - 12 noon

Leader: Elizabeth Sloan

27LANE25 EAL Advanced 4 (Zoom) **

This class is for members who want to practise conversation and discussion. Vocabulary, pronunciation and confidence will be targeted. As well as weekly Zoom classes, there will be excursions arranged for face-to-face conversation as we explore places of interest. The focus will be on improving speaking and listening skills, with some reading aloud but no writing.** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Zoom

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 11:30 AM - 1:00 PM

Leader: Marg Junor

27LANE28 EAL Intermediate 5

This class offers you an opportunity to improve your pronunciation and increase your confidence when speaking English by discussing stories, local events, current affairs and Australian culture using more complex sentence structures. Some grammar will be included along with reading, new vocabulary and writing short texts. Classes are small, relaxed and friendly. You need to be able to speak English with some degree of fluency.

Location**:** Meeting Room 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 2:00 PM - 3:00 PM

Leader: Maree Odgers

27LANE31 EAL Intermediate 6

The aims of this small, friendly class are to increase your understanding of both spoken and written English and to develop your confidence when you want to communicate using English. Pronunciation, vocabulary, understanding of grammar and different sentence structures will be continually improved through discussion and conversation as well as short reading and writing tasks. Topics for discussions will depend on what happens during the year as well as the needs and interests of class members. (Some examples: travel, families, festivals, behaviour and language for formal occasions, the arts, sport, song lyrics, Australian humour, some history of Australia, comparing cultures, food!) You need to be able to speak and understand everyday English fairly well.

Location**:** Meeting Room 1 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:00 AM - 10:30 AM

Leader: Charlie McKavanagh

27LANE34 EAL Advanced 1 **

This class is suitable for students with a reasonable English vocabulary and is designed to give you confidence and an opportunity to increase your conversation skills. By discussing various topics and reading out aloud you will improve your grammar and pronunciation. Classes are small, relaxed and very supportive. Students must have English capable of conversation and writing skills.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 3 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:00 AM - 11:15 AM

Leader: Lola Lane

27LANE37 EAL Advanced 2 (Zoom)

This class is suitable for students with a reasonable English vocabulary and is designed to give you confidence and an opportunity to increase your conversation skills. By discussing various topics and reading out aloud you will improve your grammar and pronunciation. We discuss a range of topics ranging from current affairs, Australian culture, to questions about everyday living In Australia. Classes are small, relaxed and very supportive. Students must have English capable of conversation and writing skills.

Location**:** Zoom

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 3:30 PM - 5:00 PM

Leader: Margaret Barwell

27LANE40 EAL Advanced 3

This class is suitable for students with a reasonable English vocabulary and is designed to give you confidence and an opportunity to increase your conversation skills. By discussing various topics and reading out aloud, you will learn more about grammar and practice correct English pronunciation. We discuss a range of topics ranging from current affairs, Australian culture, to questions about everyday living in Australia. Classes are small, relaxed and very supportive. You must have English capable of conversation and some writing skill.

Location**:** Studio 5 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:30 AM - 10:45 AM

Leader: Marie Trembath

LANGUAGE-FRENCH

27LANF01 French Beginners

This class is for the very beginner in learning the French Language. Text book : BBC Talk French: The ideal course for absolute beginners; Isabelle Fournier - 3rd edition Text book available from Amazon, International Bookshop Kew, and most shops that sell International books. You will need to bring a French Dictionary, Notebook and Pen.

Location**:** Studio 3 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 2:30 PM - 3:30 PM

Leader: Thuan Nguyen

27LANF02 French Level 1

This class is designed for students who have some knowledge of French beyond the absolute beginner level.

It is ideal for students who have completed one year of Beginner French, as well as those who studied French for one or two years at school and would like to refresh and build on their existing knowledge.

Throughout the course, students will develop a solid foundation in the structure of the French language, expanding their vocabulary and learning essential grammar for everyday communication and travel. French culture is integrated throughout the course, providing valuable cultural context alongside language learning.

Textbook: “Colloquial French: The Complete Course for Beginners” by Valérie Demouy and Alan Moys.

Location**:** Studio 5 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 11:00 AM - 12:30 PM

Leader: Marianne Pollock

27LANF04 French Level 3A **

This is a lower intermediate level class for people who have studied French for several years. A basic knowledge of French grammar and verb tenses is required and communicating in French is encouraged. Aspects of grammar and French culture will continue to be involved. Text. Communication Progressive du Francais Niveau Debutant A1 Claire Miquel.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:00 PM - 2:15 PM

Leader: Ilsa Rose

27LANF07 French Level 3B **

This class is for those who have completed at least three years of French study. We will work through 'Colloquial French 2 The next step in Language Learning' by Elspeth Broady. In this class, you will refresh your knowledge of French and extend your skills of listening, reading, speaking and writing using vocabulary of everyday situations which you are likely to encounter in French speaking countries. You will need to prepare for each lesson at home and participate in all tasks in a supportive environment.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 4 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:30 AM - 11:00 AM

Leader: Brigitte Ciurleo

27LANF10 French Level 4A **

This is a self help group for students at an Intermediate level. Participants take turns to run the sessions. When leading a class you can choose the topic, bring your own resources for games or activities or simply work through a few pages of a text book. We are a small friendly group providing a supportive environment to practise your French language skills and participate in speaking, reading, writing and listening tasks.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:30 PM - 3:30 PM

Leader: Anne Freeman

27LANF13 French Level 5A **

A higher Intermediate level class for those who have studied French for at least four years. We will continue to use Focus Culture A2 B1 by Denis C. Meyer which aims to explore the fundamentals of French Culture through 80 iconic portraits set out in 6 different themes. Through these texts you will refresh and extend your knowledge of French grammar, vocabulary & culture. Preparation at home & participation in listening, reading, speaking & writing tasks in class are essential.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 4 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 10:45 AM - 12:15 PM

Leader: Brigitte Ciurleo

27LANF16 French Level 5B **

This class is at an intermediate/advanced level for people to enrich and deepen their French Language skills. We will discuss French grammar and its practical applications and focus on enrichment of vocabulary. Topics of general interest are also covered using a variety of sources. Text: Practice Makes Perfect; French Vocabulary, Elaine Kurbegov. 2nd edition.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 5 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:15 AM - 12:30 PM

Leader: Ilsa Rose

27LANF19 French Conversation

This French conversation class is designed for members who have a reasonable level of fluency and who want to improve their French conversation. A small amount of homework is required. No Textbook to purchase.

Location**:** Meeting Room 5 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 9:00 AM - 10:30 AM

Leader: Thuan Nguyen

27LANF22 French for Travellers

This Class is to help you feel confident to travel in France, and to provide a low key introduction to French language via humour and song. Requirements: Sense of humour, no prior French experience needed

Location**:** Studio 4 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:15 AM - 12:15 PM

Leader: Owen Crombie

LANGUAGE-GERMAN

27LANG01 German for Travellers L1 Beginners

This is a class for Beginners, with absolutely no knowledge of German being assumed. German is especially easy to learn for people who speak English. This is because both English and German belong to the same language group. Many of the most common English words have a German equivalent. Pronouncing German is especially easy from a written text. It always sounds as it is written and written as it sounds. Even if your grammar is less than perfect, the Germans will understand you and communication is what matters.

Location**:** Studio 5 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 11:30 AM - 12:30 PM

Leader: Dieter Markworth

27LANG04 German for Travellers L2/3 Intermediate and Advanced

This class follows on from the Beginners class and for 2027 combines Intermediate and Advanced classes. The vocabulary will continue to emphasise the common Germanic origins of both English and German that makes German an easy language to learn. There is opportunity to explore word structure and grammar. Texts will describe travel in various settings and concentrate on German vocabulary that is useful while travelling and exploring.

Location**:** Studio 5 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 1:00 PM - 2:15 PM

Leader: Dieter Markworth

LANGUAGE-ITALIAN

27LANI01 Italian Beginners 1 - Continuing **

This is a continuing class for beginners with limited experience in the Italian language. We will concentrate on the acquiring of language through weekly listening and comprehension, Italian grammar and basic word learning and pronunciation. Some weekly homework is required. Text: Collins easy learning. complete Italian. grammar + verbs + vocabulary. Vengo con te

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 3 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12 noon - 1:30 PM

Leader: Carl Di Giovine

27LANI03 Italian Beginners

Italian Beginners is a class where no previous Italian knowledge is required. The class introduces concepts around basic communication that includes;

1. Introductions (I am, I have)
2. What to ask for when communicating in Italian: Finding accommodation, Transport, Seeking directions to places of interest, Learning about gender in Italian language, Learning how to conjugate verbs.

Although the class is currently using, “Hugo-Italian 3 months”, it is not expected that you will become fluent in this time-period. The class introduces Italian principles through readings and conversation in a fun manner where everyone is welcome to participate.

Location**:** Studio 5 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 12:45 PM - 1:45 PM

Leader: Sam Salamone

27LANI07 Italian Level 3A - Intermediate class with a focus on conversation**

This is a continuing class for higher level beginners. Suitable for anyone with some knowledge of the Italian language. Text: Italian in 3 months by Milena Reynolds. ISBN: 978-0241537411.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 3 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 11:15 AM - 12:30 PM

Leader: Connie Bramble

27LANI10 Italian Level 2B (Zoom)

This is a level 2 class for those who have studied Italian for 2 years or more. This class will concentrate on basic grammar, beginning conversation and pronunciation, and simple reading methods. Homework is expected and will be sent out weekly via email. Text book: Italian made simple by Cristina Mazzoni

Pre-Requisites: You will need a working computer and a reliable internet connection.

Location**:** Zoom

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12 noon - 1:30 PM

Leader: Linda Froelich

27LANI13 Italian Level 3B (Zoom)

An intermediate weekly class for those who have studied Italian for at least three years. This class will concentrate on simple conversation practise, reading and pronunciation of an intermediate level, and simple grammar revision. Homework is expected and will be sent out weekly via email. Text Book: Italian Made Simple. Cristina Mazzoni.

Pre-Requisites: At least 3 years of Italian study and a working computer with reliable internet connection.

Location**:** Zoom

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:00 PM - 3:30 PM

Leader: Linda Froelich

27LANI16 Italian Level 4A

This class concentrates on extending your knowledge of Italian beyond the text books to practising real-time speaking, listening and comprehension, reading and translation. The aim is to converse in Italian like an Italian. Some homework will need to be undertaken.

Location**:** Studio 3 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:30 AM - 11:00 AM

Leader: Liliana Sagona

27LANI19 Italian Level 4B (Zoom)

An advanced weekly class for those who have studied Italian for at least four years. This class will concentrate on conversation practise, high level reading and complex grammar. You will need to be competent in Italian to keep up with the class structure. Homework is expected and will be sent out weekly via email. Text Book: TBA

Pre-Requisites: You will need a good working computer with reliable internet connection.

Location**:** Zoom

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12 noon - 1:30 PM

Leader: Linda Froelich

LANGUAGE-JAPANESE

27LANJ01 Japanese for Complete Beginners

This class is designed for students with no previous knowledge of Japanese. The course introduces students to useful and frequently used Japanese words, phrases and expressions for everyday situations. Students will also be introduced to reading and writing Hiragana, the basic Japanese phonetic script.

The main Text Book is: Japanese for Busy People Book 1. Revised 4th Edition (Romanized version).

Location**:** Studio 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:30 AM - 11:30 AM

Leader: Yvonne De Sousa

27LANJ02 Japanese Level 1

This class is for those who have completed two years of Japanese Basic Beginners 2 class. Text Book: Japanese for Busy People Book 1. 4th Edition. Not suitable for those who do not have any knowledge of the basics of the Japanese Language.

Students must be able to introduce themselves in Japanese, to use 'Useful daily Expressions' with fluency and to be familiar with basic grammar. (You should be able to read Hiragana.) Katakana is also being introduced.

Location**:** Studio 3 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:00 AM - 10:15 AM

Leader: Yvonne De Sousa

27LANJ04 Japanese Level 2A **

Third year of Japanese language study with U3A Nunawading. No text book required. The leader will provide material each week.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 8 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 9:30 AM - 10:30 AM

Leader: Toshie Burke

27LANJ06 Japanese Level 2C **

This is an on-going class developing Japanese language skills and cultural understandings. Students must be able to read and write short sentences using hiragana and katakana; and have an understanding of basic grammar.

We will continue to use the textbook, “Japanese From Zero! 2” by Geroge Tromley.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 2 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 11:15 AM - 12:15 PM

Leader: Meryl Teather

27LANJ07 Japanese Level 3A **

This class is a continuing class from 2026. It is an advanced beginners class for those who can talk about everyday events. You will Learn new sentence pattens. Materials will be sent to you by email.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 4 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 10:45 AM - 11:45 AM

Leader: Toshie Burke

27LANJ13 Japanese Level 3B **

This is an ongoing class. The students in this class must be able to read and write Hiragana and Katakana with fluency. A reasonable knowledge of grammar is also essential. Text Book: Japanese for busy People Book 2. Edition 4. A pre-intermediate level of reading, comprehension, listening, and conversing in Japanese are essential. It is not recommended for those without a reasonable level of competency in these skills.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 4 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 12:30 PM - 2:00 PM

Leader: Yvonne De Sousa **Co-Leader:** Megs Yokota

27LANJ16 Japanese Level 4 **

This is an Intermediate class for people who can talk about everyday events or specific topics.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 4 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:30 AM - 10:30 AM

Leader: Toshie Burke

27LANJ19 Japanese Level 6 **

This ongoing Japanese language class is designed for students who can read and write Hiragana and Katakana fluently and have a good foundation in conversational Japanese. The main focus is on developing everyday conversational skills, supported by listening and reading activities. Quizzes based on the material covered in class will be conducted each term to help students reinforce their learning. Students are expected to participate actively and make an effort to keep up with the pace of the lessons. This class will commence on 12 February 2027.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 2 NCH

Dates: 12 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:30 AM - 11:00 AM

Leader: Toshi Ishihara

27LANJ22 Japanese Language Conversation **

Ability to express yourself in everyday Japanese at an intermediate level.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 3 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 11:15 AM - 12:15 PM

Leader: Yvonne De Sousa

LANGUAGE-SPANISH

27LANS01 Spanish for Beginners

¡Empezamos! A class for absolute beginners with no prior knowledge of Spanish. A supportive, relaxed and fun environment with a focus on learning the language through immersing by using natural contexts, repetition and active use.

Location**:** Studio 8 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:15 AM - 12:45 PM

Leader: Nena Stojkovic

27LANS02 Spanish Level 2A **

Alli Vamos! This is an ongoing class for those who have completed Spanish beginners and beginners plus and/or anyone with foundations of Spanish. The linguistic immersion method is applied to create a natural, authentic environment for learning with the focus on functional communication. Faster Fluency and comprehension. Having fun is absolutely essential. Hasta Pronto!

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 8 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12 noon - 1:30 PM

Leader: Nena Stojkovic

27LANS04 Spanish Level 2B

For Students who have some knowledge of the Spanish Language. Textbook: 'Spanish Made Simple' by Eugene Jackson & Antonio Rubio. (Can be purchased online).

Location**:** Studio 5 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:30 AM - 1:00 PM

Leader: Elvira Cifaratti

27LANS10 Spanish Level 5 **

A class for those who wish to practise conversing in the Spanish Language.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Monthly, first, third Tuesday 10:45 AM - 11:45 AM

Leader: Pili Jenkin

27LANS13 Spanish conversation

Charlando con amigos Do you want to sharpen your Spanish conversation skills? Do you like chatting about different topics and exchanging ideas? How about doing both? In this class you will be using your Spanish skills to talk about a range of different subjects facilitated by the team leader. No text book required. Ability to present your ideas in Spanish essential.

As this is a conversation class, members can join throughout the year if space.

Location**:** Meeting Room 5 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 1:00 PM - 2:15 PM

Leader: Nena Stojkovic

MUSIC

27MUS001 Cantonese Opera **

Cantonese Opera, an art form inscribed onto the UNESCO list of Intangible Cultural Heritage of Humanity in 2009, is one of the main categories in Chinese Opera. It is a traditional art form with music, singing and acting. Join us to learn the skill of utilising Gong Chi score and singing techniques.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 4 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 9:30 AM - 11:15 AM

Leader: Yin Wong **Co-Leader:** Agnes Wong

27MUS004 Chinese String Instruments ErHu Group 1 **

This class is for members who attended the ERHU group 1 in 2026.Suitable for those with some music knowledge and experience playing ERHU. Share and enjoy the beauty of this traditional musical instrument. You will need to bring your own Er HU instrument.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 9 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 11:45 AM - 1:15 PM

Leader: Kum Fong Lee

27MUS007 Chinese String Instruments ErHu Group 2 **

This class is for members who attended ERHU Group 2 in 2026. Share and enjoy the beauty of this traditional musical instrument. You will need to bring your own Er Hu instrument.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 9 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:00 PM - 3:30 PM

Leader: Kum Fong Lee

27MUS010 Choir

The choir comes together to enjoy a repertoire of music from all eras. Popular, Folk, Musicals and Christmas themes. There is an opportunity for singing in harmony and unison. Pianist Loretto Perkins.

Location**:** Studio 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:45 AM - 12 noon

Leader: Maureen Milton OAM **Co-Leader:** Loretto Perkins

27MUS013 Joy of Singing

This class is designed for people who love singing and want to improve their singing skills. The singing class will include both theory and practical lessons. The songs are mainly English and Mandarin. The benefits will include breathing techniques, voice control, karaoke singing and song selection, presentation, delivery, and voice projection as a performer. Participants will need to bring along pen and notebook and a flash drive that contains songs that you may want to sing in class. Format should be MP4.

Location**:** Studio 7 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:30 PM - 3:00 PM

Leader: Raymond Wong

27MUS016 Exploring Music **

Explore the many by-ways of music; from the less- known works of the great masters to discovering fine works of less-well-known composers. As well as classical music we will also look at some lighter music. Emphasis will be on listening to music. Class discussion welcome.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 4 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12:30 PM - 2:30 PM

Leader: Kerry Sole

27MUS019 Guitar Beginners 1

This is a class for people who are absolute beginners to the guitar. You do not have to be able read music, just the desire to get some nice sounds out of your instrument. We will cover the basics from how to tune your guitar, playing chords, finger picking, as well as playing basic leads and solos. You will need to bring your own six string guitar. It can be classical (nylon string), acoustic (steel string), or electric. Please note if you are bringing an electric guitar, you will also need to provide your own small practice amp. If you have not purchased an instrument yet, please contact the Course Leader (masaike3109@gmail.com) to discuss before spending any money. This course is NOT suitable for people who can already tune their guitar, play a few chords and/or pick some notes.

Location**:** Studio 9 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 1:00 PM - 2:00 PM

Leader: Masa Ike

27MUS022 Guitar Beginners 2 (Modern Guitar) **

This class is for students who want to learn to play the guitar and read music and is suitable for beginners. Members can use acoustic or electric guitar (with pick only). The class will be teaching chords, not finger picking. Members need their own guitar, guitar tuner, music stand, and a foot rest. Music will be provided.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:30 PM - 3:30 PM

Leader: Luciano Tabacco

27MUS023 Guitar Beginners 3 (Classical Guitar)

This beginners course for Classical Guitar is aimed at the "total" guitar beginner and does not require a music theory background. You will learn basic Classical Techniques and simple melodies with the Leader and then each student will play the Technique and Melody live in the class, one by one.

The class covers

- Basic Music Reading & Notation, and Understanding Guitar Tablature Notation
- How to Tune your Guitar
- Basic Chords and Left-Hand Fingering, and Right Hand Fingering and Arpeggio
- Major and Minor Scales, A, C, D, E & G
- Evergreen Melodies Classical Style.

There is an expectation that students will be able to practice at home a minimum of one hour daily Course Material will be provided as pdf and mp3 files. You will need a Nylon String Acoustic Guitar and Tuner, Table Music Stand, and Foot Stand and must have an Email Address to receive weekly emails. Some basic computer literacy is desirable and also access to a computer (at home).

Location**:** Studio 7 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 10:15 AM - 11:45 AM

Leader: Alfred Chee

27MUS025 Guitar Intermediate 1 (Modern)

This class is aimed at those who can play basic open chords. We will look at strumming and finger-picking to songs from various genres, as well as playing lead solos. You will need to bring your own 6 string guitar. It can be classical (nylon string), acoustic (steel string) or electric. Please note if you are bringing an electric guitar you will also need to supply your own small practice amp.

Location**:** Studio 6 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 11:00 AM - 12 noon

Leader: Masa Ike

27MUS028 Guitar Intermediate 2 (Modern)

This class is aimed at those who can play basic open chords. We will look at strumming and finger-picking to songs from various genres, as well as playing lead solos. You will need to bring your own 6 string guitar. It can be classical (nylon string), acoustic (steel string) or electric. Please note if you are bringing an electric guitar you will also need to supply your own small practice amp.

Location**:** Studio 6 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12:15 PM - 1:15 PM

Leader: Masa Ike

27MUS031 Guitar Intermediate 3 **

This class provides the opportunity for playing folk and popular music on the guitar. To join this class, you will need to be able to read and play simple melody, harmony lines and basic chords. Music will be provided only in PDF format for members to print or use on a tablet or iPad. Members are also encouraged to play their own choice of music. Before admission to this Class, prospective new Members will need to discuss their relevant experience with the Class Leader.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 9 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 12:15 PM - 1:15 PM

Leader: Bob Hayes

27MUS034 Guitar Sessions for Boomers (Terms 2,3,and 4 only)

Increase your repertoire with 7 new songs from the Baby Boomer era introduced each week. Songs with lyrics and chords are sent a week in advance via email and can be printed off or uploaded to a tablet. Songs are played and sung together as a group. You do not need to be able to read music but will need to know basic guitar chords. You will need a music stand, tuner and a capo.

Note - This class does not start until Term 2 2027

Location**:** Studio 9 NCH

Dates: 16 Apr 2027 - 19 Nov 2027
Schedule: Weekly on Friday 1:30 PM - 3:00 PM

Leader: Fred Wachtel **Co-Leader:** Ruth Wachtel

27MUS037 Keyboard Beginners

This class is for people who want to learn how to play electronic arranger keyboards. You do not have to be able to read music. If you have not purchased an instrument yet, please contact the Class leader (masaike3109@gmail.com) to discuss before spending any money. BYO Keyboard.

Location**:** Studio 6 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:45 PM - 3:45 PM

Leader: Masa Ike

27MUS038 Keyboard Beginners 2

This class is for people who want to learn how to play electronic arranger keyboards. You do not have to be able to read music. If you have not purchased an instrument yet, please contact the Class leader (masaike3109@gmail.com) to discuss before spending any money. BYO keyboard

Location**:** Studio 10 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 12 noon - 1:00 PM

Leader: Masa Ike

27MUS039 Keyboard Beginners - second year - Sheet Music **

This Keyboard class is only suitable for those who attended the beginners class in 2026 as the leader will continue to expand on techniques taught in 2026.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 9 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:15 PM - 3:30 PM

Leader: Ewah Lee

27MUS040 Keyboard Intermediate

For intermediate keyboard players with a knowledge of basic chords and able to operate an electronic arranger keyboard. We will be looking at playing songs, sound settings, arrangements and also some improvisation. You will need to bring a portable keyboard to class.

Location**:** Studio 9 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 9:30 AM - 11:00 AM

Leader: Masa Ike

27MUS043 Rock Guitar and Improvisation

Learn rock and blues guitar improvisation and soloing. Students should be fluent with open chords, familiarity with barre chords will be an advantage. The course will introduce tools and techniques for guitar improvisation, and how to integrate it with rhythm playing. Some basic chord theory will be included. We will jam to rock classics, jam tracks and loops to put what we learn into practice. BYO practice amp.

Location**:** Studio 6 NCH

Dates: 5 Feb 2027 - 19 Nov 2027
Schedule: Weekly on Friday 1:30 PM - 3:00 PM

Leader: Paul Sorenson **Co-Leader:** Masa Ike

27MUS045 Recorders - Continuing

The recorder may be one of the least appreciated instruments in classical music but, at its best, it has a sweet, expressive tone and can exhibit great agility. At the same time, it is accessible to amateurs: consort playing - playing in a group - can be both musically and socially rewarding. In this class we will work towards achieving the technique and the breath that elicits the recorder’s expressiveness, while exploring some of the music written, mostly during the Renaissance and Baroque periods, for combinations of two or three recorders of different sizes.

This is a class for ‘beginners plus’. It is open to those who can play the lowest octave on either a C (soprano/descant or tenor) or an F recorder (alto/treble or bass). Beginners may be accepted provided they (1) can read music fluently, (2) can play another musical instrument beyond beginner level, and (3) are prepared to do some preparatory work over the summer break. Christina will contact new class members to discuss their musical experience, advise them which instrument and recorder tutor/manual to purchase, and suggest preparation.

Location**:** Meeting Room 2 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 2:00 PM - 3:00 PM

Leader: Christina Hart **Co-Leader:** Fiona Haines

27MUS046 Silver Grove Swing Band **

This group has the format of the classic Big Band of the Swing era. As the numbers and types of instruments required are dictated by the commercially available arrangements we use, there are limited opportunities for new members. Musicians need to be reasonably experienced to participate.

Pre-Requisites: Must have you own instrument and be able to sight read music charts.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 9 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 9:00 AM - 11:30 AM

Leader: Geoffrey Moore **Co-Leader:** Mary Moore

27MUS049 Ukulele Group 1

The aim of this class is to improve each member as a Solo Ukulele player, by learning to read music as well as playing chords, so that playing/singing can be enjoyed as a group with varied skills. Beginners and those with Experience are welcome.

Location**:** Studio 6 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:00 PM

Leader: Ilse Hayes

27MUS053 Ukulele Group 3: Beyond Basics **

Discover the joy of the Ukulele: Beyond the Basics!

Join our supportive group for a wonderful year of building your skills and musical confidence further. Our aim is to learn something new each week, have fun jamming, and perfect each song we learn together. We will explore creative rhythms, gentle fingerpicking, and beautiful chord melodies. Whether you want to play solo or enjoy the energy of a group ensemble, come share ideas and have fun making great music together!

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Studio 6 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 12:30 PM - 1:45 PM

Leader: Kay Hooi

27MUS055 Ukulele Jam session

Come join us for some fun and easy songs on our ukelele as its a fun way to practice your vocals at the same time. You just need to know a few basic chords to strum while you sing along your old time favourites. You need to bring your own ukulele, music stand and a folder to collect your song sheets. More of a jam session where we can share all our old-time favourites with each other.

Location**:** Meeting Room 2 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 1:15 PM - 2:15 PM

Leader: Jasmine Teen **Co-Leader:** Ben Susilo

27MUS058 Ukulele For Fun

This group session is for Ukulele players who have more than basic Ukulele playing skills. The skill level will enable the group to play songs that require more than a few major chords.

Songs that will be played are suggested by the members to encourage a good variety of music genre.

Location**:** Studio 3 NCH

Dates: 2 Feb 2027 - 16 Nov 2027
Schedule: Weekly on Tuesday 2:45 PM - 3:45 PM

Leader: Francis Tan

27MUS060 Ukulele Beginners (Term 2)

For beginners and those who attended last years foundation class. Memorise chords: C, Aminor, F, G7, (with Dminor and Eminor7 as options). Techniques: for chord change, strumming, picking. Learn to play for personal enjoyment and to entertain with a few simple songs. No text books required. BYO Ukulele .

This class only runs in Term 2 in 2027

Location**:** Studio 10 NCH

Dates: 14 Apr 2027 - 16 Jun 2027
Schedule: Weekly on Wednesday 2:00 PM - 3:00 PM

Leader: Jean Sik

27MUS063 Wonderful Melodies **

This class is intended for intermediate-level musicians who are familiar with both sheet music, numerical music notation (solfege) and basic knowledge of music theory. The main format of the class will involve a small-group jamming session to modern pop songs as well as some old classics. Members will be required to bring their own instruments. Due to the ensemble-style format, availability for new members will be limited.

** Note: All members enrolling in this class will initially be placed on the Wait List. The class leader will accept members up to the maximum after the initial enrolment period.

Location**:** Meeting Room 5 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 1:30 PM - 3:30 PM

Leader: Lauren Diep

SCIENCE

27SCI001 A World of Maps (Term 2)

Humans have been fascinated by maps for millennia. We know they can show one's location and be used to navigate to a destination. But maps are SO much more: they open possibilities for new adventures, illustrate history and culture and tell stories of discovery, conquest and glory. Today, maps are used to plan cities, and then run those communities every second of every day. Emergency services, utility companies, councils, transport, retail stock management, supply chains, health monitoring, agriculture, environment and weather monitoring all use maps: the list is almost endless.

In this course, we will firstly look at the history of maps from Babylonian times (500 BCE) to the Google earth of today. We will also discover how maps show cities' growth and development. After a brief look at how maps are used in navigation and how GPS works, we will examine how Australia was mapped.

Participants will be introduced to Geographical Information Systems (GIS), the immensely powerful tool which assists decision-making and problem-solving. Finally, we will come back closer to home and look at the maps we all carry in our pockets - on smartphone apps.

Location**:** Studio 4 NCH

Dates: 15 Apr 2027 - 10 Jun 2027
Schedule: Weekly on Thursday 2:15 PM - 3:45 PM

Leader: Andrew Robinson

27SCI002 A World of Maps (Term 3)

Humans have been fascinated by maps for millennia. We know they can show one's location and be used to navigate to a destination. But maps are SO much more: they open possibilities for new adventures, illustrate history and culture and tell stories of discovery, conquest and glory. Today, maps are used to plan cities, and then run those communities every second of every day. Emergency services, utility companies, councils, transport, retail stock management, supply chains, health monitoring, agriculture, environment and weather monitoring all use maps: the list is almost endless.

In this course, we will firstly look at the history of maps from Babylonian times (500 BCE) to the Google earth of today. We will also discover how maps show cities' growth and development. After a brief look at how maps are used in navigation and how GPS works, we will examine how Australia was mapped.

Participants will be introduced to Geographical Information Systems (GIS), the immensely powerful tool which assists decision-making and problem-solving. Finally, we will come back closer to home and look at the maps we all carry in our pockets - on smartphone apps. This is a repeat of the Term 2 class

Location**:** Studio 4 NCH

Dates: 15 Jul 2027 - 9 Sep 2027
Schedule: Weekly on Thursday 2:15 PM - 3:45 PM

Leader: Andrew Robinson

27SCI003 Big Ideas in Biology (Term 2)

Big Ideas in Biology is a discussion of the principles that underlie modern biological sciences. This discussion is underpinned by demonstrations and hands-on examinations of living and preserved plants and animals, and images, and through model making and simulations of biological processes. Participants are invited to share their experiences in order for everyone to better appreciate the living world and the big ideas that shape our understanding of it.

Class Resources will include plants (especially flowers) and animals (especially dead insects). A few simple props (such as salt, milk powder and yeast extract, play dough and pipe cleaners) and a few simple tools (such as scissors, tweezers and magnifiers) will be used. There are no biological or chemical hazards and no complex equipment. Your leader, Dr Charlie McKavanagh, is a retired academic, having taught adult students for over 45 years in many disciplines, including biology and English language. He is passionate about life on earth.

Location**:** Studio 10 NCH

Dates: 16 Apr 2027 - 18 Jun 2027
Schedule: Weekly on Friday 9:00 AM - 10:30 AM

Leader: Charlie McKavanagh

27SCI004 Cosmology

The greatest story told - Evolution: The Big Bang to the brain. The evolution of galaxies, stars, planets, life and us. Learn not just the facts but how the facts were ascertained. For example, how to measure distance to the stars. How to measure speed of light. How the heavier elements were synthesized. How to make a nuclear reactor. How life originated and how humans evolved.

Location**:** Studio 6 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Weekly on Thursday 11:15 AM - 12:30 PM

Leader: Tony Heyes

27SCI010 Geology

This class will include presentations on rocks and minerals, physical geology of Australia and overseas, surface processes and ore processes.

A one week excursion will be held late in the year - Date TBA. This class will run in alternate weeks to Weather and Climate class, commencing 4th February 2027.

Dates for 2027 are 4/2, 18/2, 4/3, 18/3, 15/4, 29/4, 13/5, 27/5, 10/6, 22/7, 5/8, 19/8, 2/9, 16/9, 14/10, 28/10, 11/11

Location**:** Studio 6 NCH

Dates: 4 Feb 2027 - 18 Nov 2027
Schedule: Fortnightly on Thursday 9:30 AM - 11:00 AM

Leader: Peter Jackson **Co-Leaders:** Eve Kolar, Kaye Oddie

27SCI012 Are Atoms Real - and how do we know?

In 1905, Albert Einstein published 4 ground-breaking papers. One introduced special relativity, and another his most famous equation, E = mc2. A less well-known but equally important paper explained the puzzle of Brownian motion. Together with Jean Perrin's later experimental confirmation of Einstein's quantitative predictions, this paper settled a debate over the existence of atoms that had raged among scientists over the previous century. On the other hand, Einstein's 4th paper of 1905, the "law of the photoelectric effect", effectively set physics on the turbulent path towards Quantum theory.

In this class we will explore the controversy that was provoked by John Dalton's 1808 atomic theory and discover how Einstein and Perrin finally convinced scientists that atoms were real. We will then scratch the surface of the history of quantum theory which completely upended the world of physics and chemistry in the early decades of the 20th Century.

No prior knowledge of physics and chemistry is required for this class.

Location**:** Studio 4 NCH

Dates: 3 Feb 2027 - 17 Nov 2027
Schedule: Weekly on Wednesday 10:45 AM - 12 noon

Leader: Christina Hart

27SCI013 Inventions that Changed the World

Inventions and discoveries that changed the World. A look at the history behind the ideas (big and small) that changed the world we live in.

Location**:** Studio 6 NCH

Dates: 1 Feb 2027 - 15 Nov 2027
Schedule: Weekly on Monday 11:30 AM - 12:30 PM

Leader: Martin Roulston

27SCI019 Weather and Climate

This class is a chance to discuss current weather events and topics, and how they relate to the broader climate. We will look at how the science of meteorology developed and how the weather is observed and forecast these days. Different types of weather phenomena and some famous weather events will also be covered. Other topics will be how the earth's climate has changed during the long history of the earth and current trends in climate. You don't need special scientific knowledge to attend the class, just an interest in weather and climate.

This class will run in alternate weeks to the Geology class, commencing 11th February 2027.

Dates for 2027 are 11/2, 25/2, 11/3, 25/3, 22/4, 6/5, 20/5, 3/6, 17/6, 15/7, 29/7, 12/8, 26/8, 9/9, 7/10, 21/10, 4/11, 18/11

Location**:** Studio 6 NCH

Dates: 11 Feb 2027 - 18 Nov 2027
Schedule: Fortnightly on Thursday 9:30 AM - 10:45 AM

Leader: Terry Hart

VOLUNTEERING GROUP CODES

27AAVOL1 Volunteer for Committee of Management **

U3A Nunawading is run by its Committee of Management all of which are Volunteers and meets monthly. Select this code if you are interested in Volunteering for the Committee and you will be contacted to discuss further. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Colin Carter

27AAVOL3 Volunteer for Member Liaison **

This team of volunteers manages new members and member relations. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Huah Eu

27AAVOL4 Volunteer for Social Committee **

If you wish to Volunteer for the Social Committee to help with our social events, please select this code and we will contact you to discuss further. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Bronwyn Hughes

27AAVOL5 Volunteer to help on Reception

The Reception desk is staffed by two Volunteers in the morning and two in the afternoon. Select the code if you are interested in Volunteering to help on Reception (once or twice a month) and we will contact you to discuss further

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Gita Hickman

27AAVOL6 Volunteer to help with Audio Visual Syst **

Some leaders need assistance to connect to the installed inhouse AV network and equipment. If you would like to offer support in this area please select this code. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Lindsay Glen

27AAVOL7 Volunteer to help with eNews and Website **

The Communications Committee is responsible for our electronic newsletter, website and general publicity. If you wish to Volunteer to help with any of these tasks, select this code and we will contact you to discuss further. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Helen Smith

27AAVOL8 Volunteer to Lead a Class **

All of our Class Leaders are Volunteers who share their knowledge and skills. You do not need to be a trained Teacher, just have a good knowledge of your subject. Please select this code if you wish to discuss further and you will be contacted by the Course Administrator. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Elsie Mutton OAM

27AAVOL9 Volunteer For Summer School Committee **

Volunteer for the organising Committee for Summer School. ** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 1 Feb 2027 - 19 Nov 2027
Leader: Carl Di Giovine

27AAVOLG Volunteer for Gardening Group

Come and join like minded members and share your gardening skills You will be contacted once you indicate an interest and a date that suits you will be confirmed. BYO tools. Normal meeting time is Fridays 10am to 12.00.

** Note that you will be added to a Wait List for this group when enrolling, and will be contacted subsequently.

Dates: 5 Feb 2027 - 19 Nov 2027
Leader: Claire Martin **Co-Leader:** Sue Fraser

NUNAWADING HUB FLOOR PLAN

